

JULY 2019

The dance CALENDAR

SERVING METRO NEW YORK

In this Issue...

ON THE TECHNIQUE

Stay Relaxed - Pg 4

CALENDAR OF EVENTS

Find a dance class or event ... Salsa, Hustle, Swing, Foxtrot and much more! Pg 6

MIKE'S LESSON

Old Paradigm to Teach Argentine Tango Part 3 - Pg 8

IN STEP WITH STEPHANIE

Medal Test Program - Pg 9

ASK THE DANCE DOCTOR

Dance Advice - Pg 10

ABOUT THE BALLROOM

SAFETY on the Dance Floor:
Be the Solution - Pg 11



Always call our advertisers prior to attending a listed event to confirm! Unfortunately, wrong information may appear, and events get canceled or rescheduled.

www.TheDanceCalendar.com

Your Guide to Social Dancing, Classes, Workshops and Special Dance Events!

LOUIS DEL PRETE

Presents

Sunday, July 21st

7PM-11AM. \$14 Adm.

Saturday, July 27th

****Wear Black & White Party****

8PM-12AM. \$15 Adm.

Tuesday, July 9th

7:30PM - 11:00PM. \$10 Adm.

**Every Thursday Night
DANCE CLUB**

(NO DANCE THURSDAY, JULY 4TH)

7:30-11:30PM. \$14 Adm., \$10 After 9:30PM

**BALLROOM
& LATIN
DANCING**

Free Lesson • Door Prizes, 50/50 Raffle • Coffee • Tea
Cake • Cash Bar • Fruit & Vegetable Platters • Large Dance
Floor • Ample Parking • Singles & Couples!!

DEER PARK VFW HALL
588 LONG ISLAND AVENUE DEER PARK, NY 11729



**STRICTLY
Latin
DANCING**

Bachata Dance lesson w/Louis! • Plenty of parking.

Butterfields

661 OLD WILLETS PATH - HAUPPAUGE, NY 11788
WWW.BUTTERFIELDSRESTAURANT.BIZ

**Salsa • Hustle • WCS
Bachata • Cha Cha Cha • Merengue**

Music for your dancing pleasure!

Free Lesson 7:30pm with Louis! • Hot Buffet • Cash Bar • Door Prizes
Large Dance Floor • Air Conditioned • Ample Parking • Singles & Couples

Mirelle's

170 POST AVENUE WESTBURY, NY 11590

FOR MORE INFORMATION: CALL LOUIS AT 516.819.9016

**BALLROOM
& LATIN MIX**

**SUNDAY
NIGHTS**

Party starts at 6pm
Dance: 6:30-10:30pm
\$18.00 pp

**No dance
will be
held Sunday,
July 21st**

**Hot Buffet,
Dessert
& Coffee**

**Dance
Lesson with
Wingo and
Maria**

**Singles
& Couples
Welcome!**

**Singles
Table
Available**

**NEW
ENLARGED
DANCE
FLOOR!**

**Hollis Hills
Bayside Jewish Center**
210-10 Union Turnpike, Hollis Hills, NY 11364

Free admission for dance instructors with 3 or more
students. ID Required. Private & Group lessons available.

*Saturday night
dances will resume at
the end of August*

For reservations or additional information Call Nancy at **718-747-2230**

Rudanceny
BALLROOM DANCE SCHOOL

New Location! New Friends! New Dance!

Rudanceny Long Island

284 Main Street, Port Washington, NY 11050
917.868.5130 or 917.968.0435 • www.Rudancelongisland.com



JULY 5, 12, 19 & 26
**ICE CREAMY SUMMER FRIDAY
SOCIAL DANCE PARTY**
Summer Salsa Tango Party!
7:30-8 Free Lesson! 8-10:30pm Dance Party!
Early Bird/\$18. \$25 at door



SATURDAY, JULY 27
MONTHLY DANCE PARTY
With Showcase!

Early Bird \$25/Person • At Door \$30/Person
(Refreshments and raffle, free lesson
at 7:30pm) After 9 pm \$16/Person



New place, new friends, new dancers!
Adults & Kids, Singles & Couples Dance Classes
Space / Private Parties / Teaching Rental Available

Please also come see visit our Queens location:
Rudanceny Ballroom Dance School Flushing

132-01 Roosevelt Ave., 2F, Flushing NY 11354 - Tel: 718-358-3903 • www.Rudanceny.com

Dance with Wingo Hom and Maria Afanador

Certified in West Coast Swing, Hustle, Full Bronze/Silver Level in 12 American Ballroom and Rhythm Styles

Web site: www.DanceWithWingoAndMaria.com • Email: DanceWithWingoAndMaria@gmail.com

(Wingo) 917-817-2020
(Maria) 908-875-8420



**Maria Afanador
& Wingo Hom**
"The Dance Doctor"

12 Time Top Teacher
Award Winner!

Private Lessons by appointment.
Discounted Private/Group Packages.
Gift Certificates Available.

**All classes 1 for \$15,
2 for \$25 or 3 for \$35**

Classes at Zawacki Dance and Workout

55 Lumber Road, Suite J, Roslyn, NY 11576

(Use double door entrance on the right side of building beyond gas pumps)

Sundays: West Coast Swing & Hustle

Classes held 7/7, 7/14, 7/21 & 7/28

NEW TIME 7pm-8pm West Coast Swing Intermediate

NEW TIME 8pm-9pm Hustle Intermediate/Advance

Tuesdays: Advance Beginner West Coast Swing

Class held: 7/2, 7/9, 7/16, 7/23 & 7/30

12:30pm-1:30pm

Wednesdays: NEW Beginner West Coast Swing

Class held: 7/3, 7/10, 7/17, 7/24 & 7/31

7:15pm-8:15pm

Thursdays: Advance Beginner West Coast Swing

Class held: 7/11, 7/18 & 7/25 (7/4 NO CLASS)

12:30pm-1:30pm

Classes at Hollis Hills Bayside Jewish Center

210-10 Union Turnpike, Hollis Hills, NY 11364

Thursdays: Foxtrot, Rumba, Cha Cha & WCS

Classes held: 7/11*, 7/18 & 7/25 (7/4 NO CLASS)

*7/11 Review 8pm-9pm Foxtrot and 9pm-10pm Rumba

8pm-9pm Cha Cha Advance Beginner

9pm-10pm West Coast Swing Advance Beginner

Sundays: 7/7, 7/14 & 7/28 (No dance July 21)

6pm-6:30pm Complimentary Lesson with Wingo & Maria.

6:30pm-10:30pm Social. \$18

Monthly Ballroom/Latin/WCS/Hustle/ Country 2 Step Social at The Polish American Cultural Association

5 Pulaski Place, Port Washington, NY 11050



Friday, July 19th

White Party Theme



7pm-7:30pm Complimentary Foxtrot Lesson by Wingo & Maria
7:30pm-11pm Social Dancing • Music by Wingo & Maria • \$15

Future Dances:

Saturday, August 24th & Friday, Sept. 6th

Workshop & Classes at Tropical Fitness

49 Bethpage Road, Hicksville, NY 11801

Saturday, 7/27: Cha Cha Workshop

11am-1pm Advance Beginner/Intermediate Level. \$20

Mondays: Salsa on 1, West Coast Swing & American Tango

Classes held: 7/1, 7/8, 7/15, 7/22 & 7/29

7pm-8pm Salsa on 1 Intermediate/Advance

8pm-9pm West Coast Swing Intermediate

9pm-10pm American Tango Intermediate/Advance



Group Classes & Socials for July

**\$15 Walk-in
Classes**

LATIN & BALLROOM DANCE PARTY SATURDAY, JULY 6TH

8PM-12AM. \$15 PER PERSON

SNACKS, REFRESHMENTS, COFFEE & CAKE

CALL FOR RESERVATIONS

Studio closed July 1st-5th

**MONDAYS, TUESDAYS
& THURSDAYS**

Private Lessons

FRIDAYS

6:45pm Bronze Class

7:30pm Silver Class

8:15pm Open Variety Class

SATURDAYS

11:45am Beginner Ballroom

12:30pm Beginner Latin

THE SAVOY ON 5TH: LIVE STAGE SHOW!

SATURDAY, JULY 20TH

7PM-11PM. \$35 PER PERSON

LIVE BAND | LIVE STAGE PERFORMANCE

CALL FOR TICKETS!

631-665-1766

5 5TH AVENUE, BAY SHORE, NY 11706

FLOOR SPACE AVAILABLE FOR RENTAL

Latin & Ballroom Dance Zone

SALSA • BALLROOM • HUSTLE • DANCE MIX

Wantagh Jewish Center 3710 Woodbine Ave. Wantagh, NY 11793

OUR NEXT SATURDAY DANCE IS IN OCTOBER

8:30pm-12:30am. \$15PP Adm. Includes Dance Lesson by Mark, Cakes & Snacks, Bagels, Fruit Platters, 50/50, Door Prizes. Couples & Singles Welcome! Dance hosts available.

July 12th & 26th Mark will be at Dancing in The Streets in Oyster Bay

RHYTHMOLOGY 361 Union Ave. Westbury 11590

Sabado de Rumba!

SATURDAY, JULY 13TH

9pm-2am. PreSale: \$10 • Door: \$12 before 10pm • \$15 after 10pm
2 rooms: 1) Salsa, Bachata & Merengue 2) Hustle w/ DJ Mark James

Mark James teaching Hustle

JULY 14, 21, 28 & AUG 4 & 11

4pm Beginner

5pm Intermediate/Adv.

NEW! 6pm West Coast Swing
\$75 for 5 weeks

www.UltimateDanceZone.com • 516.835.9996

Reno's Friday Dance

Latin & Ballroom Mix

Fridays July 5, 12 & 26

7:30pm-11:30pm



Music by DJ Gene

(Please call ahead to confirm dances)

**\$18pp Adm. incl.
Complimentary
Hot Buffet,
Dessert
and Coffee!**

KNIGHTS OF COLUMBUS - 186 Jericho Tpke. Mineola, NY

For more information call Gene at 516.991.3208

Stay Relaxed

By Richard Fiore

(Licentiate, (LAB, LAR, T) US Imperial Society of Teachers of Dancing)



Ballroom dancing is a very gratifying activity that provides individuals with many years of creative recreational enjoyment. This article centers on the benefits of staying relaxed while on the dance floor. Being mindful of this makes dancing a most pleasant experience.

There are many reasons why people tense up while on the dance floor. Some just simply have a fear of dancing. This is known as 'chorophobia' which has its origins in the Greek language and literally means 'fear of dancing'. Maintaining a relaxed state requires a great deal of self-awareness especially on the dance floor. Some individuals may become anxious in social dance environments while others are more naturally relaxed. Here are some underlying causes for dance floor uneasiness. Newer dancers, for example, may lack confidence due to limited ballroom dance experience. They may easily become self-conscious and overly concerned that others are judging their dance abilities. This is actually a common overreaction as most dancers are usually not paying attention to or judging others' skills at a social dance. Another common cause for uneasiness is brought on by the perception that your partner is more experienced and there-

fore has expectations that exceeds your actual skill level. This can create a sense of uneasiness for both partners. In this circumstance your partner may be showing subtle signs of frustration throughout the dance. While this is never a good thing, it is likely to further hinder one's ability to stay relaxed. There is something to be learned here about developing good partnering skills with each other.

Perhaps one of the biggest causes for uneasiness is brought about when one or both partners do not adequately understand their specific lead and follow roles. Both partners are responsible for knowing their essential role as leader and follower respectively. It is especially important for the leader to quickly assess their partner's skill level. For example, if the leader has more experience, he will need to accommodate the follower accordingly. The leader should never dance beyond the follower's capability in an attempt to show off or for any other reason. Instead he should avoid overly complicated dance figures that his partner cannot follow. This would put the follower at a disadvantage, thereby making it more difficult for her to relax throughout the dance. This is all too common and creates unnecessary anxiety for both partners. Likewise, followers need to know how to properly respond to the leader's signals. Followers need to be careful not to push or pull against the lead. The lady has to resist the temptation of back-leading even if she thinks the leader is not guiding her correctly. She needs to allow the man to lead her through the entire dance. These and other similar practices have a tendency to generate unnecessary stress.

Dance floor anxiety is further exacerbated in crowded dance environments. Special attention always has to be given to collision avoidance with other dancers and objects. This requires a skill known as floor craft, which defines the ability of skillfully navigating around other dancers and objects as needed in order to avoid collision. Floor craft takes considerable experience especially on the part of the leader. The follower also has to have a level of confidence that the leader is proceeding safely. Implementation of a floor craft strategy is always easier when both partners are alert and relaxed. The combination of good floor craft skills and staying relaxed is an excellent way to foster a safer and more enjoyable dance experience. This is an ongoing process that becomes more naturally developed over time.

The following are some basic ways that dancers' can condition themselves to relax more while on the dance floor. First and foremost is to be present in your own dance experience. Stay focused



Dance with Lynn

Learn to Move or Improve! It's Fun & Easy!

Monday Evening Classes

7:30pm Foxtrot/Waltz

8:15pm Rumba

6 weeks from July 8 to August 12. (No class July 1)

*Private Lessons and Advanced Classes by Appointment.
Beginners are welcome!*

email: lynn.rudin.dance@gmail.com

516-795-5554 • www.dancewithlynn.com

Complete Ballroom Dance Experience!

Professional Studio with wood floor & mirrors!

Refine your skills in the most popular ballroom dances!

Best practice syllabus based techniques.

Join us at Adelphi University Garden City, NY Campus for an Amazing 11 week Dance Class

ALL IN ONE CLASS

Every Friday 7pm to 8:30pm
Starting September 20 - December 6

LEARN TO DANCE THE MOST POPULAR BALLROOM, RHYTHM AND LATIN DANCES... THE RIGHT WAY!

Call Noreen to register at (516) 877-4260
or Richard Fiore at (516) 398-6145
or by e-mail at RF1111@yahoo.com

on what you are doing while allowing yourself to enjoy every aspect of the dance. Wear a big smile as you move through the dance. Breathe naturally, fully and rhythmically, as this will always make it easier to stay relaxed in any situation. Support each other's state of enjoyment. This approach is sure to bring the best out in each other.

When watching talented competition dancers, it is so vividly clear that these dancers simply love what they are doing. They convey a strong sense of relaxation and self-assurance. These dancers never appear erratic or fearful. Their expression of joy is front and foremost in each moment. This type of relaxed creative expression has always helped competition dancers win many accolades as well as to inspire their spectators.

BARNEY & DEBBIE'S DANCE OBSESSION

Monday Night Madness taught by Debbie

Starts Monday, July 1st. 1 class for \$40, 2 for \$80, 3 for \$100.

Best Value - 4 classes for 4 weeks (16 classes \$125).

Pay as you go per class \$15. (No Class on Monday, July 15th)

6PM Newcomer Tango & Samba • 6:45PM Novice Tango & Samba

7:30PM Intermediate Tango • 8:15PM Intermediate Samba



Friday Night Group is Swing/Lindy!

Starts 8pm. Social following group 9-11pm.

8 teachers to dance with. \$10 students, \$12 guests.

No Party/Group on Friday, July 5

Friday, July 26th

Sock Hop!

8:30pm-11:00pm
(\$17 by 7/17. \$20 thereafter,
\$25 @ the door)



Like us on Facebook: Dance Obsession Ballroom Studio
Mention The Dance Calendar for your Complimentary private lesson

516-753-2121 • 18 Hempstead Tpke. Farmingdale, NY 11735 • www.danceobsession.com

Donna DeSimone's

"Workin' the Westie" Friday, July 26th

Moose Lodge, 631 Pulaski Rd., Greenlawn, NY 11740

Two 90-min workshops 7:30-9pm (choose one) Interm. Embellishments or Beg. WCS.

Followed by Social Dance playing WCS, Hustle, ECS, Country 2-Step, dance sets of Ballroom & Latin. Male & Female Hosts available for singles. 9-11:30pm

DancXchange "Club Night" California Mix: Sunday, July 28th

Sons of Italy, 2075 Deer Park Ave., Deer Park, NY 11729

6:30pm-7:15pm Complimentary Inter. Hustle lesson. Dancing 7:15-10:30pm.

Cash Bar, Large tables for seating, reserve a table for 8 or more people.

Light snacks of cheese & crackers, fresh fruit, dessert & more! \$20pp

For a list of Donna's schedule and Dance Parties:
www.donnadesimone.us

Contact Donna 516.375.8498 • dancxchange@yahoo.com



Social Dance Party

Friday, July 19th 8pm-10:30pm

Have fun dancing with our instructors, meet fellow students and enjoy great music and food! Featuring all your favorite Ballroom & Latin dances. Adm. \$15 pp. **Don't miss All Levels Salsa Group Class before the social from 7:15pm-8pm!**

Kids Summer Dance Camp

1st Session: Monday, July 15 through Friday, July 19

2nd Session: Monday, Aug 26 through Friday, Aug. 30

Both sessions are held 10am-5pm.

A fun filled week that combines outdoor activities, fitness and dance! Your child will make memories, exercise and learn to dance from our top instructors! Ages 6 - 15 welcome!



Ballroom Palace is located at The Waterfront at Roslyn

55 Lumber Rd., Roslyn, NY 11576 • 516.801.1682 • www.ballroompalace.com



Long Island Dance Studio
235K Robbins Ln.
Syosset, NY 11791

Info: (516) 996-3554

Gold Coast / Showcase Events

Presents

their 5th Bi-Annual
Showcase Event
of the Year



Adm includes DJ, food & social dancing!

Sunday, July 28 at 1:30pm

Royal Order of Moose 631 Pulaski Rd. Greenlawn, NY

Spectacular dancers giving all the Ballroom Teachers on Long Island the opportunity to exhibit their students outside of schools in a non-competitive environment. Includes events in Rhythm, Smooth, Latin and Standard and Theatre Arts. Additional features include, solo/group exhibitions.

Come and see your local Teacher & Ballroom enthusiastic dancers perform.

Tickets: www.dancestudio-pro.com/tickets/dancewithustickets



Italian Charities of America

Saturday Night Dances!

July 13th and July 27rd

8pm-12am

Live DJ spinning a great mix of classics, oldies, Top 40, Italian & Latin music!

Bring your dancing shoes, bring a partner or grab one on the floor!

\$12 at door / \$10 members. Soda, liquor, wine & beer not included but available for purchase. A light dinner will be served as well as coffee, tea & dessert. Proper Attire! Door prizes & 50/50 raffle.

Call for more information about our dances and other events at

718-478-3100

Italian Charities of America, Inc. 83-20 Queens Blvd. Elmhurst NY 11373

Email: italiancharitiesofamerica@gmail.com

Like us on Facebook

www.facebook.com/italiancharitiesofamerica



Always call our advertisers prior to attending a listed event to confirm! Unfortunately, errors may appear, and events get canceled or rescheduled.

OYSTER BAY MAIN STREET ASSOCIATION'S

DANCING IN THE STREET!

9TH SEASON!

FREE EVENT!

JULY 5TH • 12TH • 19TH & 26TH

AUGUST 2ND & 9TH

JOIN US FRIDAYS FROM 7 TO 9 PM

IN FRONT OF 74 AUDREY AVE, OYSTER BAY, NY 11771

SPONSORED BY: BMW OF OYSTER BAY

The dance CALENDAR

To place an ad
call Loren at
631.374.1161
or email

info@TheDanceCalendar.com

Materials are due the
11th of the month for the
following month's issue.
Inquire for a rate card.



CALENDAR OF EVENTS

Always call our advertisers prior to attending a listed event to confirm! Unfortunately, errors may appear, and events get canceled or rescheduled.

MON JULY 1

CLASSES FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 6PM Newcomer Tango and Samba Class, 6:45PM Novice Tango and Samba, 7:30PM Inter. Tango, 8:15PM Intermediate Samba. 516.753.2121 Barney & Debbie. Ad pg 5

HICKSVILLE

Dance with Wingo & Maria teaching at Tropical Fitness 49 Bethpage Rd. 7-8pm Salsa on 1 Int/Adv, 8-9pm West Coast Swing Int., 9-10pm American Tango Int./Adv. 917-817-2020 or 908-875-8420. Ad pg 3

ROSLYN

Ballroom Palace: 55 Lumber Rd. 5pm Baby Ballroom, 6pm Kids Interm., 8pm Adult Tango Beg/Interm. 516.801.1682.

SYOSSET

Dance with Us 235K Robbins Ln. 5:30-6:15pm Intermediate Swing/Hustle w/ Vincent Antonelli. 516-996-3554

TUE JULY 2

CLASSES OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:30-8:45pm: Slow Intermediate Hustle, 8:30-9:45pm: Beginner/Inter. Hustle. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 7pm Teens Interm. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm Belly dance, 6:45-7:30pm Int'l Latin Silver Level kids, 7:30-8:15pm On1 Salsa, 8:15-9pm Burlesque. 516-996-3554

WED JULY 3

DANCES MINEOLA

Wednesday Afternoon Social at 186 Jericho Tpke. Celebrating Fourth of July! General Dancing 12:30-3:30pm. Coffee, cakes & bagels. Hosts Jo-Ann & Louise. DJs Robin & Angela. Adm: \$12pp. (11:30 lesson with Lou, add \$15) Dee: 917.754.8957. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:45-8:45pm: Int/Adv. Hustle, 8:45-9:45pm: Int/Adv. WCS. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 8:00pm Adult Cha Cha - Intermediate. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 7:15-8:15pm WCS Beginner 917-817-2020 or 908-875-8420. Ad pg 3

THU JULY 4

Happy Independence Day!

FRI JULY 5

DANCES DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom, KC Hall (John Hughes Club) 1305 86th Street. 8pm-1am. Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

MINEOLA

Latin & Ballroom Mix at Knights of Columbus, 186 Jericho Tpke. 7:30-11:30pm. Complimentary Hot Buffet. CALL TO CONFIRM DANCE. Single men, women & couples welcome! Gene at 516.991.3208. Ad pg 3

OYSTER BAY

Dancing in the Street! in front of 74 Audrey Ave. 7-9pm. Bring a chair. Now in it's 9th season held by the Oyster Bay Main Street Association. Ad pg 5

PORT WASHINGTON
Ice Creamy Summer Friday Social Dance Party at Rudanceny Long Island at 284 Main Street! 7:30pm-10:30pm. Refreshments and Raffle! Free Lesson at 7:30pm 917-868-5130. Ad pg 2

CLASSES

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Teens, 8pm Adult Salsa All levels. 516.801.1682.

SAT JULY 6

DANCES BAY SHORE

JLR Dance Unlimited Ballroom and Latin Dance Party at 5 Fifth Ave. Hosted by Joel & Lisa Rodriguez 8pm-12am. Snacks & Refreshments. Info & reservations: 631-665-1766. Ad pg 3

DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom at KC Hall (John Hughes Club) 1305 86th Street. 8pm-2am Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

CLASSES

BAY SHORE

11:45am Beginner Ballroom, 12:30pm Beginner Latin. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

SUN JULY 7

DANCES

HOLLIS HILLS, QUEENS

Hollis Hills Bayside Jewish Center 210-10 Union Turnpike. Ballroom & Latin Mix Dance! 6:30pm-10:30pm. \$18PP. Dance lesson with new teachers Wingo and Maria 6:00-6:30pm. Music by DJ Noah 6:30-10:30pm. Nancy 718-747-2230. Ad pg 2

LINDENHURST

NEW!! Dance to the Sounds of DJ Ray Ballroom Mix at VFW 560 N. Delaware Ave. 7pm-11pm. Refreshments, Bagels, Desserts, 50/50, Door Prizes. Singles & couples welcome! Surround sound and all wood floors! Info: 516.385.1720. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 1-2:15pm Advanced Hustle. \$15 per class. 516-375-8498.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Rd, Ste J. NEW TIMES 7-8pm WCS Interm., 8-9pm Hustle Interm/Adv. 917-817-2020 or 908-875-8420. Ad pg 3



Stardust Dance PRODUCTIONS
WEEKEND GETAWAYS, LUXURY DANCE CRUISES, DANCE DESTINATIONS

Caribbean Dance Cruise XVII
February 4th - February 14th, 2020
Costa Luminosa

10 Nights
Departs from Ft. Lauderdale, Florida
Ports: Nassau, Bahamas
Amber Cove, Dominican Republic
Ocho Rios, Jamaica
Grand Cayman Island
Mahogany Bay, Roatan
Cozumel, Mexico

RATES STARTING AT \$930 PER PERSON

MEDITERRANEAN
Dance Cruise Destination
7 Night Cruise / 3 Day/2 Night Land
Destination in Spain
September 4th - September 13th, 2020
Costa Diadema
SPAIN • ITALY • FRANCE
Departs from Barcelona, Spain
Ports: Barcelona, Spain • Marseille, France • Savona, Italy
Napoli, Italy • Palermo, Italy • Ibiza, Spain
Details to Come

119th Weekend Getaway
Friday September 13th -
Sunday September 15th, 2019

VILLA ROMA
Your new adventure awaits!
365 Villa Roma Road
Callicoon, New York 12723

Call for a Complete Brochure (800) 537-2797 Outside of the US and Canada (845) 794-4707
EMAIL US: [INFO@STARDUSTDANCE.COM](mailto:info@stardustdance.com) • VISIT OUR WEBSITE [WWW.STARDUSTDANCE.COM](http://www.stardustdance.com)
Stardust Dance Productions, LTD is registered with the State of Florida as a Seller of Travel, FLA Seller of Travel Reference # ST37320

Appearing on our Stage
TITO PUENTE JR

Future Ballroom Dance
Camp Weekend
November 22nd - 24th, 2019

RHYTHMOLOGY
and
C&D Production
Presents
RHYTHMOLOGY NIGHTS

MIX OF SALSA, BACHATA, CHA CHA, HUSTLE, & WEST COAST SWING
2ND SUNDAY OF THE MONTH

DJ C-Rule 5-10PM
\$15 to party | \$10 for lesson | \$20 for both

Lesson by U.S. Bachata Champion **Alfred Pena**
Text "suffolk" to 96362 for special discounts!
Drink specials all night! \$5 beer/wine! \$6 drinks!

Next Dance July 14th

The Moose Lodge 631 Pulaski Rd Greenlawn NY
516-280-6677
www.rhythmologydance.com

Independence Month Dance Bash!
"Catered" at the International Buffet
 1100 Stewart Ave. Garden City, NY
Friday, July 26th 12-4 pm Introductions for singles, divorced, widowed, Dance mixers. Couples tables. A superb experience in dining, dancing & music, 10 stations: meats, steaks, fish, shellfish, poultry, veg., salads, desserts, hibachi, grill & sushi. \$15 (incl. tax + tip) phone reservations free parking on premises.

Dance Socials at Kismet Hall
Fridays, July 12 and 19 (Closed July 5) 18 West Nicholas St., Hicksville, NY. 12-4 pm. \$9pp. American & Latin Music by DJ "Strict Tempo" specialist formerly of Chicago Aragon Ballroom, L.I. Kismet, Studio 54 & Roseland. Hot/cold lunch, oak dance floor, couples/singles. Posture, Frame, stance that will take you anywhere in your dancing. Dance party follows lesson. See column ads!

Info: 718-332-7825 or email: Dancezee@aol.com

Wednesday Afternoon Social
Formerly The Dance Corner ... 32 years and still going!
General Dancing Every Wednesday
 12:30-3:30pm Dance. Coffee, cakes and bagels. Adm: \$10pp

Fourth of July Party
 Wed. July 3rd. \$12pp.

DJs Robin & Angela
 Hosts Jo-Ann & Louise
Lou's Silver Screen
Ballroom Class
 11:30am-12:30pm (\$15pp)

186 Jericho Turnpike, Mineola, NY
Info: Dee Kanevsky at 917-754-8957

Private Ballroom & Latin Dance Instructor



Rosalie Keane
631-987-8924
 350 Higbie Ln., West Islip, NY

SYOSSET
 Dance with Us 235K Robbins Ln. 2:30-3:15pm Kids Latin /Ballroom, 3:15-4pm Kids Jazz/ Hip Hop (age 6-14), 4-4:45pm Teen/Adult Jazz & Hip Hop, 4:45-5:30pm Belly dance, 5:30pm Cell Block Tango. 516-996-3554

MON JULY 8
CLASSES
FARMINGDALE
 Dance Obsession at 18 Hempstead Tpke. 6PM Newcomer Tango and Samba Class, 6:45PM Novice Tango and Samba, 7:30PM Inter. Tango, 8:15PM Intermediate Samba. 516.753.2121 Barney & Debbie. Ad pg 5

HICKSVILLE
 Dance with Wingo & Maria teaching at Tropical Fitness 49 Bethpage Rd. 7-8pm Salsa on 1 Int/ Adv, 8-9pm West Coast Swing Int, 9-10pm American Tango Int./ Adv. 917-817-2020 or 908-875-8420. Ad pg 3

MASSAPEQUA PARK
 Dance with Lynn 4 Seville Place. 7:30 Foxtrot/Waltz, 8:15 Rumba. Come see our newly renovated studio! www.dancewithlynn.com. 516-541-4232. Ad pg 4

ROSLYN
 Ballroom Palace: 55 Lumber Rd. 5pm Baby Ballroom, 6pm Kids Inter., 8pm Adult Tango Beg/ Interm. 516.801.1682.

SYOSSET
 Dance with Us 235K Robbins Ln. 5:30-6:15pm Intermediate Swing/Hustle w/ Vincent Antonelli. 516-996-3554

TUE JULY 9
DANCES
HAUPPAUGE
 Louis Del Prete at Butterfields, 661 Old Willets Path. Open dance 7:30pm-11:00pm. Strictly Latin Dancing! Plenty of parking, Discounted Bar Menu, Drink Specials! 516.819.9016. Ad pg 2

CLASSES
OLD BETHPAGE
 Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:30-8:45pm: Slow Intermediate Hustle, 8:30-9:45pm: Beginner/Inter. Hustle. \$15pp. 516-375-8498.

ROSLYN
 Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 7pm Teens Interm. 516.801.1682.

ROSLYN
 Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET
 Dance with Us 235K Robbins Ln. 6:45-7:30pm Belly dance, 6:45-7:30pm Int'l Latin Silver Level kids, 7:30-8:15pm On1 Salsa, 8:15-9pm Burlesque. 516-996-3554.

WED JULY 10
DANCES
DEER PARK
 Dance to the Sounds of DJ Ray Social Dance at Sons of Italy, 2075 Deer Park Ave. Starts 7:30pm. Door prizes, hot buffet, variety of food. Dance w/DJ Ray. Info: 516.385.1720. Ad pg 7

MINEOLA
 Wednesday Afternoon Social at 186 Jericho Tpke. General Dancing 12:30-3:30pm. Coffee, cakes & bagels. Hosts Jo-Ann & Louise. DJs Robin & Angela. Adm: \$10pp. (11:30 lesson with Lou, add \$15) Dee: 917.754.8957. Ad pg 7

CLASSES
OLD BETHPAGE
 Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:45-8:45pm: Int/Adv. Hustle, 8:45-9:45pm: Int/Adv. WCS. \$15pp. 516-375-8498.

ROSLYN
 Ballroom Palace: 55 Lumber Rd. 8:00pm Adult Cha Cha - Intermediate. 516.801.1682.

ROSLYN
 Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 7:15-8:15pm WCS Beginner 917-817-2020 or 908-875-8420. Ad pg 3

CRYSTAL WORLD DANCE
BROOKLYN'S BIGGEST INTERNATIONAL DANCE SOCIAL

FRIDAYS 8PM-1AM
&
SATURDAYS 8PM-2AM

****INTERNATIONAL WOMEN'S NIGHT****
SATURDAY, JULY 27TH
 LADIES 1/2 PRICE! \$200 PRIZES!
 Parties begin at 8pm. Text CRYSTALDANCE to 555-888 for passes & discounts!

Ballroom | Latin | Disco | International

GREAT MUSIC BY POPULAR DEEJAYS!

SINGLES & COUPLES • DOOR PRIZES • COVER: \$12
LARGE WOOD DANCE FLOOR • CASH BAR
LADIES DISCOUNT EVERY FRIDAY! - FREE PARKING

KC HALL
 (JOHN HUGHES CLUB)
 1305 86TH STREET
 BROOKLYN, NY 11228

FIRST-TIMERS EMAIL GREG FOR FREE PASSES:
GREG@CRYSTALWORLDDANCE.COM

Add us on Facebook! www.facebook.com/CrystalWorldDance

848-208-2525 | WWW.CRYSTALWORLDDANCE.COM

Dance to the Sounds OF DJ RAY

VFW in Lindenhurst
 560 N. Delaware Ave. Lindenhurst, NY
Ballroom Mix - Every Sunday in July 7-11pm
Surround sound music and all wood floor!
\$17PP inc. Bagels, Desserts, Refreshments, 50/50, Door Prizes, Coffee & Tea. Cash bar.

Massapequa Elks Lodge
 2162 Veterans Blvd. Massapequa, NY
Oldies Mix - Friday's July 12, 19 & 26 at 8pm
\$20PP inc. Open Bar, Bagels, Desserts, Refreshments, 50/50, Door Prizes, Coffee & Tea.

Sons of Italy *We'll be closed on Wednesday, July 3*
 2075 Deer Park Ave. Deer Park, NY
Social Ballroom Mix - Wednesdays 7:30pm
\$17PP includes Hot Buffet, Coffee, Desserts and Door Prizes!

Large on premises parking at ALL locations. Proper attire! Call ahead to reserve 6+ No sneakers, no sandals, no jeans, no shorts a must! Single and couples welcome!

For more information call DJ Ray at 516.385.1720

Old Paradigm to Teach Argentine Tango - Part 3

By Michael Dittkoff



I wrote in the last issue of the importance of beginner women learning Argentine Tango separately from beginner men. This issue I focus on the benefits of an all-male class. (This article also applies to the few women who want to lead though I will use the male gender.)

In a leader's only class, men will learn how to lead AND follow, the same way Argentine men learned. They weren't embarrassed to be a follower. The lead comes from the chest so a man concentrating only on his feet is going to be a lousy leader.

Men who follow will experience being thrown around and strong armed into figures. Leaders are going to find they can't push other men as easily as pushing women. (Pushing is NOT leading!) That will be worth the value of the class itself!

Men will also learn the fundamentals of dance (April 2018 issue). They will understand the importance of balance and axis when they have difficulty dancing back ochos and molinetes. What's good for the goose is good for the gander.

They will understand the follower's footwork. When I couldn't keep track of which foot my teacher was moving, Joe told me to call out the foot he was moving. I learned that the woman's footwork is more important than the man's footwork.

This will come as a surprise to men but women really don't care how long they have danced. They are more concerned about how well they dance. Many are tired of being treated as a mannequin for the man's dancing pleasure. Some dancers will always be beginners regardless of the number of years of dancing and number of lessons taken because they haven't practiced what they have been taught.

Ladies, the next time your partner squeezes your hand so hard it feels your knuckles will explode like popcorn; bends your wrist so far back it feels like it's going to crack; holds your hand high above your shoulder; or yanks on your arm so hard it feels like it's going to pop out of the socket, give him this article and don't dance with him until he improves. *Otherwise, he has no incentive to improve and will continue to inflict pain.* Until dancers hold themselves accountable for their dancing, it will be practically impossible to improve.

Michael Dittkoff has taken ten years of private ballroom, latin & swing lessons, eight years of private Argentine Tango, Waltz & Milonga lessons, three years of Embodiment Yoga to improve his frame, and six months of Alexander Technique to improve his posture.

THU JULY 11

DANCES WESTBURY

Louis Del Prete at Mirella's, 170 Post Ave. Salsa, Hustle, WCS, Bachata, Cha Cha Cha, Merengue. 7:30pm Free lesson w/Louis. 8-11:30pm open dance. Info: 516.819.9016. Ad pg 2

CLASSES

HOLLIS HILLS, QUEENS

Dance with Wingo & Maria teaching at Hollis Hills Bayside Jewish Center. Review 8-9pm Foxtrot Adv/Beg. 9-10pm Rumba Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

MELVILLE

Donna DeSimone teaching at Excalibur Dance Studio in the Bank of America Bldg, 290-300 Broad Hollow Rd. Atrium Level downstairs. Privates available 5-9pm. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 8pm Adult Beginner Rumba. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Rd, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm, Teen/Adult Swing/Hustle. 516-996-3554

FRI JULY 12

DANCES DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom, KC Hall (John Hughes Club) 1305 86th Street. 8pm-1am. Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 8pm Swing/Lindy group class. Barney & Debbie 516.753.2121. Ad pg 5

HICKSVILLE

Dance Social at Kismet Hall, 18 W. Nicholas St. \$9pp. 12-4PM. Lesson that only a dance director of major dance chain studios can deliver, after training dance instructors for over a decade. Learn dance that you can readily apply today, wherever you go! Includes general dancing. 718 332-7825. Ad pg 7

MASSAPEQUA

Dance to the Sounds of DJ Ray Special Oldies Mix at Massapequa Elks Club. 2162 Veteran's Blvd. Special 50's thru 80's Oldies Dance. 8pm-12am. Open Bar, Refreshments, Bagels, Desserts, 50/50, Door Prizes. Singles & couples welcome! Info: 516.385.1720. Ad pg 7

MINEOLA

Latin & Ballroom Mix at Knights of Columbus, 186 Jericho Tpke. 7:30-11:30pm. Complimentary Hot Buffet. CALL TO CONFIRM DANCE. Single men, women & couples welcome! Gene at 516.991.3208. Ad pg 3

OYSTER BAY

Dancing in the Street! in front of 74 Audrey Ave. 7-9pm. Bring a chair. Now in it's 9th season held by the Oyster Bay Main Street Association. Ad pg 5

PORT WASHINGTON

Ice Creamy Summer Friday Social Dance Party at Rudanceny Long Island at 284 Main Street! 7:30pm-10:30pm. Refreshments and Raffle! Free Lesson at 7:30pm 917-868-5130. Ad pg 2

CLASSES

BAY SHORE

6:45pm Bronze Class, 7:30pm Silver Class, 8:15pm Open Variety Class. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 8pm Swing/Lindy group class. Barney & Debbie 516.753.2121. Ad pg 5

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Teens, 8pm Adult Salsa All levels. 516.801.1682.

SAT JULY 13

DANCES DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom at KC Hall (John Hughes Club) 1305 86th Street. 8pm-2am Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

ELMHURST, QUEENS

Italian Charities of America: 83-20 Queens Blvd. 8pm-12am. DJ spinning a great mix of classics, oldies, Top 40, Italian & Latin music! Proper Attire! 718-478-3100. Ad pg 5

KINGS PARK

Ballroom & Latin Dance at The Kings Park Manor, 300 Ardito Ave. Hosted by Valerie. Music by DJ Tony. 7:30-11:30pm, \$15pp, Desserts, Raffles, Singles & Couples. Call 631-581-8509 or 631-487-3203 or email tonyval@optonline.net for directions, info or reserve a table.

WESTBURY

Sabado de Rumba. 2 rooms: Salsa, Bachata & Merengue and Hustle Room with DJ Mark James. 9pm-2am. BYOB. Rhythmology 361 Union Ave. 516-280-6677. Ad pg 3

CLASSES

BAY SHORE

11:45am Beginner Ballroom, 12:30pm Beginner Latin. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

SUN JULY 14

DANCES GREENLAWN

Rhythmology and C&D Production presents Rhythmology Nights! 2nd Sunday of the month. Held at The Moose Lodge 631 Pulaski Rd. 5pm-11:30pm. With DJ C-Rule mixing Salsa, Bachata, Cha Cha, Hustle & West Coast Swing. For info: 516.280.6677. www.rhythmologydance.com Ad pg 6

HOLLIS HILLS, QUEENS

Hollis Hills Bayside Jewish Center 210-10 Union Turnpike. Ballroom & Latin Mix Dance! 6:30pm-10:30pm. \$18PP. Dance lesson with new teachers Wingo and Maria 6:00-6:30pm. Music by DJ Noah 6:30-10:30pm. Nancy 718-747-2230. Ad pg 2

LINDENHURST

NEW!! Dance to the Sounds of DJ Ray Ballroom Mix at VFW 560 N. Delaware Ave. 7pm-11pm. Refreshments, Bagels, Desserts, 50/50, Door Prizes. Singles & couples welcome! Surround sound and all wood floors! Info: 516.385.1720. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 1-2:15pm Advanced Hustle. \$15 per class. 516-375-8498.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Rd, Ste J. NEW TIMES 7-8pm WCS Intern., 8-9pm Hustle Intern/Adv. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 2:30-3:15pm Kids Latin /Ballroom, 3:15-4pm Kids Jazz/ Hip Hop (age 6-14), 4-4:45pm Teen/Adult Jazz & Hip Hop, 4:45-5:30pm Belly dance, 5:30pm Cell Block Tango. 516-996-3554

WEEKEND GETAWAYS, LUXURY DANCE CRUISES, DANCE DESTINATIONS

119th Weekend Getaway

Friday September 13th - Sunday September 15th, 2019

Rates starting at \$375 pp (includes resort fees)
Weekend Includes: Lodging • 7 Meals
Cocktail Party/Open Bar Wine/ Champagne Party
• Over 50 Hours of Workshops
• Entertainment Nightly Dancing in 4 Venues
• Top Nite Club Entertainment Each Evening

Theme: Saturday Night Black/White Gala

VILLA ROMA RESORT

Your new adventure awaits

365 Villa Roma Road
Callicoon, New York 12723

Caribbean Dance Cruise XVII

February 4th - February 14th, 2020

Costa Luminosa

10 Nights

Departs from Ft. Lauderdale

Rates Starting @ \$930 Per Person

Future Ballroom Dance Camp Weekend

November 22nd - 24th, 2019

MEDITERRANEAN Dance Cruise Destination

7 Night Cruise / 3 Day/2 Night Land Destination in Spain

September 4th - September 13th, 2020

Costa Diadema • SPAIN • ITALY • FRANCE

Departs from Barcelona, Spain

Porte Barcelona, Spain • Marseille, France • Savona, Italy • Napoli, Italy

Palermo, Italy • Ibiza, Spain

Details to Come

Appearing on our Stage

TITO PUENTE JR

Call for a Complete Brochure (800) 537-2797 Outside of the US and Canada (845) 794-4707

EMAIL US: INFO@STARDUSTDANCE.COM • VISIT OUR WEBSITE WWW.STARDUSTDANCE.COM

Stardust Dance Productions, LTD is registered with the State of Florida as a Seller of Travel. FLA Seller of Travel Reference #ST37320

WESTBURY

Dance Zone with Mark James teaching Hustle 4pm Beginner, 5pm Intermediate/Adv., NEW 6pm West Coast Swing. Rhythmology at 361 Union Ave. Westbury, 11590. 516-280-6677. Ad pg 3

MON JULY 15

CLASSES HICKSVILLE

Dance with Wingo & Maria teaching at Tropical Fitness 49 Bethpage Rd. 7-8pm Salsa on 1 Int/Adv, 8-9pm West Coast Swing Int., 9-10pm American Tango Int./Adv. 917-817-2020 or 908-875-8420. Ad pg 3

MASSAPEQUA PARK

Dance with Lynn 4 Seville Place. 7:30 Foxtrot/Waltz, 8:15 Rumba. Come see our newly renovated studio! www.dancewithlynn.com. 516-541-4232. Ad pg 4

ROSLYN

Ballroom Palace: 55 Lumber Rd. 5pm Baby Ballroom, 6pm Kids Interm., 8pm Adult Tango Beg/Interm. 516.801.1682.

SYOSSET

Dance with Us 235K Robbins Ln. 5:30-6:15pm Intermediate Swing/Hustle w/ Vincent Antonelli. 516-996-3554

TUE JULY 16

CLASSES OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:30-8:45pm: Slow Intermediate Hustle, 8:30-9:45pm: Beginner/Inter. Hustle. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 7pm Teens Interm. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm Belly dance, 6:45-7:30pm Int'l Latin Silver Level kids, 7:30-8:15pm On1 Salsa, 8:15-9pm Burlesque. 516-996-3554.

WED JULY 17

DANCES DEER PARK

Dance to the Sounds of DJ Ray Social Dance at Sons of Italy, 2075 Deer Park Ave. Starts 7:30pm. Door prizes, hot buffet, variety of food. Dance w/DJ Ray. Info: 516.385.1720. Ad pg 7

MINEOLA

Wednesday Afternoon Social at 186 Jericho Tpke. General Dancing 12:30-3:30pm. Coffee, cakes & bagels. Hosts Jo-Ann & Louise. DJs Robin & Angela. Adm: \$10pp. (11:30 lesson with Lou, add \$15) Dee: 917.754.8957. Ad pg 7

Workin' the Westie™

Endorsed by WCS SuperStar JOHN LINDO



WCS, C2S, Hustle & Swing

Friday, July 26th



JOHN LINDO IS HERE!

MOOSE LODGE
631 Pulaski Rd.
Greenlawn, NY

Contact Lynne to Schedule
Private Lessons w/ John!

Free WCS Skills Tracker!

WtW is LI's Favorite & Welcoming Dance!

Upcoming Dances @ The Moose

Friday, Aug. 23rd & Friday, Sept. 27th

Workshops 7:30pm-9:00pm • Social Dance 9:00pm-11:30pm

516-993-1369 • dancxchange@yahoo.com

LIKE US & FOLLOW US on Facebook.com/WorkinTheWestie

Two 90-Minute
WCS Workshops! Followed by
2-1/2 Hours of Dancing!

Choose One WCS Workshop:

1 - Embellishments

Taught by JOHN LINDO

Add Pizzazz, Hi-Jacking, Styling & More!

2 - Intro/Beginner

Taught by DONNA DESIMONE

Learn Basics, Partnering & Playfulness

★ ★ ★ ★ ★ ★ ★ ★

\$22 Workshops • \$15 Dance • \$27 for BOTH
Fruit, Snacks & Cash Bar - Mom's Rum Cake too!

Awesome Guest Dancers & DANCE HOSTS!

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:45-8:45pm: Int/Adv. Hustle, 8:45-9:45pm: Int/Adv. WCS. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 8:00pm Adult Cha Cha - Intermediate. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 7:15-8:15pm WCS Beginner 917-817-2020 or 908-875-8420. Ad pg 3

THU JULY 18

DANCES

WESTBURY

Louis Del Prete at Mirelle's, 170 Post Ave. Salsa, Hustle, WCS, Bachata, Cha Cha Cha, Merengue. 7:30pm Free lesson w/Louis. 8-11:30pm open dance. Info: 516.819.9016. Ad pg 2

CLASSES

HOLLIS HILLS, QUEENS

Dance with Wingo & Maria teaching at Hollis Hills Bayside Jewish Center. 8-9pm Cha Cha Adv/Beg. 9-10pm West Coast Swing Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

MELVILLE

Donna DeSimone teaching at Excalibur Dance Studio in the Bank of America Bldg, 290-300 Broad Hollow Rd. Atrium Level downstairs. Privates available 5-9pm. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 8pm Adult Beginner Rumba. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout

55 Lumber Rd, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm, Teen/Adult Swing/Hustle. 516-996-3554

FRI JULY 19

DANCES

DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom, KC Hall (John Hughes Club) 1305 86th Street. 8pm-1am. Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 8pm Swing/Lindy group class. Barney & Debbie 516.753.2121. Ad pg 5

HICKSVILLE

Dance Social at Kismet Hall, 18 W. Nicholas St. \$9pp. 12-4PM. Learn posture, feeling and assume stance required in different dances. Frame, lead and follow, precise footwork, technique, partnership, foot patterns, continuity amalgamation. Exciting repertoire, not to bore your partner, grace, for the ladies and poise for the gents. Includes general dancing. 718.332-7825. Ad pg 7

MASSAPEQUA

Dance to the Sounds of DJ Ray Special Oldies Mix at Massapequa Elks Club. 2162 Veteran's Blvd. Special 50's thru 80's Oldies Dance. 8pm-12am. Open Bar, Refreshments, Bagels, Desserts, 50/50, Door Prizes. Singles & couples welcome! Info: 516.385.1720. Ad pg 7

OYSTER BAY

Dancing in the Street! in front of 74 Audrey Ave. 7-9pm. Bring a chair. Now in it's 9th season held by the Oyster Bay Main Street Association. Ad pg 5

PORT WASHINGTON

Dance with Wingo & Maria at the Polish American Cultural Association 5 Pulaski Place. Ballroom/Latin/WCS/Hustle and Country 2 Step. White Party Theme. 7-7:30pm complimentary Foxtrot lesson by Wingo & Maria. 7:30-11pm Social Dancing. \$15PP. 917-817-2020 or 908-875-8420. Ad pg 3

PORT WASHINGTON

Ice Creamy Summer Friday Social Dance Party at Rudanceny Long Island at 284 Main Street! 7:30pm-10:30pm. Refreshments and Raffle! Free Lesson at 7:30pm 917-868-5130. Ad pg 2

ROSLYN

Social Dance Party at Ballroom Palace: 55 Lumber Rd. Have fun dancing with our instructors, meet fellow students and enjoy great music and food! Featuring all your favorite Ballroom and Latin dances. Adm.\$15 pp. 516.801.1682. See ad pg 5

CLASSES

BAY SHORE

6:45pm Bronze Class, 7:30pm Silver Class, 8:15pm Open Variety Class. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 8pm Swing/Lindy group class. Barney & Debbie 516.753.2121. Ad pg 5

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Teens, 8pm Adult Salsa All levels. 516.801.1682.

IN STEP WITH STEPHANIE

Medal Test Program

By Stephanie Falciano

(Licentiate Degrees in American Rhythm, American Ballroom, International Ballroom & Latin, and Theater Arts from the International Society of Teachers of Dance USISTD and USTA.)



So, if you have been dancing for some time, you might be ready to take your dancing to the next level. You want a challenge but aren't looking for the competition atmosphere. Have you ever heard of a Medal Test? This might be the right challenge for you. Your dancing progress gets critiqued

by an independent source rather than your teacher. The process assures the highest quality, and maintains a standard that will be sure to make you're a sought out partner in all environments.

The USISTD and the US Terpsichore Association are the leading organizations in the world that orchestrate the medal testing format. The medal test system enables you to have more fun, learn faster, and become a better dancer. By preparing for a Medal Test, you polish your skills and speed up your progress. You create and accomplish clear goals. Your lessons will take a laser sharp focus.

In order to begin, you must polish your presentation. The criteria used to score a Medal Test is similar to that used to judge a dance competition, but with an eye towards proper technique more than style and flash. You will be a better dancer having gone through the process than those that have not.

You will receive valuable feedback from elite Examiners who are among the most highly credentialed dance professionals in the world. Their insights into your personal dance strengths and weaknesses will be invaluable when charting the course of your future lessons. You will measure your progress against the universal standard all over the world.

The Medal Test program maintains the highest of standards for both amateurs and professionals and is respected worldwide. The Medal Test process assures that you are being taught in accordance with these objective criteria. You will improve your posture, lead and follow, footwork, knowledge of alignments as to maintain smooth transitions, as well as timing. Without these things, the dancing will lack comfortability to your dance partner. It will just not feel right.

There are no shortcuts in life, students quite often look at the beauty of ballroom dancing and want the glory of partnering someone well, but overlook the hard work involved. Challenging yourself like you would in any other type of sport, whether it be a testing system or game, is a terrific way to set the bar high for yourself. According to Martha Graham, "Practice means to perform, over and over again in the face of all obstacles, some act of vision, of faith, of desire. Practice is a means of inviting the perfection desired."



For info: www.USISTD.com

By Wingo Hom



Certified in West Coast Swing, Hustle, Full Bronze/Silver Level in 12 American Ballroom and Rhythm Styles. 12 Time Top Teacher Award Winner!

Q. When dancing hustle it is common for a leader to be intercepted by another leader and consequently it becomes a game where the two leaders take turns dancing with the follower. When is it appropriate to intercept a couple dancing?

A. In my opinion, it is accepted and welcomed if you know both parties, If you know only one person or none it is inappropriate to interrupt their dance.

Q. When dancing in a one hand hold, where should my free hand or arm be placed?

A. Certainly not straight down on the side of your body... For leaders and followers, it is acceptable to place your hand, on your hip, extended out (hustle) or in front with a bent arm, fingers facing your partner.

Send the Dance Doctor your questions at DanceWithWingoAndMaria@gmail.com

SAT JULY 20 DANCES

BAY SHORE

JLR Dance Unlimited Ballroom Presents The Savoy on 5th: Live Stage Show! 5 Fifth Ave. Hosted by Joel & Lisa Rodriguez 7pm-11pm. Live Band and Live Stage Performance! Call for tickets: 631-665-1766. Ad pg 3

DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom at KC Hall (John Hughes Club) 1305 86th Street. 8pm-2am Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

CLASSES BAY SHORE

11:45am Beginner Ballroom, 12:30pm Beginner Latin. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

SUN JULY 21 DANCES

DEER PARK

Louis Del Prete at Deer Park VFW, 588 Long Island Ave. 7pm-11pm. Ballroom/Latin. Free Lesson, Door Prizes, 50/50 Raffle, Coffee, Tea, Cake Fruit & Veggie Platters, Cash Bar, Large Dance Floor, Ample Parking, Singles & Couples! 516.819.9016. Ad pg 2

LINDENHURST

NEW!! Dance to the Sounds of DJ Ray Ballroom Mix at VFW 560 N. Delaware Ave. 7pm-11pm. Refreshments, Bagels, Desserts,

50/50, Door Prizes. Singles & couples welcome! Surround sound and all wood floors! Info: 516.385.1720. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 1-2:15pm Advanced Hustle. \$15 per class. 516-375-8498.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Rd, Ste J. NEW TIMES 7-8pm WCS Intern., 8-9pm Hustle Intern/Adv. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 2:30-3:15pm Kids Latin /Ballroom, 3:15-4pm Kids Jazz/ Hip Hop (age 6-14), 4-4:45pm Teen/Adult Jazz & Hip Hop, 4:45-5:30pm Belly dance, 5:30pm Cell Block Tango. 516-996-3554

WESTBURY

Dance Zone with Mark James teaching Hustle 4pm Beginner, 5pm Intermediate/Adv., NEW 6pm West Coast Swing. Rhythmology at 361 Union Ave. Westbury, 11590. 516-280-6677. Ad pg 3

MON JULY 22 CLASSES

FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 6PM Newcomer Tango and Samba Class, 6:45PM Novice Tango and Samba, 7:30PM Inter.

Tango, 8:15PM Intermediate Samba. 516.753.2121 Barney & Debbie. Ad pg 5

HICKSVILLE

Dance with Wingo & Maria teaching at Tropical Fitness 49 Bethpage Rd. 7-8pm Salsa on 1 Int/Adv, 8-9pm West Coast Swing Int, 9-10pm American Tango Int./Adv. 917-817-2020 or 908-875-8420. Ad pg 3

MASSAPEQUA PARK

Dance with Lynn 4 Seville Place. 7:30 Foxtrot/Waltz, 8:15 Rumba. Come see our newly renovated studio! www.dancewithlynn.com. 516-541-4232. Ad pg 4

ROSLYN

Ballroom Palace: 55 Lumber Rd. 5pm Baby Ballroom, 6pm Kids Intern., 8pm Adult Tango Beg/Intern. 516.801.1682.

SYOSSET

Dance with Us 235K Robbins Ln. 5:30-6:15pm Intermediate Swing/Hustle w/ Vincent Antonelli. 516-996-3554

TUE JULY 23 CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:30-8:45pm: Slow Intermediate Hustle, 8:30-9:45pm: Beginner/Inter. Hustle. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 7pm Teens Intern. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm Belly dance, 6:45-7:30pm Int'l Latin Silver Level kids, 7:30-8:15pm On1 Salsa, 8:15-9pm Burlesque. 516-996-3554

WED JULY 24 DANCES

DEER PARK

Dance to the Sounds of DJ Ray Social Dance at Sons of Italy, 2075 Deer Park Ave. Starts 7:30pm. Door prizes, hot buffet, variety of food. Dance w/DJ Ray. Info: 516.385.1720. Ad pg 7

MINEOLA

Wednesday Afternoon Social at 186 Jericho Tpke. General Dancing 12:30-3:30pm. Coffee, cakes & bagels. Hosts Jo-Ann & Louise. DJs Robin & Angela. Adm: \$10pp. (11:30 lesson with Lou, add \$15) Dee: 917.754.8957. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at At-

titudes in Motion, 756 Old Bethpage Rd. 7:45-8:45pm: Int/Adv. Hustle, 8:45-9:45pm: Int/Adv. WCS. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 8:00pm Adult Cha Cha - Intermediate. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 7:15-8:15pm WCS Beginner 917-817-2020 or 908-875-8420. Ad pg 3

THU JULY 25 DANCES

WESTBURY

Louis Del Prete at Mirelle's, 170 Post Ave. Salsa, Hustle, WCS, Bachata, Cha Cha Cha, Merengue. 7:30pm Free lesson w/Louis. 8-11:30pm open dance. Info: 516.819.9016. Ad pg 2

CLASSES

HOLLIS HILLS, QUEENS

Dance with Wingo & Maria teaching at Hollis Hills Bayside Jewish Center. 8-9pm Cha Cha Adv/Beg. 9-10pm West Coast Swing Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

MELVILLE

Donna DeSimone teaching at Excalibur Dance Studio in the Bank of America Bldg, 290-300 Broad Hollow Rd. Atrium Level downstairs. Privates available 5-9pm. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 8pm Adult Beginner Rumba. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Rd, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm, Teen/Adult Swing/Hustle. 516-996-3554

FRI JULY 26 DANCES

DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom, KC Hall (John Hughes Club) 1305 86th Street. 8pm-1am. Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

FARMINGDALE

Sock Hop Social at Dance Obsession at 18 Hempstead Tpke. 8:30-11pm (\$17 by 7/17, \$20 thereafter, \$25 @ the door). Barney & Debbie 516.753.2121. Ad pg 5

GREENLAWN

Workin' the Westie (WtW) Workshops & Dance Social @ the Moose Lodge, 631 Pulaski Rd., Greenlawn. John Lindo is Here! 2-Simultaneous

90-min WCS Workshops; choose Embellishments taught by John Lindo or Beginner taught by Donna DeSimone. 7:30-9pm. Social Dancing 9-11:30pm with John Co-Djling! Mix = WCS/Hustle/Country 2-Step/Swing. \$22 Workshop Only. \$15 Dance Only. \$27 Both. 516-993-1369. dancexchange@yahoo.com. For Guest Star Dancers & Dance Hosts Facebook.com/WorkinTheWestie. Ad pg 9

FARMINGDALE

Sock Hop Social at Dance Obsession at 18 Hempstead Tpke. 8:30-11pm (\$17 by 7/17, \$20 thereafter, \$25 @ the door). Barney & Debbie 516.753.2121. Ad pg 5

GARDEN CITY

July Independence Month "Catered" Dance Bash at the International Buffet at 1100 Stewart Ave. A superb experience in dining, dancing & music. 10 stations of variety meats, fish, shellfish, poultry, veg., desserts, hibachi, grill and sushi for only \$15 (incl. tax & tip). Free Parking in our lot. Social/Ballroom Dancing 12-4PM. Singles & Couples. Hosts available! Info: 718-332-7825 or email: Dancezee@aol.com. Ad pg 7

MASSAPEQUA

Dance to the Sounds of DJ Ray Special Oldies Mix at Massapequa Elks Club. 2162 Veteran's Blvd. Special 50's thru 80's Oldies Dance. 8pm-12am. Open Bar, Refreshments, Bagels, Desserts, 50/50, Door Prizes. Singles & couples welcome! Info: 516.385.1720. Ad pg 7

MINEOLA

Latin & Ballroom Mix at Knights of Columbus, 186 Jericho Tpke. 7:30-11:30pm. Complimentary Hot Buffet. CALL TO CONFIRM DANCE. Single men, women & couples welcome! Gene at 516.991.3208. Ad pg 3

OYSTER BAY

Dancing in the Street! in front of 74 Audrey Ave. 7-9pm. Bring a chair. Now in it's 9th season held by the Oyster Bay Main Street Association. Ad pg 5

PATCHOGUE

Ballroom / Latin / Hustle / Swing Dance Mix at Ballroom Factory Dance Studio at 620 Waverly Ave. Ste H. 8-11pm. Complimentary classes, 7-7:30pm Beginner Waltz, 7:30-8pm: Int/Adv Waltz. Info: 631-868-3500.

PORT WASHINGTON

Ice Creamy Summer Friday Social Dance Party at Rudanceny Long Island at 284 Main Street! 7:30pm-10:30pm. Refreshments and Raffle! Free Lesson at 7:30pm 917-868-5130. Ad pg 2

CLASSES

BAY SHORE

6:45pm Bronze Class, 7:30pm Silver Class, 8:15pm Open Vari-

ety Class. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Teens, 8pm Adult Salsa All levels. 516.801.1682.

SAT JULY 27 DANCES

DEER PARK

Louis Del Prete's Wear Black & White Party at Deer Park VFW, 588 Long Island Ave. 8pm-12am. Ballroom/Latin. Free Lesson, Door Prizes, 50/50 Raffle, coffee, Tea, Cake Fruit & Veggie Platters, Cash Bar, Large Dance Floor, Ample Parking, Singles & Couples! 516.819.9016. Ad pg 2

DYKER HEIGHTS, BROOKLYN

Latin, Disco & International Dancing at Crystal Dance Ballroom at KC Hall (John Hughes Club) 1305 86th Street. Our monthly International Woman's Night! Ladies get 1/2 price! \$200 prizes! 8pm-2am Great music by popular DJs! Info: Greg 848-208-2525. Ad pg 7

ELMHURST, QUEENS

Italian Charities of America: 83-20 Queens Blvd. 8pm-12am. DJ spinning a great mix of classics, oldies, Top 40, Italian & Latin music! Proper Attire! 718-478-3100. Ad pg 5

LAKE RONKONKOMA

Ballroom & Latin Dance at The Waterfalls, 400 Cassata Rd. Ballroom & Latin Dance Hosted by Valerie. Music by DJ Tony. 7:30-11:30pm, \$15pp. Desserts, Raffles, Singles & Couples. Call 631-581-8509 or 631-487-3203 or email tonyval@optonline.net for directions, info or reserve a table.

PORT WASHINGTON

Monthly Dance Party with Showcase at Rudanceny Ballroom Dance School at 284 Main Street! 7:30pm-10:30pm. Refreshments and Raffle! Free Lesson at 7:30pm 917-868-5130. Ad pg 2

WESTBURY

Sabado de Rumba. Salsa, Bachata & Merengue. 9pm-2am. BYOB. Rhythmology 361 Union Ave. 516-280-6677. Ad pg 3

CLASSES

BAY SHORE

11:45am Beginner Ballroom, 12:30pm Beginner Latin. JLR Dance Unlimited. 5 Fifth Ave. Info: 631-665-1766. Ad pg 3

HICKSVILLE

Dance with Wingo & Maria teaching at Tropical Fitness 49 Bethpage Rd. 11am-1pm. Cha Cha Workshop Advanced Beg/Intermediate Level \$20PP. 917-817-2020 or 908-875-8420. Ad pg 3

SUN JULY 28

DANCES

DEER PARK

Donna DeSimone's DancXchange "Club Night" California Mixi 6:30pm-7:15pm Complimentary Inter. Hustle lesson. Open dancing 7:15-10:30pm. Cash Bar, Light snacks, fresh fruit, dessert & more! \$20pp. Call/text: 516-375-8498. Ad pg 5

GREENLAWN

Gold Coast / Showcase Events Presents their 5th Bi-Annual Showcase Event of the Year: Las Vegas Theme! Held at Royal Order of Moose 631 Pulaski Rd. 1:30pm. Come and see your local Teacher & Ballroom enthusiastic dancers perform. Adm includes DJ, food & social dancing! Ticket info: 516-996-3554. Ad pg 5

HOLLIS HILLS, QUEENS

Hollis Hills Bayside Jewish Center 210-10 Union Turnpike. Ballroom & Latin Mix Dance! 6:30pm-10:30pm. \$18PP. Dance lesson with new teachers Wingo and Maria 6:00-6:30pm. Music by DJ Noah 6:30-10:30pm. Nancy 718-747-2230. Ad pg 2

LINDENHURST

NEW!! Dance to the Sounds of DJ Ray Ballroom Mix at VFW 560 N. Delaware Ave. 7pm-11pm. Refreshments, Bagels, Desserts, 50/50, Door Prizes. Singles & couples welcome! Surround sound and all wood floors! Info: 516.385.1720. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 1-2:15pm Advanced Hustle. \$15 per class. 516-375-8498.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Rd, Ste J. NEW TIMES 7-8pm WCS Intern., 8-9pm Hustle Intern/Adv. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 2:30-3:15pm Kids Latin /Ballroom, 3:15-4pm Kids Jazz/ Hip Hop (age 6-14), 4-4:45pm Teen/Adult Jazz & Hip Hop, 4:45-5:30pm Belly dance, 5:30pm Cell Block Tango. 516-996-3554

WESTBURY

Dance Zone with Mark James teaching Hustle 4pm Beginner, 5pm Intermediate/Adv., NEW

6pm West Coast Swing. Rhythmology at 361 Union Ave. Westbury, 11590. 516-280-6677. Ad pg 3

MON JULY 29

CLASSES

FARMINGDALE

Dance Obsession at 18 Hempstead Tpke. 6PM Newcomer Tango and Samba Class, 6:45PM Novice Tango and Samba, 7:30PM Inter. Tango, 8:15PM Intermediate Samba. 516.753.2121 Barney & Debbie. Ad pg 5

HICKSVILLE

Dance with Wingo & Maria teaching at Tropical Fitness 49 Bethpage Rd. 7-8pm Salsa on 1 Int/Adv, 8-9pm West Coast Swing Int, 9-10pm American Tango Int./Adv. 917-817-2020 or 908-875-8420. Ad pg 3

MASSAPEQUA PARK

Dance with Lynn 4 Seville Place. 7:30 Foxtrot/Waltz, 8:15 Rumba. Come see our newly renovated studio! www.dancewithlynn.com. 516-541-4232. Ad pg 4

ROSLYN

Ballroom Palace: 55 Lumber Rd. 5pm Baby Ballroom, 6pm Kids Intern., 8pm Adult Tango Beg/Intern. 516.801.1682.

SYOSSET

Dance with Us 235K Robbins Ln. 5:30-6:15pm Intermediate Swing/Hustle w/ Vincent Antonelli. 516-996-3554

TUE JULY 30

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:30-8:45pm: Slow Intermediate Hustle, 8:30-9:45pm: Beginner/Inter. Hustle. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 6pm Kids Beg., 7pm Teens Intern. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 12:30-1:30pm WCS Adv/Beg. 917-817-2020 or 908-875-8420. Ad pg 3

SYOSSET

Dance with Us 235K Robbins Ln. 6:45-7:30pm Belly dance, 6:45-7:30pm Int'l Latin Silver Level kids, 7:30-8:15pm On1 Salsa, 8:15-9pm Burlesque. 516-996-3554

WED JULY 31

DANCES

DEER PARK

Dance to the Sounds of DJ Ray Social Dance at Sons of Italy, 2075 Deer Park Ave. Starts 7:30pm. Door prizes, hot buffet, variety of food. Dance w/DJ Ray. Info: 516.385.1720. Ad pg 7

MINEOLA

Wednesday Afternoon Social at 186 Jericho Tpke. General Dancing 12:30-3:30pm. Coffee, cakes & bagels. Hosts Jo-Ann & Louise. DJs Robin & Angela. Adm: \$10pp. (11:30 lesson with Lou, add \$15) Dee: 917.754.8957. Ad pg 7

CLASSES

OLD BETHPAGE

Donna DeSimone teaching at Attitudes in Motion, 756 Old Bethpage Rd. 7:45-8:45pm: Int/Adv. Hustle, 8:45-9:45pm: Int/Adv. WCS. \$15pp. 516-375-8498.

ROSLYN

Ballroom Palace: 55 Lumber Rd. 8:00pm Adult Cha Cha - Intermediate. 516.801.1682.

ROSLYN

Dance with Wingo & Maria teaching at Zawacki Dance & Workout 55 Lumber Road, Ste J. 7:15-8:15pm WCS Beginner 917-817-2020 or 908-875-8420. Ad pg 3

PLAN AHEAD...

FRI AUG 2 AND 9 DANCES

OYSTER BAY

Dancing in the Street! in front of 74 Audrey Ave. 7-9pm. Bring a chair. Now in it's 9th season held by the Oyster Bay Main Street Association. Ad pg 7

FRI AUG 23

GREENLAWN

Workin' the Westie (WtW) Workshops & Dance Social @ the Moose Lodge, 631 Pulaski Rd., Greenlawn. 2-Simultaneous 90-min. WCS Workshops 7:30-9pm. Choose Embellishments or Beginner. Social Dance 9-11:30pm. Mix = WCS/Hustle/Country 2-Step/Swing. WtW is endorsed by John Lindo, WCS SuperStar! \$22 Workshop Only. \$15 Dance Only. \$27 Both. 516-993-1369. dancxchange@yahoo.com. For Guest Star Dancers & Dance Hosts Facebook.com/WorkinTheWestie. Ad pg 9

SAT AUG 24 DANCES

PORT WASHINGTON

Dance with Wingo & Maria at the Polish American Cultural Association 5 Pulaski Place. Ballroom/Latin/WCS/Hustle and Country 2 Step. Hawaiian Theme. 7-7:30pm complimentary Salsa lesson by Wingo & Maria. 7:30-11pm Social Dancing. \$15PP. 917-817-2020 or 908-875-8420. Ad pg 3

ABOUT THE BALLROOM

SAFETY on the Dance Floor: Be the Solution

By Lynne Gambone



While exploring injuries on the dance floor, we have discovered that on LI, there is an on-going pattern of dancing collisions resulting in injuries, large & small. Our Pro's agree that it's a challenge to find words that powerfully convey the importance of floor craft

aka safety. Dancing is NOT a contact sport!

Let's reflect on the key points shared in parts 1, 2 & 3 and find conclusions that will empower each of us to take actions toward making our dance floors safe havens for the love of dance.

Unlike most sports, we do not have "Dance Police" or referees; therefore we are responsible for "policing" our sport. Improving our AWARENESS is the KEY to improving our safety.

In Part 1, we pictured "The Wave" in a sports stadium with untrained strangers working together to make it happen. In Part 2, we looked at our driver's licenses and found analogies between dancing and driving. "The Wave" and Driver's License analogies taught us to:

- Go with the flow - Merge Smoothly
- Find the Open Spaces and CONSTANTLY ADJUST to their changing shapes & sizes
- Use mirrors & turn signals to be aware of surrounding speed & movement
- No tailgating
- ADJUST for congestion & flow

Just like driving a car, AWARENESS & CONSTANT ADJUSTMENT results in fewer bumps and bruises. Expect the unexpected and react. Also, remember back to when you first got your drivers permit? Have a little patience & kindness and be a "Safe Dancer."

TAKE ACTION...

The dance floor diagram printed in last month's article was so popular that we have been requested to offer a printable version. See link below. We can be PRO-ACTIVE for Safety - Print it and bring it to dances. Always ask the promoters and DJ's before offering to place the diagram on tables. Suggest taping copies to walls near DJ and food. Share the link with others. Our Teachers, DJ's & Promoters take dance safety seriously.

FOR A PRINTABLE DANCE FLOOR DIAGRAM GO TO:

www.thedancecalendar.com/chart

Contributing Interviews: Donna DeSimone, Ed Urvat, Jim Teeple, Patti Panebianco, Lou Brockman, Alfred Pena, Keith Stremmel, Sheila Purkey & John Lindo

Always call our advertisers prior to attending a listed event to confirm! Unfortunately, errors may appear, and events get canceled or rescheduled.

SUBSCRIBE TODAY!

Mail this coupon to receive 12 monthly printed issues for: \$24

Mail check payable to: Loren Finkelstein
to: PO Box 44, Holtsville, NY 11742



I'd like a monthly subscription to receive The Dance Calendar

NAME _____
ADDRESS _____
CITY/ST/ZIP _____
EMAIL _____
PHONE _____

The
dance
CALENDAR
www.TheDanceCalendar.com

ATTEND A DANCE SOCIAL

Argentine Tango Lovers of LI • 631.242.0686 • www.ArgentineTangoLovers.org
Ballroom Factory in Patchogue • 631.868.3500 • www.ballroomfactory.com
Ballroom Palace in Roslyn • 516.801.1682 • www.ballroompalace.com
Crystal World Dance in Brooklyn • 848-208-2525 • www.CrystalDanceBrooklyn.com
Dance Obsession in Farmingdale • 516.753.2121 • www.danceobsession.com
Dance with Wingo Hom & Maria Afanador in Port Washington • 917.817.2020 or 908.875.8420 • www.DanceWithWingoAndMaria.com
Huntington Moose Lodge • 631.757.2777 • www.moose318.com
DJ Ray • 516.385.1720
DJ Jerry's Contemporary Singles • 516-520-9385 • www.contempsnglsdance.com
Donna DeSimone/DancXchange • 516.375.8498 • www.donnadesimone.us
Italian Charities of America • 718.478.3100 • italiancharitiesofamerica@gmail.com
JLR Dance Unlimited • 631.665.1766 • www.jlrdanceunlimited.com
Kismet Hall in Hicksville • 718.332-7825
Louis Del Prete • 516.819.9016 • www.louisdelprete.com
Mark James & Karen Lupo/Dance Zone • 516.835.9996 • www.UltimateDanceZone.com
Nancy Zeffiro/Hollis Hills Bayside Jewish Center • 718.747.2230
Reno Zeffiro/Knights of Columbus • 516.991.3208
Rudanceney Dance School in Flushing • 718.358.3903 • www.Rudanceney.com
Rudanceney Dance School in Port Wash • 917.868.5130 • www.Rudancelongisland.com
Spirare Dance in Great Neck • 646.493.5867 • www.SpirareDance.com
Valerie and DJ Tony • 631-487-3203 • email: tonyval@optonline.net
Wednesday Afternoon Social • 917-754-8957 • www.facebook.com/DanceSynergyInc
Workin' The Westie • 516-993-1369 • [Facebook.com/WorkinTheWestie](https://www.facebook.com/WorkinTheWestie)

LEARN TO DANCE! STUDIOS/INSTRUCTORS

Ballroom Factory in Patchogue • 631.868.3500 • www.ballroomfactory.com
Ballroom Palace in Roslyn • 516.801.1682 • www.ballroompalace.com
Dance Classes by Richard Fiore • 516.398.6145
Dance with Lynn in Massapequa • 516.541.4232 • www.dancewithlynn.com
Dance with Us • 516.996.3554 • www.dancewithus.net
Dance with Wingo Hom and Maria Afanador in Queens, Roslyn & Hicksville • 917.817.2020 or 908.875.8420 • www.DanceWithWingoAndMaria.com
Dance Obsession in Farmingdale • 516.753.2121 • www.danceobsession.com
JLR Dance Unlimited • 631.665.1766 • www.jlrdanceunlimited.com
Ken Broggelwirth/Certified Ballroom Instructor/Adjudicator • 516-769-8301 • www.NYBallroomDance.com
KL Dance with Lori Ann Greenhouse-Roche • 631.332.8883 • www.kldance.net
Lisa Sparkles Dance Studio in Syosset • 516.241.3179 • www.lisasparklesdance.com
Madhotdancing with George Maderski • 917.282.2589 • gmaderski@gmail.com
Call George to check times and locations
Mark James & Karen Lupo/Dance Zone • 516.835.9996 • www.UltimateDanceZone.com
Rosalie Keane/Private Ballroom Instructor • 631.987.8924

FIND DANCEWEAR

Applause Dancewear • 516.488.7404 • www.applausedancewear.com
Capezio in RVC • 516.764.1199 • www.capeziorvc.com
Dance In Dancewear • 631.567.2229 • www.danceindancewear.com
One Stop Dancewear • 631.683.5448 • www.onestopdancewear.com

**BEFORE ATTENDING AN EVENT FIRST CALL THE
ADVERTISERS TO CONFIRM DATES, TIMES, LOCATIONS, ETC**
The Dance Calendar makes every effort to provide accurate information 100% of the time.
Unfortunately, wrong information may appear, and events get canceled or rescheduled.