

JULY 2026

# The dance CALENDAR

Connecting the Dance Community ... One Step at a Time!

*America 250 dance*

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[www.TheDanceCalendar.com](http://www.TheDanceCalendar.com)

Please call advertisers ahead to confirm dates, times and locations. Posted information may be subject to cancellation and/or rescheduling.

# Stardust® Dance PRODUCTIONS

WEEKEND GETAWAYS, LUXURY DANCE CRUISES, DANCE DESTINATIONS

## One Night in Rio

STARDUST DANCE PRODUCTIONS

A BALLROOM WEEKEND OF ELEGANCE, RHYTHM & PASSION.



Rio-Inspired Couture



Professional Dance Hosts



Music and Dancing with Amazing DJs!



Photo Moments & Memories



World Class Instructors

• DRESS TO DAZZLE • DANCE TO INSPIRE • MAKE IT A NIGHT TO REMEMBER •

### Rates start at \$615 per person

All Inclusive (excluding tax)

Add Thursday Night for an additional

\$205 pp double occupancy / \$220 single occupancy

DEPOSIT: \$150 PER PERSON

#### Your All Inclusive Weekend Package Includes:

- 3 Days / 2 Nights Stay at Resort
- 7 Meals • 5 Course Dinner
- Open Bar Cocktail Party
- Wine / Champagne Cocktail Party
- Over 40 Dance Workshops with Our Top Instructors
- Night & Day Dancing to 4 Great DJ's
- Dancing During Lunch & Dinner
- Top Night Club Entertainment
- Your Choice – Separate Dance Facilities for:  
Latin, Ballroom, Argentine Tango &  
West Coast Swing / Hustle / California Mix
- Saturday Night Theme: "One Night in Rio"
- Dress in Your Favorite Rio Inspired Couture

#### Special Thursday Night Rate

- Meet-and-Greet / Happy Hour Hors d'oeuvres / Cash Bar
- Singles Mixer Thursday Night (Couples are Welcome)
- Dinner • Dancing • Workshops
- Friday - Morning Dance Workshops, Breakfast, & Lunch



Scan this QR code to be directed to our April Registration Form

### Dance Instructors

Edgar Osorio, Lou Brockman, Heather Gehring, Joyce Henderson, Kelvin Roche, Lori Ann Greenhouse-Roche, Linda Leverock, Julius Solano, Vitali Novikov, Steve Ryan, Jess Ann Nail

### ... And Your Favorite Dance Hosts

#### Stardust Favorite DJs

- Michelle & Bob Friedman | Ballroom
- Harry Trinidad | Latin
- Walter Perez | Argentine Tango
- Jess Ann Nail / Lou Brockman | WCS | California Mix Hustle

#### Fitness Instructor

Molly Gelsomino



#### Future Stardust Dance Weekends

Nov 19-22, 2026

Check our website for further updates

[www.StardustDance.com](http://www.StardustDance.com)



Produced by:  
Edgar Osorio,  
CEO Stardust Dance

## MAKE YOUR RESERVATION NOW!

Book Online: [www.StardustDance.com](http://www.StardustDance.com)

Book by Phone: (Cell) 845-796-6511 or 845-794-4982

(OPEN: Monday - Friday 9am-5pm)

All info, FAQ's and updates at [StardustDance.com](http://StardustDance.com) or call us for any questions.

Villa Roma Resort  
365 Villa Roma Rd.  
Callicoon, NY 12723



# CLUB BRUMIDI

**PRESENTS**

Long Island's Dancing Hot Spot with the Largest Dance Floor!  
State of the Art Sound System & Lighting

2075 Deer Park Ave.  
Deer Park, NY 11729

**HAPPY JULY BIRTHDAY DANIEL!**




## Social Dance Mix

**Friday, July 31 • 7-11PM**

Adm: \$25pp. 7PM-11:00PM. Complimentary Dinner Buffet. Coffee, Tea, Fresh Bakery Desserts, Cash Bar & Door Prizes!

**Hosting Lourdes, Mario & Daniel**  
*Dance Lesson: ChaCha*

**Every Wednesday in June • 6-10PM**  
\$25pp. Enjoy an Evening of Tango, Hustle, WCS & more! Complimentary Dinner Buffet. Coffee, Tea, Fresh Bakery Desserts, Cash Bar & Door Prizes!

**Line Dance Lesson with Shah Wed, July 1st**

Exceptional Music by DJ Gene & Joanne!




Present An Evening Of Music With

## Dominick Paradise

And The Sounds Of

# Our Generation

## 2026 Monthly Schedule

Friday Fun	<b>May 8</b>	<b>June 26</b>	<b>July 10</b>
	<b>August 7</b>	<b>September 4</b>	<b>October 2</b>
	<b>November 8 (Sunday 4-8PM)</b>	<b>December 4</b>	

**7-11PM** Except Sunday 11/8 4PM Start

**Mangia, Music, Show & Dancing** with Special Tributes to

Frankie Valli and the Four Seasons ... The Grass Roots  
Tommy James and the Shondells ... Neil Diamond  
Gary Puckett and the Union Gap ... Elvis Presley  
Johnny Maestro ... Tab Hunter ... Perry Como  
Bobby Darin ... Engelbert Humperdink ... Frank Sinatra  
The Temptations ... The Four Tops ... The Four Tons  
1960's ... 1970's ... Doo Wop ... Motown ... And So Much More

**\$25** Per Person Includes: Complimentary Lite Dinner Buffet, Dessert & Coffee  
4 Hours Non Stop Entertainment—Music—Dancing

Cash Bar Available

Tickets Sold At The Door—First Come First Served



A NIGHT WITH "THE ULTIMATE ENTERTAINER"

## LOUIS DEL PRETE

**Friday, July 17th • 7PM-11PM**

Adm: \$25pp. A throwback to an era when artists actually "entertained". Louis can sing, dance & play an instrument! Dance Mix including Ballroom, Latin, Hustle, WCS & more! Complimentary light buffet, dessert, coffee, tea & cash bar.

 Singles tables available.

Reservations of a FULL table (8+) call 516.819.9016

CONSTANTINO BRUMIDI LODGE 2211  
ORDER SONS & DAUGHTERS OF ITALY  
PRESENTS

## Luau Night

**\$45PP INCLUDES: BUFFET DINNER, SODA, COFFEE & DESSERT CASH BAR**

FEATURING HAWAIIAN ENTERTAINMENT & DJ

**50/50 LOTTO BOARD**

**SUNDAY AUGUST 16 4:30PM**

2075 DEER PARK AVE. DEER PARK, NY 11729  
WEBSITE: WWW.SONSOFTALYLI.COM  
FACEBOOK: WWW.FACEBOOK.COM/BRUMIDILODGE

FOR TICKETS & INFO CALL ANTOINETTE 516 526 6777



## DISCO Night

**\$45 P/P INCLUDES: BUFFET DINNER, BEER, WINE, SODA, CASH BAR NO TIX SOLD AT DOOR**

**FRIDAY JULY 24TH 7P-11P**

WIN !! WIN !!  
RAFFLES  
LOTTO BOARD  
SHARE THE WEALTH

**DEVERNE-WILLIAMS & THE VINTAGE SOUL BAND**

2075 DEER PARK AVE, DEER PARK, NY 11729  
FOR MORE INFORMATION & TICKETS:  
CALL BARBARA 631.786.9306  
WEBSITE: WWW.SONSOFTALYLI.COM  
FACEBOOK: WWW.FACEBOOK.COM/BRUMIDILODGE





## Dance with Lourdes Cruz

**Group & Private Lessons**

**Mondays July 6 & 13 (No class 20 & 27)**

4:45pm Int/Adv WCS	5:45pm Adv WCS
6:45pm Ballroom Mix	7:45pm Latin Mix




## BRUMIDI CATERING





Brumidi Catering Co. Inc. offers On-site Full Service, Off-Premise (drop off) & Full Service Event Planning as well as Hall Rentals  
**Banquet Manager: 631.338.6357 • brumidicatering.com**

631-940-2006 • www.sonsoftalyli.com • www.facebook.com/Brumidilodge • Central LI Location • Easy Access & Huge Parking Lot

**35 Year Dance!** **SOCIETY TEMPO DANCE**

Merrick Golf Course Dansant - 2550 Clubhouse Rd. (M9E Meadowbrook Pkwy) Merrick, NY

*LEARN HOW TO DANCE - Improve level by joining our dance club - Complementary! Professional instruction and coaching.*

**Join us for our Sizzling Summer Dansants**  
**Wednesdays July 8<sup>th</sup> and 22<sup>nd</sup> - 1:30 - 4:30pm**  
**Friday, July 17<sup>th</sup> - 12:30-3:30pm**

*\$12 don. Bring your friends or make new ones! Singles and couples welcome! Enjoy bagels, variety of cream cheese, cake, coffee & tea. Largest hardwood Ballroom dance floor on Long Island. Strict tempo music. Bring your partner or students. All past & present dances played in classic ballroom dancing music & popular line. Private Lessons Available. Free Parking.*

**Must call to reserve 718 332-7825 or email [dancezee@aol.com](mailto:dancezee@aol.com)**

*NO WALK INS. MUST RESERVE 1 week prior to dance. Leave name, phone, email & names of people attending.*



**PRIVATE DANCE LESSONS**

*Rosalie Keane*

Individual instruction in American and International styles of Ballroom and Latin including Bachata and Salsa and Country Two Step & West Coast Swing. Instruction also available for your wedding day special dance.

**350 Higbie Lane, West Islip, NY**  
**631-987-8924**  
**[rubarose@icloud.com](mailto:rubarose@icloud.com)**

**DANCE WITH DJ PEDRO**

**Social Ballroom Mix!**  
**Wednesdays July 1, 15 & 29**  
**7pm-11pm**

Spotlight Ballroom  
 245-24 Horace Harding Expy.  
 Little Neck, NY 11362  
 DJ Pedro for info: 718-640-8216

Dance is held every other Wednesday.  
 \$25 PP.  
 Coffee, tea & snacks served.



**OYSTER BAY MAIN STREET**

INVITES YOU TO THE 15TH SEASON OF

**DANCING IN THE STREET!**

Join us **Thursdays** from **6:30pm to 9:30pm**  
 in front of 74 Audrey Avenue, Oyster Bay

**JULY 9TH, 23RD**  
**AUGUST 6TH, 20TH**

Enjoy a free evening of dancing under the stars with music and live demonstrations provided by a professional DJ!  
 Learn about the theme nights at [www.oysterbaymainstreet.org](http://www.oysterbaymainstreet.org)

Knights of Columbus

**SOCIAL DANCE**

*Party*

**\$20**

**WITH DJ SCOTT**

**COMPLEMENTARY BEGINNER LESSON AT 6 PM WITH SHAH!**  
 From ballroom to rock 'n' roll, there's something for everyone.  
 A night of real fun.

**FRIDAYS JULY 3 AND 17**  
**DANCE STARTS AT 7 PM**  
**7:00 PM - 11:00 PM**

\$20 per person  
 Includes entry, coffee, dessert & 1 free drink.  
 Feel free to bring snacks.

**First and third Fridays of every month**  
**Call Louise at 631-277-7774 to reserve your spot**

38 W.1<sup>st</sup> Street, Patchogue NY  
 (Off Waverly Ave, Across from the 5<sup>th</sup> precinct.)  
 In case of inclement weather,  
 please call/text day of dance to confirm: 631-513-1055

The **dance** CALENDAR

[www.TheDanceCalendar.com](http://www.TheDanceCalendar.com)

# Ballroom & Latin Dance Social at the Waterfalls Ballroom

400 Cassata Rd.  
Lake Ronkonkoma, NY

7PM-11PM. \$20pp  
Coffee, Tea, Desserts & Raffles  
Bring your own snacks!

Saturday Nights  
July 11<sup>th</sup> & 25<sup>th</sup>

To reserve a table or more info: call Valerie at 631-581-8509 or  
cell: 631-487-3203 or by email: valmdance@yahoo.com

New York  
BALLROOM DANCE

Serving  
Long Island  
Suffolk & Nassau

Ken Broggelwirth Ballroom  
Dance Trainer

(516) 769-8301 kbroggel@optonline.net

NDCA registered, Certified Dance Teacher, Professional  
Competitor & Competition Adjudicator. Teaches private lessons  
in all styles of competition and social dance. Learn to dance  
Ballroom, Latin, Disco, Hustle, Swing, Argentine Tango, Western  
& more. Member AIDA, US Terpsichore, Pro Dancers Federation



## In Step With The Editor

Loren Finkelstein



From Salsa & Hustle to Cha Cha and Swing, you'll find plenty of socials & group classes at all levels in the July issue. Please call advertisers ahead to confirm dates, times and locations as events may be

subject to cancellation and/or rescheduling. If you'd like to advertise or become a contributing writer for The Dance Calendar, please contact me at: [info@TheDanceCalendar.com](mailto:info@TheDanceCalendar.com). Join the Dance Calendar's growing Facebook Group to find more dance events around Long Island, Queens and NYC: [www.facebook.com/groups/thedancecalendar](http://www.facebook.com/groups/thedancecalendar)

Happy summer and happy dancing!!  
-Loren

# Swing Dance Long Island TUESDAY NIGHTS

An evening of social swing dancing starting with Swing fundamentals lesson 7:30PM to get you on the floor. DJ and social dancing 8-10PM. Singles & beginners welcome. No partner necessary. \$15 DJ nights, \$20 band nights. Discounts for students & members.

Join us for Band Night!



JULY 21

The Haymakers  
EC Swing Lesson  
& Social Dancing



JULY 7

Pizza Night  
EC Swing Lesson,  
DJ & Social Dancing

JULY 14

West Coast Swing  
Lesson w/Lourdes Cruz  
DJ & Social Dancing

JULY 28

EC Swing Lesson  
w/Carol Fraser  
DJ & Social Dancing

Huntington Moose Lodge - 631 Pulaski Rd., Greenlawn, NY  
631-476-3707 | [info@sdli.org](mailto:info@sdli.org) | [www.sdli.org](http://www.sdli.org)

## COME BACK IN TIME WITH THE Sounds of DJ Ray

Massapequa Elks Lodge - 2162 Veterans Blvd. Massapequa, NY  
For information or to make a reservation call DJ Ray at 516.385.1720

A great mix of 50's, 60's, 70's, 80's & today's popular music! Swing,  
Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of  
2-Step Line Dancing, West Coast Swing and a touch of Latin too!



Singles & Couples  
Welcome!

\$25 Adm includes: Open Bar, Bagels & Desserts, 50/50 & Door Prizes  
Coffee & Tea. Large on premises parking. Please, NO \$100 bills, thank  
you. Proper attire please - no sandals, no jeans. Singles & couples  
welcome! Walk-ins welcome! Reservations required for 8 or more.

Table will be held for up to 20 minutes after dance opens.  
PLEASE CALL 4 HRS AHEAD IN CASE OF INCLEMENT WEATHER.



## Opening to Promenade: The Art of Flow and Direction in Ballroom Dance

By Richard Fiore

(Licentiate, (LAB, LAR, T) Imperial Society of Teachers of Dancing)

Email Richard at: [rf1111@yahoo.com](mailto:rf1111@yahoo.com)



Few movements capture elegance and partnership as beautifully as the transition into promenade position. This is the moment when two dancers open together and travel in the same direction. Opening to promenade is both a technical skill and an artistic expression. Whether performed in the sweeping motion of foxtrot, the smooth rise and fall of the waltz, or the dramatic shaping of tango, promenade movement creates variety, direction and emotional character within a dance routine. At its core, promenade position occurs when the dancers form a subtle V shape with their bodies, opening slightly away from one another while

maintaining connection through the frame. Instead of facing each other, both partners face diagonally in the same direction of travel prepared to move forward together. This dance position gives the appearance of expansion and travel, making it one of the most visually pleasing elements in ballroom dancing.

The transition into promenade is far more complex than simply opening the partnership. It requires timing, balance, lead-and-follow communication and coordinated body rotation. Dancers who master the art of opening to promenade can transform an ordinary sequence into a flowing and expressive moment that captures the audience's attention. One of the key principles behind opening to promenade is body alignment. In standard ballroom styles, the leader initiates the movement through the center of the body rather than with the arms. The torso begins to rotate while maintaining a stable upper frame. The follower senses this rotational lead and responds by shaping into promenade position while maintaining body contact and connection. If either dancer over-rotates or disconnects from the frame, the movement will appear awkward or forced.

Frame Integrity plays a critical role. During the turn, many beginners mistakenly separate their elbows or collapse the upper body. This weakens communication between partners and disrupts balance. Strong ballroom technique requires consistent posture, lifted alignment and connected movement through the back and core muscles. The arms should support the frame without becoming rigid or disconnected from the body's motion. Another challenge dancers face when opening to promenade is managing momentum. Since ballroom dances often involve rotational forces, dancers must carefully control speed and direction. Excessive force can cause over-turning while insufficient rotation may leave the couple misaligned. Experienced dancers understand how to regulate momentum through foot pressure and body flight with coordinated timing. Teachers often encourage students to practice promenade transitions slowly before attempting them at full speed. Slow practice helps dancers develop awareness of alignment, balance and connection. Exercise focusing on body rotation, frame stability and foot placement can significantly improve consistency. Once the mechanics become reliable, dancers can add expression, shaping and performance quality.



Opening to promenade in Foxtrot creates smooth traveling actions and dynamic floorcraft. Since foxtrot prioritizes continuous movement, opening to promenade must feel seamless. Skilled dancers avoid abrupt changes and instead allow the body rotation to blend naturally into the next traveling figure. In advanced routines, promenade transitions may include sway, shaping and subtle changes of direction that challenge both technical ability and musical interpretation.

Opening to promenade in waltz often feels soft and romantic. The rise and fall characteristic of the dance allows the transition to unfold gradually. A classic example is the twinkle in American style and the whisk in International style. In this figure the dancers move through a shaped turning action before opening gracefully into promenade. The movement creates a sense of floating continuity as though the dancers are gliding effortlessly across the floor. Proper timing is essential because the turn must be completed precisely as the promenade shape develops.

Opening to promenade in Tango presents an entirely different interpretation of promenade movement. Instead of softness, tango emphasizes sharpness and dramatic intention. Opening to promenade in tango usually involves sudden and decisive rotation. The dancers maintain a lower center of gravity and stronger body tone giving the movement a staccato quality. The promenade position in tango often appears more compact and aggressive, reflecting the dance's passionate character. The transition is less about flowing expansion and more about precision and control.

One reason promenade movements are so important in ballroom dance is their contribution to choreography and floor navigation. Ballroom dancers share the floor with many other couples, particularly during competitions and social dance events. Opening to promenade allows couples to redirect movement efficiently while maintaining elegance. It opens opportunities for creative patterns and helps dancers avoid collisions without disrupting the flow of the dance.

Ultimately, opening to promenade represents more than a technical figure in ballroom dance. It symbolizes partnership, communication and shared direction. Two individuals move from facing one another to traveling together with common purpose and harmony. This visual and emotional transformation is part of what makes ballroom dance so captivating. When properly executed, the transition into promenade appears effortless to the audience even though it requires considerable discipline and coordination. It combines structure with freedom, precision with expression and technique with artistry. Mastering the transition to promenade is an important step toward achieving grace, confidence and true partnership on the ballroom floor.

### Ballroom Dancing at Adelphi University

**Professional Studio with wood floor & mirrors!**



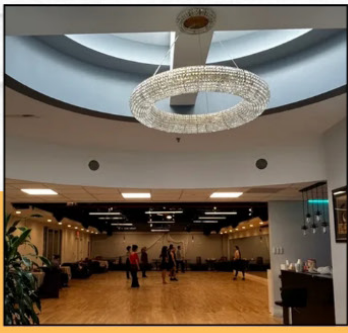
**Refine your skills in the most popular ballroom dances! Best practice syllabus based techniques.**

**Join us at Adelphi University Garden City, NY Campus for an Amazing 11 week Dance Class**

**Fall classes starting in September!**

**Description:** This class offers an opportunity to gain experience in social / ballroom dancing. It is an excellent choice for those looking to develop fundamental dance skills as well as building on previous experience. The instructor will break down all dance figures and combine them to form amalgamated routines. Best practice syllabus-based techniques in timing, feet positions, alignment, footwork, and lead and follow will be demonstrated. This class is suitable for first time dancers as well as those with previous experience. It is designed to build confidence and enhance social enjoyment on the dance floor. Social dancing gives you a more positive outlook on life! Enrollment with a partner is recommended; however, singles are welcome. Participants should wear comfortable clothes and leather bottom shoes or dance shoes. Sneakers or rubber bottom shoes are not recommended.

**Candidate Dances:** Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bolero, Tango & Meringue  
**Instructor:** Richard Fiore – Dual Licentiate, US Imperial Society of Teachers of Dancing  
**Location:** Adelphi University, One South Ave., Garden City, NY 11530 - Woodruff Hall Dance Studio  
**To Register:** \$125/person for general admission. **Registration with a partner is recommended.** Call Noreen DeNicola at (516) 877-4260 or email [ndenicola@adelphi.edu](mailto:ndenicola@adelphi.edu)



# SPOTLIGHT



## Spotlight Dance Studio and Event Venue

245-24 Horace Harding Expy, Little Neck, NY 11362  
 (917) 740-2755 | www.spotlightdancenyc.com | Email: spotlightballroomnyc@gmail.com

**SPOTLIGHT Karaoke Night**  
 劲歌热舞K歌夜!  
 MUSIC BY KRIS NG  
 HOSTED BY LILI CHAN  
**\$28**  
 DINNER INCLUDED!!!  
 SAT, July 11  
 7月11日  
 星期六  
 5PM-10PM  
 245-24 HORACE HARDING EXPY, LITTLE NECK, NY 11362  
 (917) 740-2755  
 SPOTLIGHTDANCENYCCOM

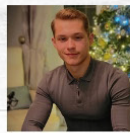
5-7PM - 自由点歌  
 歌唱K歌友报名表演歌唱  
 (报名者包括个人名字, 所唱的歌曲名)  
 7-10PM - 由歌星带领献唱  
 跳舞欢聚在一堂! 大家千万不要错过!

**2nd SPOTLIGHT Anniversary**  
 DANCE THE NIGHT AWAY  
 with LOUIS DEL PRETE  
 SAT, JULY 25th 7:30-11pm  
 \$30 ENTRY  
 SAMBA LESSON WITH LOUIS  
 SOCIAL DANCE WITH LIVE DJ  
 DINNER AND DRINKS!  
 FREE PRIVATE PARKING LOT  
 245-24 HORACE HARDING EXPY  
 LITTLE NECK, NY 11362  
 RSVP: THOMAS 929-213-3283 JESSICA 917-450-9834

**\$30 SPOTLIGHT PRESENTS**  
 PREMIUM DANCE NIGHT  
 DJ JOE  
 7:30 PM - 11:00 PM: Dinner, Drinks, Snacks, Dance, Raffle  
**JULY 18th**  
 245-24 Horace Harding Expy, Little Neck, NY 11362  
 THOMAS 929-213-3283, JESSICA 917-450-9834



**Yaisuri Salamanca and John Hernan Raigosa - Argentine Tango**  
 3rd Place World Championship  
 Sundays: 5pm-8pm



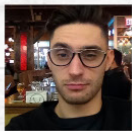
**Yuriy Markovetskiy Latin Instructor**  
 Every Tuesday: 12pm-1pm  
 Every Thursday: 12pm-1pm



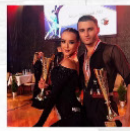
**Sam Hacke - Standard Instructor**  
 Group Classes: Mondays: 2-3pm  
 Tuesdays: 1-2pm  
 Wednesdays: 12-1pm  
 Thursdays: 11am-12pm



**Tagir Mansurov - Latin Instructor**  
 Every Sunday: 1pm-2pm



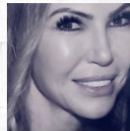
**Anatolii Repluk Standard Instructor**  
 Every Friday: 12pm-1pm



**Denis Kazakov - Latin Instructor**  
 Wednesdays: 1pm-2pm  
 Saturdays: 1pm-2pm



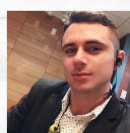
**Kirill Budagovskiy 10 Dance Instructor**  
 Mondays: 8:30-9:30pm - 10 Dance Beg  
 Thursdays: 7:30-8:30pm - 10 Dance Beg  
 Fridays: 1-2pm Latin



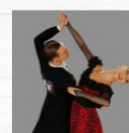
**Alexandra Gisher - A former Pro Ballroom Dancer Specializing in International Style Latin**  
 Latin Advance Every Monday: 1pm-2pm



**Bas van der Zanden Dance Instructor**  
 Book Private Dance Lessons with our House Teacher



**Tomasz Banasik Standard instructor**  
 Available for Private Lessons Only



**Laura - Standard Instructor**  
 Every Saturday: 12pm-1pm  
 Every Sunday: 12pm-1pm



**James Zeng 10 Dance Instructor**  
 Every Thursday: 1pm-2pm



**Kevin Hip Hop Instructor**  
 Mondays: 9:30am-10:30am  
 Wednesdays: 9:30-10:30am  
 Fridays: 9:30-10:30am



**Lourdes Cruz - Argentine Tango, Hustle, WCS, Bachata Instructor**  
 Mondays: 10am-12pm w/Lourdes  
 Thursdays: 10am-12pm w/Daniel  
 Fridays: 10am-12pm w/Lourdes

**SPOTLIGHT BALLROOM**  
**BIG EVENT SPACE**  
 FOR RENT  
**FREE LARGE PARKING LOT**

Perfect for:

- ✓ Private Parties
- ✓ Dance Events
- ✓ Weddings & Celebrations
- ✓ Classes & Workshops

- ✓ Spacious Ballroom
- ✓ Professional Dance Floor
- ✓ Bright & Elegant Lighting
- ✓ Easy Access Location
- ✓ FREE On-Site Parking

Teaching International Ballroom, West Coast Swing, Bachata, Argentine Tango, Salsa and more! Offering group classes, private lessons, hip-hop, and social dance parties!  
**Inquire about wedding couple dance instruction - master lifts and dips!**



# Italian Charities of America

Invites you to attend our

## Saturday Night

# Dances

**July 11 & 25, 2026**

**DOORS OPEN AT 7PM  
DANCE 8PM TO 12AM**

Door prizes and 50/50 raffle. \$25 at the door or \$22 for dance members. Become a dance member the night of the dance! DJ will be spinning Classics, Oldies, Top 40, Disco, Italian and Latin music! Hot Buffet, Dessert, Coffee & Tea. Cash Bar for beverages, liquor, wine and beer. All are welcome!

Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building.

★ **250<sup>th</sup>** ★  
**Anniversary**  
**of America!**

★ 1776 - 2026 ★

**Become A Dance Member! Get Discounted Dance Admission**

**Get A Free Bottle of Wine or Champagne for Your Birthday!**

**\*Must be In Your Birthday Month with Proof of ID**

For more information call 718-478-3100 or email: [info@italiancharities.org](mailto:info@italiancharities.org)



**Italian Charities of America, Inc.**

A 501c3 Non-Profit Organization

83-20 Queens Blvd. Elmhurst, NY 11373

[www.italiancharities.org](http://www.italiancharities.org)

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Follow us on Instagram: [@italiancharitiesofamerica](https://www.instagram.com/italiancharitiesofamerica)

# The Argentine Viewpoint

## Preventative Maintenance

By Michael Ditkoff

Email Michael at: [tangomaniac@optimum.net](mailto:tangomaniac@optimum.net)



Michael Ditkoff has taken 11 years of private ballroom, latin, swing and hustle lessons; eight years of private Argentine Tango, Waltz and Milonga lessons; three years of Embodied Yoga to improve his frame, and six months of Alexander Technique to improve his posture. He was also a dance host on three cruise ships. Michael resumed playing the piano in July 2023, further sharpening his musicality.

Sherry Jean's article "Dance to the End" in the May issue was thought provoking. She wrote about pain that doesn't stop some from dancing. I understand very well considering I have arthritis. She also wrote "I also know others who are lucky in health and ability who can forget that it is mostly luck and not necessarily some sort of proof that they have made the "right" choices."

People spend thousands of dollars on therapists, vacations and cruises to relieve stress in their life. They also maintain their cars to reduce the chance of costly repairs. But when it comes to spending money on body maintenance, it's not as important. This is why obesity is a big problem.

I don't want to rely on luck to be in good health, especially not at my age. I started working out more than 40 years ago but without a trainer. Not only didn't I get results, but I also made costly workout errors that caused problems. (Arthritis is one of them.)

You can't learn how to work out correctly from watching others because they may not be working out correctly. You



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**GROUP CLASS 7:30 - 8PM** | **SOCIAL DANCING 8 - 9:30PM**

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can't learn how to dance from watching others because they may not be dancing correctly. Some watch Youtube. Well, if Youtube was so good, nobody would need dance teachers. Also, you can't ask Youtube questions.

Learning how to workout is one thing. You need a trainer to watch how you work out to give corrections. Joe, my Argentine Tango teacher, watched everything I did and gave corrections until they were no longer needed. (That's why I needed eight years of private lessons. There was just so much to correct.)

Judy, my personal trainer, dietician, and physical therapist, monitors everything just like Joe watched my dancing. I see a lot of people working out ineffectively but expecting results.

As we age, it's more difficult for the body to recover from injuries, aches, and pains. There's no guarantee that working out and physical therapy can eliminate them. But there's an excellent chance they can be mitigated so as not to impact dancing.

If you think personal training and physical therapy are expensive, think of the cost of healthcare to deal with aches and pains.

If you want to enjoy your retirement, you need preventative maintenance. Don't wait until it's too late.

# Dance with Lourdes Cruz

Learn • Dance • Connect

## MONDAYS w LOURDES

No Class Monday, July 20 and 27

### Spotlight Studio

245-24 Horace Harding Exwy Little Neck, NY  
10am Salsa | 11am Argentine Tango

### Sons of Italy Brumidi Lodge - Deer Park

2075 Deer Park Ave., Deer Park, NY  
4:45pm Int/Adv WCS | 5:45pm Adv WCS  
6:45pm Ballroom Mix | 7:45pm Latin Mix

## FRIDAYS w LOURDES

No Class Friday, July 10, July 24

### Spotlight Studio

245-24 Horace Harding Exwy  
Little Neck, NY  
10am Bachata  
11am Country 2 Step

## THURSDAYS w DANIEL

No Class Monday, July 23

### Spotlight Studio

245-24 Horace Harding Exwy  
Little Neck, NY  
10am Hustle  
11am West Coast Swing

## DANCE SOCIALS

### Tuesday, July 14

Swing Dance Long Island - Huntington Moose Lodge  
631 Pulaski Rd, Greenlawn, NY  
Teaching Newcomer/Novice WCS Lesson  
Doors Open 7pm

### Friday, July 31

Sons of Italy Brumidi Lodge - Deer Park  
2075 Deer Park Ave., Deer Park, NY  
Hosting Lourdes, Mario & Daniel.  
Dance Lesson: ChaCha

### Sunday, July 19

Huntington Moose Lodge  
631 Pulaski Rd, Greenlawn, NY  
Lourdes teaching a West Coast Swing Lesson  
& Practice Social \$15pp 2-5pm

For Dance Event Information text/call Lourdes: 845-702-1481 Email: [lourdes@divaballroomdancing.com](mailto:lourdes@divaballroomdancing.com)

For weather cancellations & class updates see us at: [divaballroomdancing.com](http://divaballroomdancing.com). Private Lessons available by appointment



## Dance with Donna De Simone

### \*\* PRINCIPLES OF MOVEMENT \*\*

This is a one hour full body & mind workout class for dancers (ALL welcome, Beginner-Advanced) Body stretch & strengthening for better Posture, balance and control. Designed for better partnering skills, musicality & self-awareness.

This course will run until **Tuesday July 28th**  
8:15pm-9:15pm • \$70 for 4 week month  
or \$25 walk-in fee per class.  
Paid by: cash, Zelle or check

"Principles of Movement" will continue through July!

### DancXchange

## "Club Night" Dance

Doors Open 6:45pm Student Practice • Free Lesson 7:15pm-8pm  
Open Dancing 8pm-11pm • Hustle • WCS • Country Two Step • Latin • Smooth  
No drinks in dance hall (bar area only) • No outside food or snacks  
Table Reservations Available for 6-10 People  
\$20pp Cash at the Door • Held Every 4th Friday of the Month.

FRIDAY  
JULY 24TH

Greenlawn Moose Lodge  
631 Pulaski Rd,  
Greenlawn NY 11740

## JULY GROUP CLASS SCHEDULE The DanceXchange Dance Studio

Registration is **NOW open** for **New & Existing** classes  
Group classes are 1 hour \$20pp paid monthly  
with \$10 discount or \$25 pay as you go.

### MONDAYS July 6, 13, 20, 27

7pm-8:00pm: Advanced Intermediate Hustle  
8:15pm-9:15pm: Slow Intermediate WCS

### TUESDAYS July 7, 14, 21, 28

7:15pm-8:15pm: Intermediate West Coast Swing  
8:15pm-9:15pm: open to all "Principles of Movement"

### WEDNESDAY July 8th only

6:30pm-7:30pm: Intermediate Country Two Step \$20pp  
7:30pm-9:30pm: Studio Practice Party \$10pp

### THURSDAYS July 2, 9, 16, 23, 30

7:15pm-8:15pm: Intermediate Hustle  
8:15pm-9:15pm: Beginner/Inter. Hustle



The DanceXchange Dance Studio, LLC  
290 Broad Hollow Rd.  
Suite LL150E, Melville NY 11747

516 375-8498

dancxchange@yahoo.com  
[www.donnadesimone.us](http://www.donnadesimone.us)



Facebook Group page:  
Dancing with Donna De



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# The Dance Conversation

## To You Who Are Standing Aside

By Sherry Jean Olander

What is it that keeps you from coming to the dances? What is it, that after you found a class, marked your calendar, and perhaps even shown up to the studio or ballroom, that makes you falter and not go after all? Perhaps you have taken a lesson or so, but leave soon after the class ends. Perhaps you watch for a while, toying with the idea of asking someone to dance or hoping that someone asks you, staying far away in a darker corner, not entirely sure you do want to get on the floor...do you know what it is that keeps you standing aside?

I've danced fairly consistently for over a decade, and I've seen beginners start with a bare grasp of rhythm eventually progress into confident dancers. Whatever age, whatever background, whatever skill or style you have – you have a right to find your place on the dancefloor.



Are you afraid? If so, I tell you that is okay. Fear is our friend and partner when something is new. Don't try to push it away! Turn toward it and see if you feel it somewhere in your body. See if you can ask it what it wants you to pay attention to or be careful of. Let it bring you the awareness to notice what you need and the energy to dare this new-to-you thing. (The same applies even if it's something you are returning to after many years away and what you fear is having lost something in that time). Fear has gifts for us if we can stay grounded, present in our bodies, continue to breathe, and listen...we can even learn to dance with it.

Are you waiting for permission? You don't need it but if you want it, take this as a declaration from me: You have my permission. What's more, you have the permission of the dancefloor. It exists before you, wooden and waiting; it will support you if you show up and simply begin. The dance floor holds the memories of every step anyone has taken on it. Mistakes, slips, and even falls – all of these are part of the stories it's seen, and it does not judge these things. It does not bar entry for those who are not perfect. The dance floor, too, has seen the moments of joy, of connection, of love, of pride and confidence, from all those who have stepped before. And that energy beckons you to add your part to its story.

Are you waiting to be “ready”? Well, my friend, this is something that may never fully happen. Usually this is just an excuse used by those of us plagued with perfectionism. It is important to listen to yourself and honor what's true for you, but make sure to ask yourself – what does ready look like? And after that – is this a reasonable expectation of myself? If you need a little time to get used to the idea, then take it, but don't let it take too long. Inertia can get in our way if we let it. Find a way to keep yourself from this trap. Set a deadline, plan a reward for yourself, bring a friend...there are many ways to help yourself cross the threshold. And it's perfectly okay to simply say to a perspective partner “I'm not sure if I'm ready, but I'd like to try.” Humans can be scary, but most of us who dance are pretty cool and understanding people.

Whatever your reasons for standing aside, I want you to know – I see you. If I can, I will speak to you and ask you to dance. Whatever keeps you away, please question it. If you are waiting to dare to find a joy in dancing, please know that the dance, the floor, and the community are waiting for you too.

*(Article was published in The Dance Calendar July 2025)*

# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## WEDNESDAY JULY 1

### DANCES

#### Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLL.com. 516-991-3208. Ad pg 3

#### Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$25 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 4

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Dennis, 5-6pm Kids Latin. 917-740-2755. Ad pg 7

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## THURSDAY JULY 2

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck, Queens

Dance w/Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am WC Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 5:15pm-6:15pm Kids class, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## FRIDAY JULY 3

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Mo-town, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 5

#### Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. Complimentary Beginner Lesson at 6PM With Shah. Dance 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$20pp includes a complimentary water, beer, wine, or soda, coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 4

### CLASSES

#### Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10am Bachata w/Lourdes, 11am Argentine Tango w/Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7



**Argentine Tango Lovers**  
**MONTHLY MILONGA**

Mirelle's 170 Post Ave. Westbury, NY

**Sunday, July 26**  
**7:30-11:00pm**

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Call ahead to secure: 631-495-1435  
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631-242-0686 or (cell) 631-495-1435

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For info call Sherry 631-495-1435 or Carmen 631-266-3691

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## SATURDAY JULY 4

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10-11am Jazzy dance class with Ximena, 11-12pm Salsa class with Ximena, 12-1pm Standard w/Laura, 1-2PM Latin class by Dennis. 5-6PM Salsa and Bachata class with Ximena. 917-740-2755. Ad pg 7

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## SUNDAY JULY 5

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir. Info 917-740-2755. Ad pg 7

# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## MONDAY JULY 6

### DANCES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

### CLASSES

#### **Deer Park**

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Int/Adv WCS, 5:45pm Adv WCS, 6:45pm Ballroom Mix, 7:45pm Latin Mix. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### **Little Neck, Queens**

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Salsa, 11am Argentine Tango 1/2. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10-11am Salsa w/Denis, 11am-12pm Argentine Tango w/Daniel, 1-2pm Adv Latin w/Alexsandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## TUESDAY JULY 7

### DANCES

#### **Greenlawn**

Join your friends at Swing Dance Long Island's Tuesday Pizza Night at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson at 7:30pm, DJ music at 8pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### **Westbury**

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour práctica! Learn Argentine Tango from Eran Polat and Omar Hechtendorf on alternating Tuesdays. Adm. \$35 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org Ad pg 13

### CLASSES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam. 917-740-2755. Ad pg 7

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm Intermediate West Coast Swing, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## WEDNESDAY JULY 8

### DANCES

#### **Deer Park**

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. Student Practice Party 7:30pm-9:30pm. \$10pp. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### **Merrick**

Join us for our Sizzling Summer Dansant Social at the Merrick Golf Course - 2550 Clubhouse Rd. (9E Meadowbrook). 1:30 to 4:30, \$12pp don. Bagels, variety of cream cheese, coffee, tea, cake. Bring your friends or make new ones, Complimentary Dance Lesson. Male hosts needed. Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Dance Teachers Welcome. Bring your partner or students. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

### CLASSES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Dennis, 5-6pm Kids Latin. 917-740-2755. Ad pg 7

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 6:30pm-7:30pm: Intermediate Country Two Step lesson \$20. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## THURSDAY JULY 9

### DANCES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### **Oyster Bay**

Dancing in the Street in front of 74 Audrey Ave. Oyster Bay Main Street invites you to it's 14th season! 6:30pm-9:30pm. Enjoy an evening of dancing under the stars with music and live demonstrations provided by a professional DJ! Web: www.oysterbaymainstreet.org. Ad pg 4

### CLASSES

#### **Little Neck, Queens**

Dance with Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am West Coast Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 5:15pm-6:15pm Kids class, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## FRIDAY JULY 10

### DANCES

#### Deer Park

Brumidi Lodge. 2075 Deer Park Ave. Join Dominick Paradise and the Sounds of Our Generation. Mangia, Music, Show & Dancing 7 PM to 11 PM. Tickets sold at the door. First come first served. \$25 per person includes Complementary lite dinner buffet, dessert, and coffee, and four hours nonstop entertainment, music, and dancing. Cash bar available. [www.sonsofitalyLI.com](http://www.sonsofitalyLI.com). 516-991-3208. Ad pg 3

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 5

#### Southampton

Dance Night presented by The Studio located at 33 Hill Street. Group class 7:30 to 8 PM, social dancing 8 to 9:30 PM. Light refreshments and appetizers provided. Pre-register \$35 or \$40 at the door. Info: [www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com) or email [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com) Ad pg 9

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10am Bachata with Lourdes, 11am Argentine Tango with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

## SATURDAY JULY 11

### DANCES

#### Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot Buffet Dinner and coffee/tea and dessert served. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash Bar for beverages, liquor, wine and beer. \$25 at the door, \$22 for members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Get A Free Bottle of Wine or Champagne for Your Birthday! \*Must be In Your Birthday Month with Proof of ID. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 8

#### Lake Ronkonkoma

Ballroom & Latin Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, coffee, tea, desserts & raffles. Singles & Couples. 631-581-8509 or 631-487-3203 or email [valmdance@yahoo.com](mailto:valmdance@yahoo.com) for directions, info or reserve a table. Ad pg 5

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance w/Live Band. 5-10pm Karaoke. 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10-11am Jazzy dance class with Ximena, 11-12pm Salsa class with Ximena, 12-1pm Standard w/Laura, 1-2PM Latin class by Dennis. 5-6PM Salsa and Bachata class with Ximena. 917-740-2755. Ad pg 7

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: [www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com) or email [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com) Ad pg 9

## SUNDAY JULY 12

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir. Info 917-740-2755. Ad pg 7

## MONDAY JULY 13

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

### CLASSES

#### Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Int/Adv WCS, 5:45pm Adv WCS, 6:45pm Ballroom Mix, 7:45pm Latin Mix. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Salsa, 11am Argentine Tango 1/2. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10-11am Salsa w/Denis, 11am-12pm Argentine Tango w/Daniel, 1-2pm Adv Latin w/Alexandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. [www.donnadesimone.us](http://www.donnadesimone.us). 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: [www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com) or email [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com) Ad pg 9

## TUESDAY JULY 14

### DANCES

#### Greenlawn

Join your friends for DJ and Social Dancing at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. West Coast Swing Lesson with Lourdes Cruz at 7:30pm. DJ and social dancing at 8pm. \$15/person. Discounts for members. Info: 631-476-3707 or [www.SDLI.org](http://www.SDLI.org). Ad pg 5

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour práctica! Learn Argentine Tango from Eran Polat and Omar Hechtendorf on alternating Tuesdays. Adm. \$35 Sherry: 631 242-0686 or cell: 631-495-1435. [www.ArgentineTangoLovers.org](http://www.ArgentineTangoLovers.org) Ad pg 13

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm Intermediate West Coast Swing, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. [www.donnadesimone.us](http://www.donnadesimone.us). 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: [www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com) or email [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com) Ad pg 9

# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## WEDNESDAY JULY 15

### DANCES

#### Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

#### Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$25 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 4

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Dennis, 5-6pm Kids Latin. 917-740-2755. Ad pg 7

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## THURSDAY JULY 16

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck, Queens

Dance with Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am West Coast Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 5:15pm-6:15pm Kids class, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## FRIDAY JULY 17

### DANCES

#### Deer Park

Club Brumidi. 2075 Deer Park Ave. 7pm Doors Open. Dance 7PM-11:00PM. A Night With "The Ultimate Entertainer" Louis Del Prete. Adm: \$25pp. A throwback to an era when artists actually "entertained". Louis can sing, dance & play an instrument! Dance Mix including Ballroom, Latin, Hustle, WCS & more! Complimentary light buffet, dessert, coffee, tea & cash bar. Singles tables available. Reservations of a FULL table (8+) call 516.819.9016 Ad pg 3

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

## Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 5

#### Merrick

Join us for our Sizzling Summer Dansant Social at the Merrick Golf Course - 2550 Clubhouse Rd. (9E Meadowbrook). 12:30 to 3:30, \$12pp don. Bagels, variety of cream cheese, coffee, tea, cake. Bring your friends or make new ones, Complimentary Dance Lesson. Male hosts needed. Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Dance Teachers Welcome. Bring your partner or students. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

#### Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. Complimentary Beginner Lesson at 6PM With Shah. Dance 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$20pp includes a complimentary water, beer, wine, or soda, coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 4

### CLASSES

#### Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10am Bachata with Lourdes, 11am Argentine Tango with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

## SATURDAY JULY 18

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 10-11am Jazzy dance class with Ximena, 11-12pm Salsa class with Ximena, 12-1pm Standard w/Laura, 1-2PM Latin class by Dennis. 5-6PM Salsa and Bachata class with Ximena. 917-740-2755. Ad pg 7

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## SUNDAY JULY 19

### DANCES

#### Greenlawn

Huntington Moose Lodge 631 Pulaski Rd, Lourdes teaching a West Coast Swing Lesson & Practice Social \$15pp 2-5pm. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir. Info 917-740-2755. Ad pg 7

# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## MONDAY JULY 20

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10-11am Salsa w/Denis, 11am-12pm Argentine Tango w/Daniel, 1-2pm Adv Latin w/Alexandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## TUESDAY JULY 21

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### Greenlawn

Join your friends for our Band Night with The Haymakers at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson at 7:30pm, Band performs at 8pm along with social dancing. \$20/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

#### Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially 7pm-10:30pm followed by a buffet dinner and a three hour práctica! Learn Argentine Tango from Eran Polat and Omar Hechtendorf on alternating Tuesdays. Adm. \$35 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org Ad pg 13

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 12-1pm Latin w/Yuriy, 1-2pm Standard w/Sam. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm Intermediate West Coast Swing, 8:15pm-9:15pm (open to all) Principles of Movement: A full body in mind workout class for dancers, both men and women beginner to advanced. Body stretch and strengthen for better posture, balance, and control through body movement of any style. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## WEDNESDAY JULY 22

### DANCES

#### Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

#### Merrick

Join us for our Sizzling Summer Dansant Social at the Merrick Golf Course - 2550 Clubhouse Rd. (9E Meadowbrook). 1:30 to 4:30, \$12pp don. Bagels, variety of cream cheese, coffee, tea, cake. Bring your friends or make new ones, Complimentary Dance Lesson. Male hosts needed. Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Dance Teachers Welcome. Bring your partner or students. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Dennis, 5-6pm Kids Latin. 917-740-2755. Ad pg 7

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## THURSDAY JULY 23

### DANCES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### Oyster Bay

Dancing in the Street in front of 74 Audrey Ave. Oyster Bay Main Street invites you to it's 14th season! 6:30pm-9:30pm. Enjoy an evening of dancing under the stars with music and live demonstrations provided by a professional DJ! Web: www.oysterbaymainstreet.org. Ad pg 4

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 5:15pm-6:15pm Kids class, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### Southampton

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## FRIDAY JULY 24

### DANCES

#### Deer Park

Brumidi Lodge. 2075 Deer Park Ave. Disco Night with Deverne-Williams & the Vintage Soul Band. \$45 per person includes buffet, dinner, dancing, beer, wine, soda. Cash bar, no tickets sold at the door. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

#### Greenlawn

Donna DeSimone's DancXchange Club at Greenlawn Moose Lodge. 631 Pulaski Rd. Hustle, WCS, Country Two step, Latin & Smooth. Doors open for student practice at 6:45pm. Free Hustle lesson 7:15pm-8pm. Open dancing 8pm-11pm. You can not bring drinks into hall, bar but you can bring your own food & snacks. Contact Donna for table reservations for 6 to 10 people \$20pp cash at the door. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 5

### CLASSES

#### Little Neck Queens

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10am Bachata with Lourdes, 11am Argentine Tango with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## SATURDAY JULY 25

### DANCES

#### **Elmhurst, Queens**

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot Buffet Dinner and coffee/tea and dessert served. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash Bar for beverages, liquor, wine and beer. \$25 at the door, \$22 for members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Get A Free Bottle of Wine or Champagne for Your Birthday! \*Must be In Your Birthday Month with Proof of ID. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 8

#### **Lake Ronkonkoma**

Ballroom & Latin Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, coffee, tea, desserts & raffles. Singles & Couples. 631-581-8509 or 631-487-3203 or email valmdance@yahoo.com for directions, info or reserve a table. Ad pg 5

#### **Little Neck Queens**

Spotlight Ballroom 245-24 Horace Harding Expy. Dance the Night Away with Louis Del Prete!! 7:30-10:30PM. Latin, West Coast Swing, Dance Mix, Hustle & more! FREE dance lesson at 7:30PM. Social dance with live DJ. Pro-Am Show! Dinner, Coffee & Cake. Info Thomas: 929-213-3283 or Jessica: 917-450-9834 Ad pg 7

### CLASSES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 10-11am Jazzy dance class with Ximena, 11-12pm Salsa class with Ximena, 12-1pm Standard w/ Laura, 1-2PM Latin class by Dennis. 5-6PM Salsa and Bachata class with Ximena. 917-740-2755. Ad pg 7

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 10:30am Ballroom. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## SUNDAY JULY 26

### DANCES

#### **Westbury**

Argentine Tango Monthly Milonga! Mirelle's 170 Post Ave. Performances by Rainier Pereira and Sonia Tekanofsky. Taxi Dancers! Hosted by Sherry, Carmen and Alberto! Please call ahead to secure your spot! Admission:\$40 PP Questions? Call Sherry: 631-242-0686 or (cell) 631-495-1435. www.ArgentineTangoLovers.org Ad pg 13

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-6pm Social Dance 917-740-2755. Ad pg 7

### CLASSES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 12-1pm Standard w/Laura, 1-2pm Latin w/Tagir. Info 917-740-2755. Ad pg 7 Ad pg 13

## MONDAY JULY 27

### DANCES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 7-8:30pm Country Line Dance. 917-740-2755. Ad pg 7

### CLASSES

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7pm-8:00pm: Advanced Intermediate Hustle, 8:15pm-9:15pm: Slow Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 10

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10-11am Salsa w/Denis, 11am-12pm Argentine Tango w/Daniel, 1-2pm Adv Latin w/Alexsandra, 2-3pm Standard w/Sam, 8:30-9:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: www.thestudiobyhillstreet.com or email info@thestudiobyhillstreet.com Ad pg 9

## TUESDAY JULY 28

### DANCES

#### **Greenlawn**

Join your friends for DJ and Social Dancing at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. East Coast Swing Lesson with Carol Fraser at 7:30pm. DJ and social dancing at 8pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 5

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### CLASSES

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#### **Southampton**

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# July 2026 Dance Calendar

(Please call advertisers ahead to confirm)

## WEDNESDAY JULY 29

### DANCES

#### **Deer Park**

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. \$25pp. [www.sonsofitalyLI.com](http://www.sonsofitalyLI.com). 516-991-3208. Ad pg 3

#### **Little Neck**

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$25 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216.

Ad pg 4

### CLASSES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 12-1pm Standard w/Sam, 1-2pm Latin w/Dennis, 5-6pm Kids Latin. 917-740-2755. Ad pg 7

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Monito teaching 7pm Latin Night. Info: [www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com) or email [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com) Ad pg 9

## THURSDAY JULY 30

### DANCES

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

### CLASSES

#### **Little Neck, Queens**

Dance with Daniel Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Hustle, 11am West Coast Swing. 845-702-1481. Info: Lourdes text/call 845-702-1481. Ad pg 10

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Spotlight Ballroom at 245-24 Horace Harding Expy, 10am Hustle w/Daniel, 11am-12pm Standards with Sam, 11am West Coast Swing w/Daniel, 12-1pm Latin w/Yuriy, 1-2pm All Dance w/James Zeng, 5:15pm-6:15pm Kids class, 7:30-8:30pm 10 Dance Beginners w/Kirill. 917-740-2755. Ad pg 7

#### **Melville**

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Beginner/Inter. Hustle. [www.donnadesimone.us](http://www.donnadesimone.us). 516.375.8498. Ad pg 10

#### **Southampton**

Adult Classes at The Studio located at 33 Hill Street. Join Val & Neda teaching 6pm Social Dancing, 7pm Latin Night, 8pm Ballroom. Info: [www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com) or email [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com) Ad pg 9

## FRIDAY JULY 31

### DANCES

#### **Deer Park**

Club Brumidi. 2075 Deer Park Ave. 7pm Doors Open. Dance 7PM-11:00PM. Hosting Lourdes, Mario & Daniel. Dance Lesson: ChaCha 7:30-8PM. Social Dance Mix with Music by DJ Gene & Joanne. \$25pp includes Complimentary Buffet, Coffee, Tea, Dessert & Cash Bar. [www.sonsofitalyLI.com](http://www.sonsofitalyLI.com). 516-991-3208. Ad pg 3

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 2-5pm Social Dance. 917-740-2755. Ad pg 7

#### **Massapequa**

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 5

### CLASSES

#### **Little Neck, Queens**

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Expy. 10am Bachata, 11am Country 2 Step. Info: Lourdes text/call 845-702-1481. Ad pg 10

#### **Little Neck Queens**

Spotlight Ballroom at 245-24 Horace Harding Expy. 9:30-10:30am Adult Hip Hop w/Kevin, 10am Bachata with Lourdes, 11am Argentine Tango with Lourdes, 12-1pm Standard w/Anatolii, 1-2pm Latin w/Kirill. 917-740-2755. Ad pg 7

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# KICK UP YOUR BOOTS

## TOP COUNTRY LINE SPOTS



### LONG ISLAND (NASSAU/SUFFOLK)

Line dancing with the Salty Cowboy  
Line dance lessons and dancing  
saltycowboyny@gmail.com  
631-704-5092  
Facebook: greg.saltzman.58

Tap Room Country  
Country Night  
47-51 North Village Ave.  
Rockville Centre, NY 11570  
IG: taproomcountry | www.taproomofny.com

Country City Line Dancing  
3501 Merrick Rd.  
Seaford, NY  
Offers absolute beginner classes  
Jenn@Countrycityofficial.com  
www.countrycityofficial.com

KOC Massapequa Park with Jenn  
Located at the West Beach Building  
<https://www.instagram.com/p/DTEOR7GEVQM/>

Dancing with Deanna  
Offers beginner classes  
www.dancingwithdeanna.com/heritagecenter2025

Levittown Hall  
201 Levittown Parkway  
Hicksville, NY 11801  
www.hempsteadny.gov/297/Line-Dancing

The Nutty Irishman  
323 Main St.  
Farmingdale, NY 11735  
Country Nights Dancing  
516-293-9700  
www.thenuttyirishman.com

Long Island Country Music Association  
A non-profit organization dedicated to the advancement of Country Music & Dance on Long Island. Runs a dance each month from September through June featuring live band, DJ, and instruction.  
516-775-5678  
licma@licma.org  
www.LICMA.org

Country Line Dance  
Upstairs at Michael's Billiards  
4060 Austin Blvd.  
Island Park, NY  
(516) 548-7707  
michaelsbilliardsny@aol.com  
www.michaelsbilliardsny.com

Line Dance with Ray  
www.linedancewithray.com  
(631) 294-8691  
linedancewithray@gmail.com

The DancXchange with Donna Desimone  
Huntington Moose Lodge  
631 Pulaski Rd.  
Greenlawn, NY 11740  
Monthly dance: Hustle, WCS, Country Two Step, Latin & Smooth  
www.donnadesimone.us  
(516) 375-8498  
dancxchange@yahoo.com

Line Dancing with Jenn  
Facebook: Line-Dancing-With-Jenn  
(631) 275-6609  
linedancingwithjenn@aol.com

Line Dance with Elena  
Huntington Moose Lodge  
Greenlawn, NY  
631 Pulaski Rd.  
Greenlawn, NY 11740  
linedancewithelena@aol.com  
Facebook: Line Dance with Elena

Dancing in Line with Helen  
Line dance instruction for anyone looking to have fun while exercising and socializing.  
Facebook: Dancing in Line with Helen  
dancinginlinewithhelen@gmail.com

Line Dance Lessons with Bill  
Sayville VFW Post 433  
400 Lakeland Ave.  
Sayville, NY 11782  
mordain@optonline.net  
Facebook: LinedancingwithBill

Line Dancing  
Huntington Moose Lodge  
631 Pulaski Rd.  
Greenlawn, NY 11740  
631-757-2777

Line Dancing  
Jameson's Bar & Grill  
661 Old Willet's Path  
Hauppauge, NY 11788  
631-818-5266  
www.jamesonsbarandgrille.com/event

89 North  
89 N Ocean Ave  
Patchogue, New York 11772  
Country line dance lessons and country DJ  
631-730-8992  
Info@89NorthMusicVenue.com  
www.89northmusic.com

Line Dancing  
Lindenhurst Moose Lodge  
883 South Broadway  
Lindenhurst, NY  
(631) 226-4364

### QUEENS/BROOKLYN/NYC

Community Line Dancing Experience  
Rochdale Village Community Center  
169-65 137th Ave.  
Jamaica, NY 11434  
ybrannon@rochdalevillage.com

Molly & June's Honky Tonk  
Line Dance Classes & Country Music  
IG: mollyandjunes | www.mollyandjunes.com

Molly & June's Honky Tonk  
Line Dance Classes & Country Music  
IG: mollyandjunes | www.mollyandjunes.com

Big Apple Ranch  
NYC's Home for Country Western Dancing  
EPA Dance Studios  
320 W. 37th St., 2nd Fl. NYC, NY  
ranch@bigappleranch.com | www.bigappleranch.com

Line Dance Classes with Rona Kaye  
Studio 382  
382 Central Park West (enter on 97th St)  
RonaKaye112@yahoo.com  
www.ronakaye.com

Desert 5 Spot  
The Ultimate Country music lovers watering hole and boot country - Buck Wild & Baby Buck, Line Dancing and country dance lessons  
94 Wythe Ave.  
Brooklyn, NY  
IG: desertfivespotny | www.desertfivespot.com

### UPSTATE

Cherko Country Line Dancing  
Weekly classes, private lessons, parties, events, fundraisers, DJ services  
914-490-8650  
www.cherkocountry.com

New York State of Line  
Villa Roma Resort  
Catskills, NY  
www.newyorkstateofline.com

Standard Western Line Dance Showdown  
Blue Arrow Farm  
Pine Island, NY  
702-883-2455  
info@standard-western.com  
www.standard-western.com/showdown-event/new-york-qualifier

For current schedules and event details, please contact venues directly.

## Dance Events

### **375 Dance Studio**

375 Westbury Avenue  
Carle Place, NY 11514  
516.500.9375  
[www.375dancestudio.com](http://www.375dancestudio.com)

### **Social Dancing with DJ Scott**

Knights of Columbus  
Hall 38, W. 1st Street  
Patchogue, NY 11772  
631.277.7774 or 631.513.1055

### **Argentine Tango Lovers of LI**

Mirelle's  
170 Post Ave.  
Westbury, NY 11590  
631.242.0686  
[www.ArgentineTangoLovers.org](http://www.ArgentineTangoLovers.org)

### **Club Brumidi Social Dancing**

2075 Deer Pk Avenue  
Deer Park, NY 11729  
516.991.3208  
[www.sonsofitalyLI.com](http://www.sonsofitalyLI.com)

### **Contemporary Singles Dances by DJ Jerry**

516.520.9385  
VFW 400 Lakeland Avenue  
Sayville, NY 11782  
and...  
2301 Penatiquit Avenue  
Seaford, NY 11783

### **Dance to the Sounds of DJ Ray Oldies Nights**

Massapequa Elks Lodge  
2162 Veterans Blvd. Massapequa, NY  
516.385.1720

### **Dance with DJ Pedro Ballroom Mix**

Spotlight Studio  
245-24 Horace Harding Expy  
Little Neck, NY 11362  
718.640.8216

### **Dance with Louis Del Prete Thursday Nights**

Mirelle's  
170 Post Road  
Westbury, NY 11590

### **Dance with Donna DeSimone DancXchange Club Nights**

Huntington Moose Lodge  
631 Pulaski Rd  
Greenlawn, NY 11740  
516.375.8498  
[www.donnadesimone.us](http://www.donnadesimone.us)

### **Italian Charities of America Saturday Night Dances**

83-20 Queens Blvd  
Elmhurst, NY 11373  
718-478-3100  
[www.italiancharities.org](http://www.italiancharities.org)

### **Nick & Pearl's Society Tempo Grand Kismet Dances**

Merrick Golf Course Dansant  
2550 Clubhouse Rd. (M9E Meadow-  
brook Pkwy)  
Merrick, NY 11566  
718.332.7825  
Email: [dancezee@aol.com](mailto:dancezee@aol.com)

### **Spotlight Dance Studio**

245-24 Horace Harding Expy  
Little Neck, NY  
917-740-2755  
[www.spotlightdancenyc.com](http://www.spotlightdancenyc.com)  
[spotlightballroomnyc@gmail.com](mailto:spotlightballroomnyc@gmail.com)

### **Stardust Dance Productions**

Villa Roma Resort  
356 Villa Roma Road  
Callicoon, NY 12723  
845.794.4982  
[www.StardustDance.com](http://www.StardustDance.com)

### **Swing Dance Long Island**

Huntington Moose Lodge  
631 Pulaski Road  
Greenlawn, NY 11740  
631-476-3707  
[www.SDLI.org](http://www.SDLI.org)

### **Waterfalls Ballroom - Ballroom Dancing**

400 Cassata Road  
Lake Ronkonkoma, NY 11779  
631-581-8509 or 631-487-3203  
Email: [valmdance@yahoo.com](mailto:valmdance@yahoo.com)

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## Dance Instructors and Studios

### **The Studio by Hill Street**

33 Hill Street  
Southampton, NY 11968  
Email: [info@thestudiobyhillstreet.com](mailto:info@thestudiobyhillstreet.com)  
[www.thestudiobyhillstreet.com](http://www.thestudiobyhillstreet.com)

### **375 Dance Studio**

375 Westbury Avenue  
Carle Place, NY 11514  
516.500.9375  
[www.375dancestudio.com](http://www.375dancestudio.com)

### **Dance with DonnaMarie Portelli**

Teaching competitive, social, Latin, Ballroom and Theatre Arts.  
631-398-8054  
Email: [portellidm@gmail.com](mailto:portellidm@gmail.com)  
Group classes at Long Island Health and Racket on Tuesdays and Wednesdays.  
607 Middle Country Road  
Coram, NY 11727

### **Donna DeSimone's DancXchange**

Group and Private Ballroom instruction specializing in Hustle and West Coast Swing.  
2 Locations (Call for schedules):  
The DancXchange Dance  
290 Broad Hollow Rd., Suite LL150E  
Atrium Level Melville, NY 11747  
and...  
Attitudes in Motion  
756 Old Bethpage Rd.  
Old Bethpage, NY 11804  
Cell: 516-375-8498  
Email: [dancxchange@yahoo.com](mailto:dancxchange@yahoo.com)  
[www.donnadesimone.us](http://www.donnadesimone.us)

### **KL Dance - Lori Ann & Kelvin Roche**

Teaching all Ballroom styles including Hustle, Jive, Cha Cha, Rumba, Mambo  
631-332-8883

### **Lourdes Cruz**

Teaching group and private Ballroom instruction specializing in American Style Ballroom & Latin, Folk, Belly Dance, West Coast Swing, Argentine Tango and Hustle.  
Text/call: 845-702-1481  
Email: [lourdes@divaballroomdancing.com](mailto:lourdes@divaballroomdancing.com)

### **Latin Ballroom Lessons with Michelle Vicale**

Latin Ballroom Lessons was established in 2017. A home-based, private studio located in Ronkonkoma, NY is the perfect setting for intimate, private lessons with singles or couples.  
Beginner to advanced levels are taught.  
Dance with us today!  
631-901-4433  
[www.latinballroomlessons.com](http://www.latinballroomlessons.com)  
Email: [Michelle@latinballroomlessons.com](mailto:Michelle@latinballroomlessons.com)

### **Dancing Made Simple**

Learn to Dance from Home!  
<https://dancing-made-simple.teachable.com/>

### **Mark James and Karen Lupo**

Available to teach Privates & Groups Salsa, Latin, Smooth WCS, Hustle & Line Dances  
516-835-9996  
[www.UltimateDanceZone.com](http://www.UltimateDanceZone.com)

### **New York Ballroom Dance with Ken Broggelwirth**

Serving Long Island, Suffolk and Nassau counties. NDCA registered, Certified Dance Teacher, Professional Competitor & Competition Adjudicator. Teaches private lessons in all styles of competition and social dance. Learn to dance Ballroom, Latin, Disco, Hustle, Swing, Argentine Tango, Western & more. Member AIDA, US Terpsichore, Pro Dancers Federation.  
516-769-8301  
Email: [kbroggel@optonline.net](mailto:kbroggel@optonline.net)

### **Rosalie Keane**

Providing individual instruction in American and International styles of Ballroom and Latin including Bachata and Salsa and Country Two Step and West Coast Swing. Instruction also available for your wedding day special dance.  
350 Higbie Lane  
West Islip, NY  
631-987-8924  
Email: [rubarose@icloud.com](mailto:rubarose@icloud.com)

### **Richard Fiore**

Licentiate, (LAB, LAR, T) Imperial Society of Teachers of Dancing. Refine your skills in the most popular ballroom dances! Best practice syllabus based techniques.  
516-398-6145  
Email: [RF1111@yahoo.com](mailto:RF1111@yahoo.com)

### **Spotlight Dance Studio**

Teaching International Ballroom, West Coast swing, Bachata, Argentine Tango, Salsa and more! Offering group classes, private lessons, wedding couple dance, hip-hop, and social dance parties!  
245-24 Horace Harding Expy  
Little Neck, NY  
917-740-2755  
[www.spotlightdancenyc.com](http://www.spotlightdancenyc.com)  
[spotlightballroomnyc@gmail.com](mailto:spotlightballroomnyc@gmail.com)

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# The dance CALENDAR

## Connecting the Dance Community

For over 15 years, The Dance Calendar has been regarded as the go-to source for finding dance events and instruction. Our mission is to bring the dance community together and to promote weekly and monthly dance events of all styles!

**Please call advertisers ahead to confirm dates, times and locations. Posted information may be subject to cancellation and/or rescheduling.**

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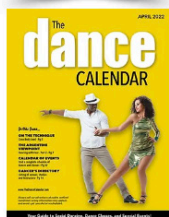
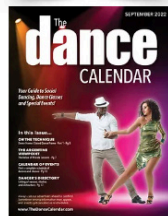
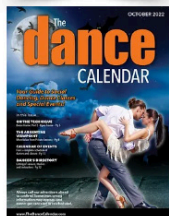
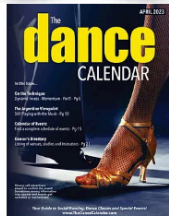
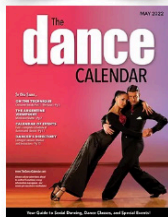
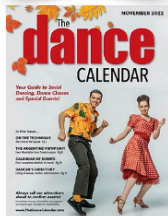
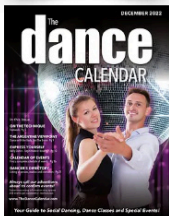
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### SUBMIT AN ARTICLE

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### QUESTIONS/COMMENTS?

Call Loren at 631-374-1161 or email [info@TheDanceCalendar.com](mailto:info@TheDanceCalendar.com)



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Please join The Dance Calendar's **FACEBOOK GROUP** Unlike a Facebook page, a group is an interactive space to post and share events in a community feed, to chat with other members, to seek dance partners, and to even sell your dance related items!!

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