

SEPTEMBER 2026

The dance CALENDAR

Connecting the Dance Community.
One Step at a Time!

On the Technique

Economy of Motion - Pg 6

The Argentine Viewpoint

What is a Practica? - Pg 10

The Dance Conversation

Surpassing Place - Pg 12

Calendar of Events

Schedule of dance socials
and classes - Pg 13

Dancer's Directory

Find studios, instructors
and venues - Pg 20

www.TheDanceCalendar.com

*Please call advertisers ahead to confirm dates, times and locations.
Posted information may be subject to cancellation and/or rescheduling.*



Stardust® Dance PRODUCTIONS

WEEKEND GETAWAYS, LUXURY DANCE CRUISES, DANCE DESTINATIONS

ALL INCLUSIVE DANCE WEEKEND

142ND DANCE WEEKEND GETAWAY

One Night in RIO
Saturday night theme



West Coast Swing
SMOOTH, STYLISH, CONNECTED

Latin Dance
FEEL THE HEAT
LIVE THE RHYTHM

Argentine Tango
PASSION THAT
LEAVES A MARK

Ballroom
ELEGANCE IN
EVERY STEP

SEPTEMBER 24-27, 2026

VIP GUESTS

- Rio-Inspired Atmosphere
- Professional Dance Hosts
- Music and Dancing Day & Night
- Photo Moments to Cherish
- World Class Attendees

Rates start at \$615 per person

All Inclusive (excluding tax)
Add Thursday Night for an additional
\$205 pp double occupancy / \$220 single occupancy
DEPOSIT: \$150 PER PERSON

Your All Inclusive Weekend Package Includes:

- 3 Days / 2 Nights Stay at Resort
- 7 Meals • 5 Course Dinner
- Open Bar Cocktail Party
- Wine / Champagne Cocktail Party
- Over 40 Dance Workshops with Our Top Instructors
- Night & Day Dancing to 4 Great DJ's
- Dancing During Lunch & Dinner
- Top Night Club Entertainment
- Your Choice – Separate Dance Facilities for:
Latin, Ballroom, Argentine Tango &
West Coast Swing / Hustle / California Mix
- Saturday Night Theme: "One Night in Rio"
- Dress in Your Favorite Rio Inspired Couture

Special Thursday Night Rate

- Meet-and-Greet / Happy Hour Hors d'oeuvres / Cash Bar
- Singles Mixer Thursday Night (Couples are Welcome)
- Dinner • Dancing • Workshops
- Friday - Morning Dance Workshops, Breakfast, & Lunch



Scan this QR code
to be directed to
our September
Registration Form

Dance Instructors

Edgar Osorio, Lou Brockman,
Heather Gehring, Joyce Henderson,
Kelvin Roche, Lori Ann Greenhouse-Roche, Linda
Leverock, Julius Solano, Vitali Novikov,
Steve Ryan, Jess Ann Nail

... And Your Favorite Dance Hosts

Stardust Favorite DJs

- Michelle & Bob Friedman | Ballroom
- Harry Trinidad | Latin
- Walter Perez | Argentine Tango
- Jess Ann Nail / | WCS | California Mix
Hustle

Fitness Instructor

Molly Gelsomino



Future Stardust Dance Weekends

Nov 19-22, 2026

Check our website for further updates

www.StardustDance.com



Produced by:
Edgar Osorio,
CEO Stardust Dance

MAKE YOUR RESERVATION NOW!

Book Online: www.StardustDance.com

Book by Phone: (Cell) 845-796-6511 or 845-794-4982

(OPEN: Monday - Friday 9am-5pm)

All info, FAQ's and updates at StardustDance.com or
or call us for any questions.



Villa Roma Resort
365 Villa Roma Rd.
Callicoon, NY 12723

CLUB BRUMIDI

PRESENTS

Long Island's Dancing Hot Spot with the Largest Dance Floor!

State of the Art Sound System & Lighting

2075 Deer Park Ave. Deer Park, NY 11729

Social Dance Mix

Friday, September 11th
7PM-11PM

Adm: \$25pp. 7PM-11:00PM.

Complimentary Dinner Buffet. Coffee, Tea,
Fresh Bakery Desserts, Cash Bar & Door Prizes!

**Country 2 Mini WCS with Mario
& Daniel 7:30-8PM**

Every Wednesday in September
6-10PM

\$25pp. Enjoy an Evening of Tango,
Hustle, WCS & more! Complimentary
Dinner Buffet. Coffee, Tea, Fresh Bakery
Desserts, Cash Bar & Door Prizes!

*Exceptional
Music by DJ Gene
& Joanne*



Long Island Country Music Association
Saturday, September 12th 7:30-11:30PM



DJ and Dance Instruction provided by Ray Swartz

DJ only night. Doors open 6:30PM. Music starts at 7PM. Coffee at 10pm.
(Bring munchies) LIMCA is a non-profit organization dedicated
to the advancement of Country Music & Dance on LI.



A Night With "THE ULTIMATE ENTERTAINER"

LOUIS DEL PRETE 

Friday, Sept. 18th 7PM-11PM

Adm: \$25pp. A throwback to an era when artists
actually "entertained". Louis can sing, dance & play
an instrument! Dance Mix including Ballroom, Latin,
Hustle, WCS & more! Complimentary light buffet,
dessert, coffee, tea & cash bar. Singles tables available.
Reservations of a FULL table (8+) call 516.819.9016

An Evening of Music With **Dominic Paradise**
and the sounds of Our Generation

Friday, September 4th 7PM-11PM

Mangia, Music, Show & Dancing. \$25 PP includes
Complementary lite dinner buffet, dessert, and
coffee, and four hours non-stop entertainment,
music, and dancing. Cash bar available. Tickets sold
at the door. First come first served.



Dance with
Lourdes Cruz

Group Lessons Mondays Sept. 7, 21 & 28

4:45pm Int/Adv West Coast Swing | 5:45pm Adv WCS

6:45pm Ballroom Mix | 7:45pm Latin Mix

Private lessons also available.

 **BRUMIDI CATERING**



Brumidi Catering Co. Inc. offers On-site Full Service, Off-Premise (drop off) & Full Service Event Planning as well as Hall Rentals

Banquet Manager: 631.338.6357 • brumidicatering.com

631-940-2006 • www.sonsofitalyLI.com • www.facebook.com/Brumidilodge • Central LI Location • Easy Access & Huge Parking Lot

36 Year Dance! **SOCIETY TEMPO DANCE**
 Merrick Golf Course Dansant - 2550 Clubhouse Rd. (M9E Meadowbrook Pkwy) Merrick, NY

Join us for our Autumn Dansants
Wednesdays September 2, 9 & 16 - 1:30-4:30pm
 \$12 don. Bring your friends or make new ones! Singles and couples welcome!
 (Singles Table) Enjoy bagels, variety of cream cheese, cake, coffee & tea.
 Largest hardwood Ballroom dance floor on Long Island. Strict tempo music.
 Bring your partner or students. All past & present dances played in classic
 ballroom dancing music & popular line. Private Lessons Available. Free Parking.

LEARN HOW TO DANCE - Improve level by joining our dance club - Complementary! Professional instruction and coaching.

Must call to reserve 718-332-7825 or email dancezee@aol.com
 NO WALK INS. MUST RESERVE 1 week prior to dance. Leave name, phone, email & names of people attending.



PRIVATE DANCE LESSONS

Rosalie Keane

Individual instruction in American and International styles of Ballroom and Latin including Bachata and Salsa and Country Two Step & West Coast Swing. Instruction also available for your wedding day special dance.

350 Higbie Lane, West Islip, NY
631-987-8924
rumbarose@icloud.com

Argentine Tango Lovers
MONTHLY MILONGA

Please Join us at Mirelle's
 170 Post Ave. Westbury, NY

Sunday, Sept 27
7:30-11:00pm

Admission: \$35PP
 Includes Dinner and Dancing
 and Taxi Dancers! Hosted by
 Sherry, Carmen & Alberto!
 Call ahead to secure: 631-495-1435
 Questions? Call Sherry:
 631-242-0686 or (cell) 631-495-1435

Performances by
Florencia & Marcos Pereira

Learn Argentine Tango from Adam H & Eran Polat!
 (On alternating Tuesdays). \$30 with buffet dinner.
 For info on Tuesdays at Mirelle's call Sherry 631-495-1435 or Carmen 631-266-3691

CELEBRATING 24 YEARS OF ARGENTINE TANGO!... COMMITTED TO MAKING YOU A TANGO DANCER!
WWW.ARGENTINETANGOLOVERS.ORG

DANCE WITH DJ PEDRO
Social Ballroom Mix!
Wednesdays September 9 & 23
7pm-11pm

Spotlight Ballroom
 245-24 Horace Harding Expy.
 Little Neck, NY 11362
 DJ Pedro for info: 718-640-8216

Dance is held every other Wednesday.
 \$25 PP.
 Coffee, tea & snacks served.

Knights of Columbus
SOCIAL DANCE
Party
WITH DJ SCOTT
COMPLEMENTARY BEGINNER LESSON AT 6 PM WITH SHAH!
 From ballroom to rock 'n' roll, there's something for everyone.
 A night of real fun.

FRIDAY'S SEPTEMBER 4 & 18
DANCE STARTS AT 7 PM
7:00 PM - 11:00 PM
 \$20 per person
 Includes entry, coffee, dessert & 1 free drink.
 Feel free to bring snacks.
 First and third Fridays of every month
 Call Louise at 631-277-7774 to reserve your spot
 38 W.1st Street, Patchogue NY
 (Off Waverly Ave, Across from the 5th precinct.)
 In case of inclement weather,
 please call/text day of dance to confirm: 631-513-1055

The
dance
CALENDAR
www.TheDanceCalendar.com

Ballroom & Latin Dance Social at the Waterfalls Ballroom

400 Cassata Rd.
Lake Ronkonkoma, NY

7PM-11PM. \$20pp
Coffee, Tea, Desserts & Raffles
Bring your own snacks!

Saturday Nights
Sept. 12th & 26th

To reserve a table or more info: call Valerie at 631-581-8509 or
cell: 631-487-3203 or by email: valmdance@yahoo.com

New York
BALLROOM DANCE

Serving
Long Island
Suffolk & Nassau

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Dance Trainer

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NDCA registered, Certified Dance Teacher, Professional
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in all styles of competition and social dance. Learn to dance
Ballroom, Latin, Disco, Hustle, Swing, Argentine Tango, Western
& more. Member AIDA, US Terpsichore, Pro Dancers Federation



In Step With The Editor

Loren Finkelstein



From Salsa & Hustle to Cha Cha and Swing, you'll find plenty of socials & group classes at all levels in the September issue. Please call advertisers ahead to confirm dates, times and locations as events may be

subject to cancellation and/or rescheduling. If you'd like to advertise or become a contributing writer for The Dance Calendar, please contact me at: info@TheDanceCalendar.com. Join the Dance Calendar's growing Facebook Group to find more dance events around Long Island, Queens and NYC: www.facebook.com/groups/thedancecalendar

Happy dancing!!
-Loren

Swing Dance Long Island
TUESDAY NIGHTS

An evening of social swing dancing starting with Swing fundamentals lesson 7:30PM to get you on the floor.
DJ and social dancing 8-10PM. Singles & beginners welcome.
No partner necessary. \$15 DJ nights, \$20 band nights.
Discounts for students & members.

Every Tuesday is Something Special!

SEPT. 1

Pizza Night!

ECS Lesson, DJ
& Social Dancing

SEPT. 8

★ **WCS Lesson** ★
with Lourdes Cruz
DJ & Social Dancing

SEPT. 15

★ **BAND NIGHT!** ★
Nick Palumbo
and the Flipped Fedoras
ECS Lesson & Social Dancing

SEPT. 22

★ **ECS Lesson** ★
with Carol Fraser
DJ & Social Dancing

SEPT. 29

★ **BAND NIGHT!** ★
Playing Favorites
ECS Lesson & Social Dancing

Huntington Moose Lodge | 631 Pulaski Rd., Greenlawn, NY | 631-476-3707 | info@sdli.org | www.sdli.org

THE STUDIO
BY HILL STREET
THESTUDIOBYHILLSTREET.COM

Fall INTO NEW MOVES

GROUP, PRIVATES & WEDDINGS!

- GROUP CLASSES | **NO PARTNER NEEDED**
- LATIN** | 7PM MON, TUES, WEDS, THURS
- BALLROOM** | 8PM TUES, THURS & SAT 10:30AM
- SOCIAL DANCING** | 6PM TUES & THURS
- PRIVATES & WEDDINGS** | FIRST DANCE READY

AT THE STUDIO — SOUTHAMPTON, NY

THESTUDIOBYHILLSTREET.COM

Economy of Motion

By Richard Fiore

(Licentiate, (LAB, LAR, T) Imperial Society of Teachers of Dancing)

Email Richard at: rf1111@yahoo.com



Economy of motion in ballroom dancing means achieving the maximum amount of precision movement and power with the absolute minimum amount of wasted energy or extra body movement. It is the art of moving efficiently so that your dancing looks effortless and fluid. Ballroom dancing at the highest level relies on a deceptively simple principle known as the economy of motion. To the casual observer, an experienced couple appears to glide across the floor with absolute physics-defying ease. There is no visible strain, no heavy breathing and no sense of frantic rush. However, this illusion of

weightlessness is not achieved by raw athletic power alone. Instead, it is the result of a highly refined technique designed to maximize movement while minimizing physical effort. By learning how to cooperate with natural physical forces rather than fighting against them, experienced dancers transform an otherwise exhausting physical workout into an attractively efficient display of smooth motion.

The first and most critical aspect to this energy efficiency is leveraging gravity. Average dancers often treat movement as a series of forced muscular efforts using their thighs and calves to manually propel themselves across the room. This approach is incredibly exhausting and results in a rigid robotic style. Experienced dancers treat movement as a series of controlled gravitational releases to the floor otherwise known as fall and recovery. By subtly shifting their center of mass located in the pelvis just slightly ahead of their feet, they allow gravity to initiate their travel for them. The legs then simply step out to catch the body's weight. By letting gravity do the heavy lifting of moving the body through space, the dancer saves an immense amount of energy and achieves a seamless sweeping look.

To make this gravitational effect work smoothly, a dancer must maintain perfect skeletal alignment. The human body can be thought of as three heavy building blocks, i.e., the head, the chest and the hips. In an untrained dancer these blocks are often completely misaligned; the head juts forward, the chest collapses or the hips tilt backward. When these blocks are crooked the body's natural balance is broken, forcing the muscles in the back, neck and legs to work overtime just to keep the dancer from falling over. Master dancers focus on keeping these three blocks perfectly stacked on top of one another. When the skeleton is correctly aligned, the bones absorb the pressure of the movement, acting as a natural tower of strength. This structural alignment allows the large muscle groups to relax, drastically reducing fatigue and creating a clean elegant posture that remains unbroken through intense routines.



This individual efficiency becomes even more supernatural when applied to partner connection. In an inefficient partnership, dancing feels like a constant wrestling match. Leaders will often push or pull with their arms, while followers might resist or feel heavy. This forces both dancers to expend much more energy. An experienced dance couple's connection functions quite differently, acting more like a flexible, highly responsive trampoline net. The arms and frames hold a definitive shape but maintain an elastic give. When the leader shifts their weight, that micro-change in pressure travels instantly through the connection to the follower. Because both dancers understand how to read these subtle shifts, they can move as a single, synchronized unit without any dragging, lifting or muscle strain. Communication becomes a quiet whisper rather than a loud shout.

The final element of motion economy is a neurological skill known as selective relaxation. When beginners try to learn a difficult routine, their anxiety causes their entire body to lock up. They might be trying to move a single foot, but their shoulders are shrugged, their fists are clenched, and their jaw is tight. This uncoordinated tension is a massive waste of metabolic energy. True masters have trained their brains to turn on only the exact muscle fibers needed for a split second to execute a step while keeping the rest of the body completely relaxed. This precise control allows them to sustain high-energy performance for minutes at a time without running out of breath while keeping their faces completely calm and composed.

Ultimately, the economy of motion bridges the gap between pure athletic discipline and beautiful artistic expression. It proves that ballroom dancing is not about fighting the floor or your partner with brute force. It is about understanding the natural mechanics of the human body and working in perfect harmony with the laws of nature. When a couple achieves this balance, the physical toll of the dance completely vanishes from sight. They are no longer just athletes performing a routine but rather a finely tuned dance couple in perpetual beautiful motion moving effortlessly across the dance floor.

Ballroom Dancing at Adelphi University

**Professional
Studio with wood
floor & mirrors!**



**Refine your skills in the most
popular ballroom dances!
Best practice syllabus
based techniques.**

**Join us at Adelphi University Garden City, NY Campus
for an Amazing 11 week Dance Class**

Register for Fall classes!

Description: This class offers an opportunity to gain experience in social / ballroom dancing. It is an excellent choice for those looking to develop fundamental dance skills as well as building on previous experience. The instructor will break down all dance figures and combine them to form amalgamated routines. Best practice syllabus-based techniques in timing, feet positions, alignment, footwork, and lead and follow will be demonstrated. This class is suitable for first time dancers as well as those with previous experience. It is designed to build confidence and enhance social enjoyment on the dance floor. Social dancing gives you a more positive outlook on life!

Enrollment with a partner is recommended; however, singles are welcome. Participants should wear comfortable clothes and leather bottom shoes or dance shoes. Sneakers or rubber bottom shoes are not recommended.

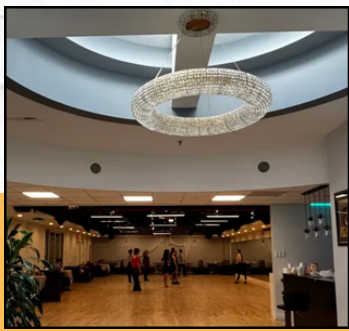
Candidate Dances: Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bolero, Tango & Meringue

Dates: Fridays: 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13 and 11/20

Instructor: Richard Fiore — Dual Licentiate, US Imperial Society of Teachers of Dancing

Location: Adelphi University, One South Ave., Garden City, NY 11530 - Woodruff Hall Dance Studio

To Register: \$125/person for general admission. **Registration with a partner is recommended.** Call Noreen DeNicola at (516) 877-4260 or email ndenicola@adelphi.edu



SPOTLIGHT



Spotlight Dance Studio and Event Venue

245-24 Horace Harding Expy, Little Neck, NY 11362
(917) 740-2755 | www.spotlightdancenyc.com | Email: spotlightballroomnyc@gmail.com

3RD ANNUAL
Spotlight
GALA
SEPT 12TH 12-4PM
AN AFTERNOON OF DANCE MUSIC AND
unforgettable memories

DAZZLING PERFORMANCES
LIVE MUSIC BY DJ JET
GOURMET BUFFET
HOT RAFFLE PRIZES

at *Leonard's Palazzo*
555 NORTHERN BLVD
GREAT NECK NY 11021

MC BY *Yuriy Markovetskiy*

\$168
per ticket

Host/Featured:
Louis Del Prete

*Dance the
Night Away Away*

**SATURDAY,
SEPTEMBER 26TH**
7:30 PM – 11:00 PM

Entry Fee: \$30

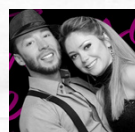
Activities:
- Salsa lesson with Louis
- Dinner and drinks

**SPOTLIGHT
PRESENTS**

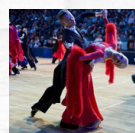
**PREMIUM
DANCE
NIGHT**
DJ JOE

\$30 SEPTEMBER 19th
7:30 PM - 11:00 PM: Dinner, Drinks, Snacks,
Dance, Raffle

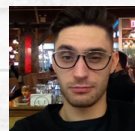
245-24 Horace Harding Expy, Little Neck, NY 11362
THOMAS 929-213-3283, JESSICA 917-450-9834



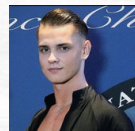
**Yaisuri Salamanca and John
Hernan Raigosa - Argentine Tango**
3rd Place World Championship
Sundays: 5pm-8pm



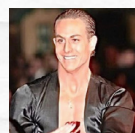
Sam Hacke - Standard Instructor
Group Classes: Mondays: 2-3pm
Tuesdays: 1-2pm
Wednesdays: 12-1pm
Thursdays: 11am-12pm



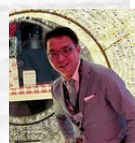
**Anatolii Repluk
Standard Instructor**
Every Friday: 12pm-1pm



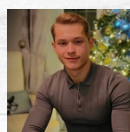
Kirill Budagovskiy - 10 Dance Instructor
Mondays: 8:30-9:30pm - 10 Dance Beg
Thursdays: 7:30-8:30pm - 10 Dance Beg
Fridays: 1-2pm Latin



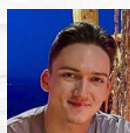
**Bas van der Zanden
Dance Instructor**
Book Private Dance Lessons
with our House Teacher



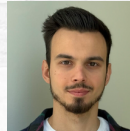
**James Zeng
10 Dance Instructor**
Every Thursday: 1pm-2pm



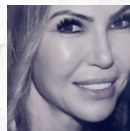
**Yuriy Markovetskiy
Latin Instructor**
Every Tuesday: 12pm-1pm
Every Thursday: 12pm-1pm



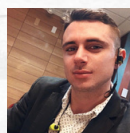
**Tagir Mansurov - Latin
Instructor**
Sundays: 1pm-2pm
Wednesdays: 1-2pm



**Vlad Degtiarevskii - Latin
Instructor**
Saturday: 1pm-2pm



**Alexandra Gisher - A former Pro
Ballroom Dancer Specializing
in International Style Latin**
Latin Advance Every Monday:
1pm-2pm



**Tomasz Banasik
Standard instructor**
Available for Private Lessons
Only



**Kevin
Hip Hop Instructor**
Mondays: 9:30am-10:30am
Wednesdays: 9:30-10:30am

**SPOTLIGHT
BALLROOM**

**BIG EVENT
SPACE**
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PARKING LOT**

Perfect for:

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- ✓ Dance Events
- ✓ Weddings & Celebrations
- ✓ Classes & Workshops

- ✓ Spacious Ballroom
- ✓ Professional Dance Floor
- ✓ Bright & Elegant Lighting
- ✓ Easy Access Location
- ✓ FREE On-Site Parking



Laura - Standard Instructor
Every Saturday: 12pm-1pm
Every Sunday: 12pm-1pm



**Lourdes Cruz - Argentine Tango,
Hustle, WCS, Bachata Instructor**
Mondays: 10am-12pm w/Lourdes
Thursdays: 10am-12pm w/Daniel
Fridays: 10am-12pm w/Lourdes

Teaching International Ballroom, West Coast Swing, Bachata,
Argentine Tango, Salsa and more! Offering group classes,
private lessons, hip-hop, and social dance parties!
Inquire about wedding couple dance instruction - master lifts and dips!



ITALIAN CHARITIES OF AMERICA

INVITES YOU TO OUR

SATURDAY NIGHT *Dances*

SEPTEMBER 12TH & 26TH, 2026

**DOORS OPEN AT 7PM
DANCE 8PM TO 12AM**

Door prizes and 50/50 raffle. \$25 at the door or \$22 for dance members. Become a dance member the night of the dance! DJ will be spinning Classics, Oldies, Top 40, Disco, Italian and Latin music! Hot Buffet, Dessert, Coffee & Tea. Cash Bar for beverages, liquor, wine and beer. All are welcome!

Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building.

Become A Dance Member! Get Discounted Dance Admission. Get A Complimentary Bottle of Wine or Champagne for Your Birthday! *Must be In Your Birthday Month with Proof of ID



For more information call 718-478-3100
or email: info@italiancharities.org



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www.facebook.com/italiancharitiesofamerica



[@italiancharitiesofamerica](https://www.instagram.com/italiancharitiesofamerica)

Italian Charities of America, Inc.

A 501c3 Non-Profit Organization

83-20 Queens Blvd. Elmhurst, NY 11373



Mondays with Lourdes (No Classes September 14)

Spotlight Studio

245-24 Horace Harding Exwy Little Neck, NY
10am Salsa | 11am Argentine Tango

Sons of Italy Brumidi Lodge - Deer Park

2075 Deer Park Ave., Deer Park, NY
4:45pm Int/Adv WCS | 5:45pm Adv WCS
6:45pm Ballroom Mix | 7:45pm Latin Mix

Wednesdays with Lourdes

Great Neck Ballroom

34 Middle Neck Rd, Great Neck, NY
11am WCS Newcomer/Novice

Lesson \$20pp

12-2pm Ballroom & Latin Mix Practice Social
\$18pp (\$30 per couple)

Thursdays with Daniel (No Class September 10)

Spotlight Studio

245-24 Horace Harding Exwy Little Neck, NY
10am Hustle / 11am West Coast Swing

Fridays with Lourdes

Spotlight Studio

245-24 Horace Harding Exwy. Little Neck, NY
10am Bachata / 11am Country 2 Step

Tuesday, September 8

Swing Dance Long Island - Huntington Moose Lodge

631 Pulaski Rd, Greenlawn, NY

Teaching Newcomer/Novice WCS Lesson
at 7:30PM. Doors Open 7pm

Friday, September 11

Sons of Italy Brumidi Lodge - Deer Park

2075 Deer Park Ave., Deer Park, NY

Simply Ballroom hosting by Mario & Daniel.
7-11PM. Lesson 7:30-8PM: Mini WCS lesson

Sunday, September 20

Huntington Moose Lodge

631 Pulaski Rd, Greenlawn, NY

Lourdes teaching a Novice West Coast Swing
Workshop and Practice Social \$15pp 2-5pm

For Dance Event Information text/call Lourdes: 845-702-1481 Email: lourdes@divaballroomdancing.com

For weather cancellations & class updates see us at: divaballroomdancing.com. Private Lessons available by appointment

Dance with
Donna De Simone

**** PRINCIPLES OF MOVEMENT ****

This is a one hour full body & mind workout class for dancers (ALL welcome, Beginner-Advanced) Body stretch & strengthening for better Posture, balance and control. Designed for better partnering skills, musicality & self-awareness.

8:15pm-9:15pm • \$70 for 4 week month or \$25 walk-in fee per class.
Paid by: cash, Zelle or check

**FRIDAY
SEPT 25TH**

Greenlawn Moose Lodge,
631 Pulaski Rd,
Greenlawn NY 11740

**DanceXchange
"Club Night" Dance**

Doors Open 6:45pm Student Practice • Free Lesson 7:15pm-8pm
Open Dancing 8pm-11pm • Hustle • WCS • Country Two Step • Latin • Smooth

**Can not bring your own drinks to the Lodge, bar available.
You can bring your own food & snacks.**

Table Reservations Available for 6-10 People

\$20pp Cash at the Door • Held Every 4th Friday of the Month.

SEPTEMBER GROUP CLASS SCHEDULE The DanceXchange Dance Studio

*Studio will be closed Monday 8/24- Monday 9/7.

Registration is **NOW** open for **New & Existing** classes

ALL group classes in September will be
\$60 for 3 week month or \$25 walk-in fee.

**New Beginner American Foxtrot Starting 9/8 Tuesday 7:15
New Beginner Hustle starts on Wednesday 10/7 6:30pm-7:30pm.
Registration is now open!

MONDAYS September 14, 21, 28

7pm-8:00pm: Intermediate Advanced Hustle

8:15pm-9:15pm: Slow Intermediate West Coast Swing

TUESDAYS September 8, 15, 22, 29

NEW! 7:15pm-8:15pm: New Beginner American Foxtrot

8:15pm-9:15pm: Principles of Movement

WEDNESDAY September 9th Only

6:30pm-7:30pm: Intermediate Country Two Step \$20pp

7:30pm-9:30pm: Studio Practice Party (All welcome) \$10pp

THURSDAYS September 10, 17, 24

7:15pm-8:15pm: Intermediate Hustle

8:15pm-9:15pm: Slow Intermediate Hustle



The DanceXchange Dance Studio, LLC
290 Broad Hollow Rd.
Suite LL150E, Melville NY 11747

516 375-8498

dancxchange@yahoo.com
www.donnadesimone.us



Facebook Group page:
Dancing with Donna De

The Argentine Viewpoint

What is a Practica?

By Michael Ditkoff

Email Michael at: tangomaniac@optimum.net



Michael Ditkoff has taken 11 years of private ballroom, latin, swing and hustle lessons; eight years of private Argentine Tango, Waltz and Milonga lessons; three years of Embodied Yoga to improve his frame, and six months of Alexander Technique to improve his posture. He was also a dance host on three cruise ships. Michael resumed playing the piano in July 2023, further sharpening his musicality.

I've been to events called a practica. However, based on the word, practica, it wasn't a practica. A practica is the opportunity for dancers to practice a figure with other dancers. It requires cooperation and maturity between the dancers. Leaders may find out their dancing isn't as good as they thought. However, though called a practica, I saw very few dancers

practicing. In most cases, the practica is really a casual milonga. At practicas, dancers stop when problems are encountered to figure out why it's not being executed correctly. There's no need to keep dancing even though the music is playing. It's more important to solve the problems.

I looked for new tango opportunities and tried a practica I never attended. Imagine my surprise when a host asked at the entrance, "What do you want to work on?" I was completely unprepared.

The hosts are not teachers, but they have extensive experience, and some can both lead and follow. I noticed the hosts helping other dancers. A follower asked me for help, so I gave her advice. It's a humbling experience when someone asks for guidance.

However, the next time I attended, I was prepared to answer the question, "What do you want to work on?" My answer was Volcadas and leading a follower to cross behind herself, which opens up new opportunities.

Information is given in a nonjudgemental manner from the host's perspective, e.g. "This is what I'm feeling." The follower isn't following what I THINK I'm leading. The follower follows what is felt. I have to figure out why I don't know what I'm leading. I've seen some leaders jump to the conclusion that their partner is at fault. That's not a healthy attitude to improve leading. These leaders should stay home.

I've been taught how to lead Volcadas but it's been a long time since the last one I lead. I didn't remember all the details, so I watched a couple demonstrate on Youtube. It gave me confidence to try it at the practica, but not at a milonga. I got most of it right but there are details I missed. Unfortunately, the practica is closed for the summer, but resumes this month, when I can continue practicing.

I look forward to improving in a warm, supportive atmosphere.



WHAT IS A Practica?

A practica is the opportunity for dancers to **practice** a figure with other dancers.



PRACTICE TOGETHER
Work on figures, solve problems, and improve.



COOPERATION & MATURITY
It requires respect, patience, and teamwork.



FOCUS ON FEELING
Share what you're feeling, listen, and learn.



NOT A MILONGA
We stop, discuss, and try again. It's about growth, not just dancing.



HOSTS GUIDE, DANCERS HELP

-  Ask for help.
-  Give and receive feedback.
-  We all grow together.

BE PREPARED
Have a Goal



Come with goals so you can make the most of your time.

What do you want to work on?

OPEN MIND, BETTER LEADING



Stay curious. Don't blame your partner.

PRACTICE LEADS TO CONFIDENCE



Learn, try, refine. Details make the difference.



A practica is where dancers come together to *learn, share, and grow*—one step at a time.

COME BACK IN TIME WITH THE

Sounds of DJ Ray

A GREAT MIX OF POPULAR 70's, 80's, 90's &
TODAY'S POPULAR MUSIC!

Swing • Motown • Hustle • Doo-Wop • Freestyle • Lindy...
and a little bit of 2-Step Line Dancing,
West Coast Swing, R & B and Latin too!

Dance

7:30PM-11:30PM

**NEWLY REFINISHED
DANCE FLOOR!!**

Every
**FRIDAY
NIGHT!**

**SINGLES & COUPLES
WELCOME!**

*A mix of today's music and
bringing you back
to yesterday!*

★ **Massapequa Elks Lodge** | 2162 Veterans Blvd. Massapequa, NY

For information please contact DJ Ray at **516.385.1720**

\$25 Adm includes: Open Bar, Bagels & Desserts, 50/50 & Door Prizes,
Coffee & Tea. Large on premises parking. Please, NO \$100 bills, thank you.
Proper attire please - no sandals, no jeans. Singles & couples welcome! Walk-ins welcome!

★ **PLEASE CALL 4 HRS AHEAD IN CASE OF INCLEMENT WEATHER.** ★

The Dance Conversation

Surpassing Place

By Sherry Jean Olander

For many people who love dancing, it is just an occasional pastime. Something they do at weddings and special occasions, and maybe also in bursts while cleaning the house or playing with their kids. For others, it becomes a central focus of their lives. For these people, their schedules revolve around the dance socials, their community is formed with others who share this obsession, and when travelling, their itineraries usually include checking out the local dance scene.

At this point, I have definitely become one of the latter. So when I travel, I try to see if I can catch at least one dance event at my temporary home. This was the case on a recent trip I took. During this trip, I unexpectedly had an opportunity to see a live performance of a Latin band during one of the festival evenings. I had been asking around and had yet to find any salsa parties so was pleasantly surprised to hear this band might give me my longed-for chance to dance.

We arrived at the venue – outdoors on a beach, next to a carnival. It was a huge event. The stage had two floors where Orquesta Los Satélites was performing. I would be lying if I said I wasn't disappointed to see that a very small part of the crowd was dancing. Most people were just standing in place, watching and listening. Soon though, I started to notice a few pockets of couples dancing merengue, cumbia, and bachata.

The group I was with didn't have many dancers but I tried to teach a few steps and managed to dance a few songs with one of my friends. Mostly, though, I was just dancing in my place and watching the crowd. I delighted in seeing that sprinkling of couples dancing among the sea of people. Like shining stars in the night, seeing them felt somehow simultaneously like hope and home.

For a moment, I forgot where I was. Or better said, I forget that I was in any specific place at all. Just as certain things can evoke for us a timelessness, I realized that a dance event, for me, can also evoke a placelessness. The music and rhythm transcended any geographical location. The dance became the "where", connected through time and space to all the other places I have danced before. I thought of friends I wished were with me, I remembered moments that happened thousands of miles away. I dreamed of my future self, dancing at some unspecified place, only present to the connection I would feel in that moment.



The main purpose of this trip was to see a total solar eclipse, one of the more thrilling moments that can happen in the grand cosmic dance of planets, moon, and sun. And the interesting thing is that when I made the decision to go, the chance that I'd actually be able to see the eclipse was pretty slim because of the season, time of day, weather, etc. But I decided that slim possibility of things working out would be well worth the costs involved, so I made a leap of faith.

As it turned out, I ended up getting lucky this time. I was able to see the entire eclipse, on a beach, with perfect weather... and it was incredible. The sun and its gravity, spinning the earth around itself, the earth doing the same with the moon, and the three aligned, like a choreographed performance – for a rare and unbelievable moment. This alone would have made the trip worthwhile. But even if I didn't get to witness the beauty of this cosmic dance moment, I still got a few dances of my own in during the trip, and in the end, that would have made it all okay. Now that I've returned with this new insight, I know that I can always re-connect to those far-away lands I've travelled to, simply because there too, I have danced.

September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

TUESDAY SEPTEMBER 1

DANCES

Greenlawn

Join your friends at Swing Dance Long Island's Tuesday Pizza Night at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson at 7:30pm, DJ music at 8pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour practice! Learn Argentine Tango from Eran Polat and Adam H. Adm. \$35 Sherry: 631 242-0686 or cell: 631-495-1435. (Dances held alternating Tuesdays. Please call ahead to confirm.) www.ArgentineTangoLovers.org Ad pg 4

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam, 7:45-9:15 Country line dance. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. NEW! 7:15pm-8:15pm: Beginner American Foxtrot, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 7pm Latin, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

WEDNESDAY SEPTEMBER 2

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Merrick

Join us for our Autumn Dansant Social at the Merrick Golf Course - 2550 Clubhouse Rd. (9E Meadowbrook). 1:30 to 4:30, \$12pp don. Bagels, variety of cream cheese, coffee, tea, cake. Bring your friends or make new ones, Complimentary Dance Lesson. Male hosts needed. Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Dance Teachers Welcome. Bring your partner or students. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Kids Ballroom Classes 3-5 y.o. Starts at 6PM. \$30 per person. For information call: (631) 513-8706 or visit www.1st-dance.com. Ad pg 13

Great Neck

Dance with Lourdes Cruz at Great Neck Ballroom at 34 Middle Neck Rd., 11am WCS Newcomer/Novice lesson \$20pp. 12-2pm Ballroom & Latin Mix Practice Social \$18pp (\$30 per couple). 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Tagir. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com. com Ad pg 5



First Dance
STUDIO

Former Barney & Debbie - Dance Obsession, Farmingdale, NY

FALL EVENT SCHEDULE



**FRIDAY,
SEPTEMBER
25TH**

**Back to School
Dance Party**

7:30 PM - 8:00 PM - Group Class
8:00 PM - 10:00 PM - Dance Party

Admission Fee: \$25 per person





**FRIDAY,
OCTOBER
30TH**

**Halloween
Dance Party**

Best Costume Prize!

7:30 PM - 8:00 PM - Group Class
8:00 PM - 10:00 PM - Dance Party

Admission Fee: \$25 per person



For more details and updates, please call us (631) 513-8706 or visit our website: <https://1st-dance.com/>

September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

THURSDAY SEPTEMBER 3

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Adults Classes - Dance Foundations - Beginner Friendly, No-partner required. \$30 per person. Starts at 7:30 PM. For information call: (631) 513-8706 or visit www.1st-dance.com. Ad pg 13

Little Neck, Queens

Dance with Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am West Coast Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom and 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

FRIDAY SEPTEMBER 4

DANCES

Deer Park

Brumidi Lodge. 2075 Deer Park Ave. Join Dominick Paradise and the Sounds of Our Generation. Mangia, Music, Show & Dancing 7 PM to 11 PM. Tickets sold at the door. First come first served. \$25 per person includes Complementary lite dinner buffet, dessert, and coffee, and four hours non-stop entertainment, music, and dancing. Cash bar available. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance, 7-10pm Evening Social Dance 917-740-2755. Ad pg 7

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS R & B and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 11

Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. Complimentary Beginner Lesson at 6PM With Shah. Dance 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$20pp includes a complementary water, beer, wine, or soda, coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 4

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10am Bachata with Lourdes, 11am Country 2-Step with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

SATURDAY SEPTEMBER 5

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Vlad. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

SUNDAY SEPTEMBER 6

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir, 5-8pm Argentine tango w.Yai and John. Info 917-740-2755. Ad pg 7

MONDAY SEPTEMBER 7

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Int/Adv WCS, 5:45pm Adv WCS, 6:45pm Ballroom Mix, 7:45pm Latin Mix. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Salsa, 11am Argentine Tango 1/2. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10-11am Salsa w/Daniel, 11am-12pm Argentine Tango w/Daniel, 1-2pm Adv Latin w/Alexsandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

TUESDAY SEPTEMBER 8

DANCES

Greenlawn

Join your friends for DJ and Social Dancing at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. West Coast Swing Lesson with Lourdes Cruz at 7:30pm. DJ and social dancing at 8pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

Westbury

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September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

TUESDAY SEPTEMBER 8

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam, 7:45-9:15 Country line dance. 917-740-2755. Ad pg 7

Melville

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Southampton

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WEDNESDAY SEPTEMBER 9

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$25 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. Student Practice Party 7:30pm-9:30pm. \$10pp. www.donnadesimone.us. 516.375.8498. Ad pg 9

Merrick

Join us for our Autumn Dansant Social at the Merrick Golf Course - 2550 Clubhouse Rd. (9E Meadowbrook). 1:30 to 4:30, \$12pp don. Bagels, variety of cream cheese, coffee, tea, cake. Bring your friends or make new ones, Complimentary Dance Lesson. Male hosts needed. Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Dance Teachers Welcome. Bring your partner or students. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

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Great Neck

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Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Tagir. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 6:30pm-7:30pm: Intermediate Country Two Step lesson \$20. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

THURSDAY SEPTEMBER 10

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

CLASSES

Farmingdale

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Little Neck Queens

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Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom and 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

FRIDAY SEPTEMBER 11

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 7pm Doors Open. Dance 7PM-11:00PM. Hosting Mario & Daniel. Dance Lesson: WCS 7:30-8PM. Social Dance Mix with Music by DJ Gene & Joanne. \$25pp includes Complimentary Buffet, Coffee, Tea, Dessert & Cash Bar. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3 & 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance, 7-10pm Evening Social Dance 917-740-2755. Ad pg 7

Massapequa

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CLASSES

Garden City

Ballroom Dance class at Adelphi University, One South Avenue. Refine your skills in the most popular ballroom dances - Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bachata, Tango & Meringue. Best practice syllabus based techniques. Taught by Richard Fiore. To register call Noreen DeNicola at (516) 877-4260 or email ndenicola@adelphi.edu - Ad pg 6

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10am Bachata with Lourdes, 11am Country 2-Step with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

SATURDAY SEPTEMBER 12

DANCES

Deer Park

Brumidi Lodge. 2075 Deer Park Ave. LONG ISLAND COUNTRY MUSIC ASSOCIATION. DJ and Dance Instruction provided by Ray Swartz! Doors open 6:30PM. Music starts 7PM. Coffee available at 10pm. (Bring your own munchies) LIMCA is a non-profit organization dedicated to the advancement of Country Music & Dance on Long Island. Ad pg 3

Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot Buffet Dinner and coffee/tea and dessert served. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash Bar for beverages, liquor, wine and beer. \$25 at the door, \$22 for members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Get A Free Bottle of Wine or Champagne for Your Birthday! *Must be In Your Birthday Month with Proof of ID. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 8

Great Neck

Leonard's Palazzo at 555 Northern Boulevard. 12-4 PM. Spotlight Ballroom's 3rd Annual Gala. Come for an afternoon of dance music and unforgettable memories! Dazzling performances, live music by DJ Jeff, gourmet buffet, raffles, and prizes. 917-740-2755. Ad pg 7

Lake Ronkonkoma

Ballroom & Latin Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, coffee, tea, desserts & raffles. Singles & Couples. 631-581-8509 or 631-487-3203 or email valmdance@yahoo.com for directions, info or reserve a table. Ad pg 5

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Vlad. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

SUNDAY SEPTEMBER 13

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir, 5-8pm Argentine tango w.Yai and John. Info 917-740-2755. Ad pg 7

MONDAY SEPTEMBER 14

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 1-2pm Adv Latin w/Alexsandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

TUESDAY SEPTEMBER 15

DANCES

Greenlawn

Join your friends for our Band Night with Nick Palumbo and the Flipped Fedoras at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson at 7:30pm, Band performs at 8pm along with social dancing. \$20/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour practical! Learn Argentine Tango from Eran Polat and Adam H. Adm. \$35 Sherry: 631-242-0686 or cell: 631-495-1435. (Dances held alternating Tuesdays. Please call ahead to confirm.) www.ArgentineTangoLovers.org Ad pg 4

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam, 7:45-9:15 Country line dance. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. NEW! 7:15pm-8:15pm: Beginner American Foxtrot, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 7pm Latin, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

WEDNESDAY SEPTEMBER 16

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Merrick

Join us for our Autumn Dansant Social at the Merrick Golf Course - 2550 Clubhouse Rd. (9E Meadowbrook). 1:30 to 4:30, \$12pp don. Bagels, variety of cream cheese, coffee, tea, cake. Bring your friends or make new ones, Complimentary Dance Lesson. Male hosts needed. Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Dance Teachers Welcome. Bring your partner or students. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Kids Ballroom Classes 3-5 y.o. Starts at 6PM. \$30 per person. For information call: (631) 513-8706 or visit www.1stdance.com. Ad pg 13

Great Neck

Dance with Lourdes Cruz at Great Neck Ballroom at 34 Middle Neck Rd., 11am WCS Newcomer/Novice lesson \$20pp. 12-2pm Ballroom & Latin Mix Practice Social \$18pp (\$30 per couple). 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Tagir. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

THURSDAY SEPTEMBER 17

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Adults Classes - Dance Foundations - Beginner Friendly, No-partner required. \$30 per person. Starts at 7:30 PM. For information call: (631) 513-8706 or visit www.1st-dance.com. Ad pg 13

Little Neck, Queens

Dance with Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am West Coast Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom and 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

FRIDAY SEPTEMBER 18

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 7pm Doors Open. Dance 7PM-11:00PM. A Night With "The Ultimate Entertainer" Louis Del Prete. Adm: \$25pp. A throwback to an era when artists actually "entertained". Louis can sing, dance & play an instrument! Dance Mix including Ballroom, Latin, Hustle, WCS & more! Complimentary light buffet, dessert, coffee, tea & cash bar. Singles tables available. Reservations of a FULL table (8+) call 516.819.9016 Ad pg 3

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance, 7-10pm Evening Social Dance 917-740-2755. Ad pg 7

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS R & B and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 11

Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. Complimentary Beginner Lesson at 6PM With Shah. Dance 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$20pp includes a complimentary water, beer, wine, or soda, coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 4

CLASSES

Garden City

Ballroom Dance class at Adelphi University, One South Avenue. Refine your skills in the most popular ballroom dances - Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bachata, Tango & Meringue. Best practice syllabus based techniques. Taught by Richard Fiore. To register call Noreen DeNicola at (516) 877-4260 or email ndenicola@adelphi.edu - Ad pg 6

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10am Bachata with Lourdes, 11am Country 2-Step with Lourdes, 12-1pm Standard w/Anatoli, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

SATURDAY SEPTEMBER 19

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7:30-11pm Premium Dance Night with DJ Joe. Dinner, drinks, snack, snacks, dance, raffle. 917-740-2755. Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Vlad. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

SUNDAY SEPTEMBER 20

DANCES

Greenlawn

Huntington Moose Lodge 631 Pulaski Rd, Lourdes teaching a WCS Novice Workshop and Practice Social \$15pp 2-5pm. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir, 5-8pm Argentine tango w.Yai and John. Info 917-740-2755. Ad pg 7

MONDAY SEPTEMBER 21

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Int/Adv WCS, 5:45pm Adv WCS, 6:45pm Ballroom Mix, 7:45pm Latin Mix. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Salsa, 11am Argentine Tango 1/2. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10-11am Salsa w/Daniel, 11am-12pm Argentine Tango w/Daniel, 1-2pm Adv Latin w/Alexsandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

TUESDAY SEPTEMBER 22

DANCES

Greenlawn

Join your friends for DJ and Social Dancing at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson with Carol Fraser at 7:30pm. DJ and social dancing at 8pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour practica! Learn Argentine Tango from Eran Polat and Adam H. Adm. \$35 Sherry: 631 242-0686 or cell: 631-495-1435. (Dances held alternating Tuesdays. Please call ahead to confirm.) www.ArgentineTangoLovers.org Ad pg 4

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam, 7:45-9:15 Country line dance. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. NEW! 7:15pm-8:15pm: Beginner American Foxtrot, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 7pm Latin, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

WEDNESDAY SEPTEMBER 23

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$25PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 4

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Kids Ballroom Classes 3-5 y.o. Starts at 6PM. \$30 per person. For information call: (631) 513-8706 or visit www.1st-dance.com. Ad pg 13

Great Neck

Dance with Lourdes Cruz at Great Neck Ballroom at 34 Middle Neck Rd., 11am WCS Newcomer/Novice lesson \$20pp. 12-2pm Ballroom & Latin Mix Practice Social \$18pp (\$30 per couple). 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Tagir. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

THURSDAY SEPTEMBER 24

DANCES

Callicoon

142nd Stardust Dance Weekend Getaway: Villa Roma Resort 365 Villa Roma Rd. Includes lodging, wine/champagne reception, 5 Course Dinner, cocktail party, open bar, dance workshops and so much more! Featuring World Class Entertainers, Instructors and DJs! Dance hosts available. Produced by Edgar Osorio, CEO. 845-796-6511 or 845-794-4982. Web: www.StardustDance.com. Ad pg 2

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Adults Classes - Dance Foundations - Beginner Friendly, No-partner required. \$30 per person. Starts at 7:30 PM. For information call: (631) 513-8706 or visit www.1st-dance.com. Ad pg 13

Little Neck, Queens

Dance with Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am West Coast Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom and 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

FRIDAY SEPTEMBER 25

DANCES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Back to School Dance Party 7:30 PM to 8 PM group class followed by 8 PM to 10 PM dance party! For information call: (631) 513-8706 or visit www.1st-dance.com. Ad pg 13

Greenlawn

Donna DeSimone's DancXchange Club at Greenlawn Moose Lodge. 631 Pulaski Rd. Hustle, WCS, Country Two step, Latin & Smooth. Doors open for student practice at 6:45pm. Free Hustle lesson 7:15pm-8pm. Open dancing 8pm-11pm. You can not bring drinks into hall, bar but you can bring your own food & snacks. Contact Donna for table reservations for 6 to 10 people \$20pp cash at the door. www.donnadesimone.us. 516.375.8498. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance, 7-10pm Evening Social Dance 917-740-2755. Ad pg 7

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS R & B and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 11

CLASSES

Garden City

Ballroom Dance class at Adelphi University, One South Avenue. Refine your skills in the most popular ballroom dances - Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bachata, Tango & Meringue Best practice syllabus based techniques. Taught by Richard Fiore. To register call Noreen DeNicola at (516) 877-4260 or email ndenicola@adelphi.edu - Ad pg 6

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 9

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10am Bachata with Lourdes, 11am Country 2-Step with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

September 2026 Dance Calendar

(Please call advertisers ahead to confirm)

SATURDAY SEPTEMBER 26

DANCES

Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot Buffet Dinner and coffee/tea and dessert served. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash Bar for beverages, liquor, wine and beer. \$25 at the door, \$22 for members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Get A Free Bottle of Wine or Champagne for Your Birthday! *Must be In Your Birthday Month with Proof of ID. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 8

Lake Ronkonkoma

Ballroom & Latin Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, coffee, tea, desserts & raffles. Singles & Couples. 631-581-8509 or 631-487-3203 or email valmdance@yahoo.com for directions, info or reserve a table. Ad pg 5

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

Little Neck Queens

Spotlight Ballroom 245-24 Horace Harding Expy. Dance the Night Away with Louis Del Prete!! 7:30-10:30PM. Latin, West Coast Swing, Dance Mix, Hustle & more! FREE dance lesson at 7:30PM. Social dance with live DJ. Pro-Am Show! Dinner, Coffee & Cake. Info Thomas: 929-213-3283 or Jessica: 917-450-9834 Ad pg 7

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Vlad. 917-740-2755. Ad pg 7

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

SUNDAY SEPTEMBER 27

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

Westbury

Argentine Tango Milonga! Mirelle's 170 Post Ave. Performances by Florencia & Marcos Pereira. Taxi Dancers! Hosted by Sherry, Carmen and Alberto! Please call ahead to secure your spot! Admission:\$35 PP Questions? Call Sherry: 631-242-0686 or (cell) 631-495-1435. www.ArgentineTangoLovers.org Ad pg 4

CLASSES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir, 5-8pm Argentine tango w.Yai and John. Info 917-740-2755. Ad pg 7

MONDAY SEPTEMBER 28

DANCES

Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Int/Adv WCS, 5:45pm Adv WCS, 6:45pm Ballroom Mix, 7:45pm Latin Mix. Info: Lourdes text/call 845-702-1481. Ad pg 9

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Little Neck Queens

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Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

TUESDAY SEPTEMBER 29

DANCES

Greenlawn

Join your friends for our Band Night with Playing Favorites at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson at 7:30pm, Band performs at 8pm along with social dancing. \$20/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

Southampton

Social dancing at The Studio located at 33 Hill Street. 6pm Social Dancing, Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour practical! Learn Argentine Tango from Eran Polat and Adam H. Adm. \$35 Sherry: 631-242-0686 or cell: 631-495-1435. (Dances held alternating Tuesdays. Please call ahead to confirm.) www.ArgentineTangoLovers.org Ad pg 4

CLASSES

Little Neck Queens

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Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. NEW! 7:15pm-8:15pm: Beginner American Foxtrot, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. www.donnadesimone.us. 516.375.8498. Ad pg 9

Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 7pm Latin, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 5

WEDNESDAY SEPTEMBER 30

DANCES

Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$25 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 4

CLASSES

Farmingdale

First Dance - Wedding and Social Dance Studio (former Barney & Debbie - Dance Obsession) 18 Hempstead Tpke. Kids Ballroom Classes 3-5 y.o. Starts at 6PM. \$30 per person. For information call: (631) 513-8706 or visit www.1stdance.com. Ad pg 13

Great Neck

Dance with Lourdes Cruz at Great Neck Ballroom at 34 Middle Neck Rd., 11am WCS Newcomer/Novice lesson \$20pp. 12-2pm Ballroom & Latin Mix Practice Social \$18pp (\$30 per couple). 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 9

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linedancingwithjenn@aol.com

Line Dance with Elena
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631 Pulaski Rd.
Greenlawn, NY 11740
linedancewithelena@aol.com
Facebook: Line Dance with Elena

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For current schedules and event details, please contact venues directly.

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www.ArgentineTangoLovers.org

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and...
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Seaford, NY 11783

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516.385.1720

Dance with DJ Pedro Ballroom Mix

Spotlight Studio
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Little Neck, NY 11362
718.640.8216

Dance with Louis Del Prete Thursday Nights

Mirelle's
170 Post Road
Westbury, NY 11590

Dance with Donna DeSimone DancXchange Club Nights

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Greenlawn, NY 11740
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spotlightballroomnyc@gmail.com

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845.794.4982
www.StardustDance.com

Swing Dance Long Island

Huntington Moose Lodge
631 Pulaski Road
Greenlawn, NY 11740
631-476-3707
www.SDLI.org

The Studio by Hill Street

33 Hill Street
Southampton, NY 11968
Email: info@thestudiobyhillstreet.com
www.thestudiobyhillstreet.com

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400 Cassata Road
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631-581-8509 or 631-487-3203
Email: valmdance@yahoo.com

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Port Jefferson, NY 11776
www.arthurmurraydanceclub.com/long-island-ny

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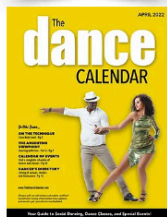
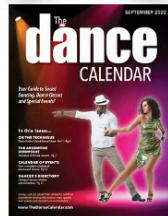
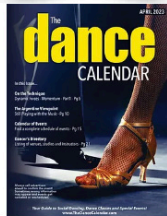
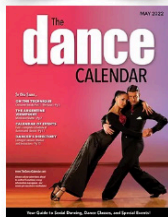
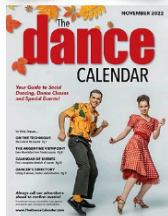
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