

AUGUST 2024

The dance CALENDAR

Connecting the Dance Community ... One Step at a Time!

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www.TheDanceCalendar.com

Please call advertisers ahead to confirm dates,
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★ SWING DANCE LONG ISLAND

TUESDAY NIGHTS

HAYMAKERS
BAND

BAND NIGHT WITH THE HAYMAKERS
SWING LESSON & SOCIAL DANCING
AUGUST 20

PIZZA NIGHT
MEMBERSHIP APPRECIATION NIGHT
LESSON, DJ & SOCIAL DANCING
\$5 ADMISSION FOR MEMBERS
AUG 6

ELLEN MCCREERY
WEST COAST SWING LESSON,
DJ & SOCIAL DANCING
AUG 13

CAROL FRASER
DROP IN LESSON,
DJ & SOCIAL DANCING
AUG 27

An enjoyable evening of social swing dancing starting with Swing fundamentals lesson 7:30PM to get you on the floor. DJ and social dancing 8PM-10PM. Singles & beginners welcome. No partner necessary.
\$15 DJ nights, \$20 band nights. Discounts for students & members.

HUNTINGTON MOOSE LODGE
631 PULASKI ROAD, GREENLAWN, NY 631-757-2777
631-476-3707 | INFO@SDLI.ORG | WWW.SDLI.ORG

Argentine Tango Lovers MONTHLY MILONGA

Please Join us at Mirelle's
170 Post Ave. Westbury, NY
Sunday, Aug 25
7:30-11:00pm

Invited Taxidancers:
Eran Polat, Norman Hineostroza, Iakov Shonsky, Martin Almiron & Veronica Trill! Please call ahead to secure: 631-495-1435

Monthly Milonga Admission: \$35 Per Person

Questions? Call Sherry: 631-242-0686 or (cell) 631-495-1435

*With DJ Marcelo Mesa & Performers...
Martin Almiron & Leah Barsky*

Learn Argentine Tango from Martin Almiron, Iakov Shonsky & Eran Polat!
(On alternating Tuesdays). \$25 with buffet dinner.
For info on Tuesdays at Mirelle's call Sherry 631-495-1435 or Carmen 631-266-3691

CELEBRATING 24 YEARS OF ARGENTINE TANGO!... COMMITTED TO MAKING YOU A TANGO DANCER!
WWW.ARGENTINETANGOLOVERS.ORG

FREE LATIN DANCE CLASS



LITTLE MEXICO
3253 Horseblock Rd.
Medford, NY 11763
Purchase from restaurant strongly suggested.

Thursdays at 7:30pm
Prior to attending please email Michelle to confirm August dates:
michelle@latinballroomlessons.com

INSTRUCTED by Michelle Vicale
Info: www.latinballroomlessons.com

LATIN BALLROOM LESSONS

PRIVATE DANCE LESSONS

Rosalie Keane

Individual instruction in American and International styles of Ballroom and Latin including Bachata and Salsa and Country Two Step & West Coast Swing. Instruction also available for your wedding day special dance.

350 Higbie Lane, West Islip, NY
631-987-8924
rumbrose@icloud.com

ULTIMATE BALLROOM & LATIN DANCING

Come Dance with DJ Gene & Joanne



Club Brumidi 2075 Deer Park Ave. Deer Park, NY
\$20PP Adm inc. complimentary dinner buffet, coffee & tea, fresh bakery desserts, cash bar & door prizes.

Every Wednesday in Aug 6PM-10PM
Complementary Cha Cha Lesson Ramon Rodriguez on 8/7

Friday, August 16th 7PM 10:30PM
Lourdes Mario & Daniel will join us as Dance hosts with a Complimentary Lesson from 7:30PM to 8PM

For information call Gene & Joanne: 516-991-3208

CLUB BRUMIDI PRESENTS

2075 Deer Park Ave. Deer Park, NY 11729

Long Island's Dancing Hot Spot with the Largest Dance Floor! State of the Art Sound System & Lighting, we're your destination for ...

Social Dance Mixes

Complimentary Dinner Buffet, Coffee & Tea, Fresh Bakery Desserts, Cash Bar & Door Prizes on Wednesdays & Fridays!

For Reservations please call 516-991-3208

Friday, August 16th
7PM-10:30PM

Hosted by Lourdes, Daniel & Mario - Mini Lesson Tango
Birthday Cake for Daniel Cruz :) Adm: \$20pp.

Every Wednesday in August
6PM-10PM

Adm: \$20pp. Enjoy an
Evening of Ballroom & Latin
Dancing to a great music mix!

Wednesday, August 7th
Complementary Cha Cha Dance
Lesson with Ramon Rodriguez

Exceptional
Music by DJ Gene
& Joanne



LONG ISLAND COUNTRY MUSIC ASSOCIATION



Saturday, September 14th 6:30PM-11PM

Live music by The Rustlers. DJ & Dance Instruction provided by T.B.D.
Doors open 6:30PM. Music starts 7PM. Coffee at 10pm. (Bring munchies) LIMCA is a
non-profit organization dedicated to the advancement of Country Music & Dance on LI.

A NIGHT WITH THE ULTIMATE ENTERTAINER" LOUIS DEL PRETE

Friday, August 2nd
7:00PM-10:30PM

A throwback to an era when artists actually
"entertained". Louis can sing, dance & play an
instrument! Dance Mix: Ballroom, Latin, Hustle,
WCS & more! \$20PP inc. Complimentary light
buffet, dessert, coffee, tea & cash bar. Singles
tables available. **Reservations of a FULL**
table (8+) Call: 516.819.9016



Dance With Lourdes Cruz

Group Dance Lessons
Every Monday Night
in August

4:45pm Inter/Advanced WCS
(must know 6 & 8 count basics)

6:45pm Latin Mix Basics
& Intermediate

7:45pm WCS Basics & Interm.

Private Lessons Available
Text/call Lourdes: 845-977-3482



Brumidi's Summer Hawaiian Luau

Saturday, August 10th
6:30PM-10:30PM

Grab your Hawaiian Shirt & Grass Skirt
\$45pp. Hawaiian Style Buffet Dinner, Beer, Wine & Soda Included.
Tiki Cash Bar. Brumidi's Famous Hawaiian Entertainment.
Raffles & much more Summer Fun.

DJ Gene & Joanne spinning in the Music Hut

For Tickets and More Details:
Angela 631.304.6499 or Marianne 631.239.5036
Event Chairpersons:
Daniel 631.682.3568 and Rhea 631.553.2186



BRUMIDI CATERING



Brumidi Catering Co. Inc. offers On-site Full Service, Off-Premise (drop off) & Full Service Event Planning as well as Hall Rentals
Banquet Manager: Tara 631.338.6357 • brumidicatering.com

631-940-2006 • www.sonsofitalyLI.com • www.facebook.com/Brumidilodge • Central LI Location • Easy Access & Huge Parking Lot



Dance

with **Lourdes Cruz**

DANCE PARTIES & SOCIALS!

Club Brumidi

2075 Deer Park Avenue
Deer Park, NY 11729

Friday, August 16th

7pm Doors Open. 7:30pm

Birthday Cake for Daniel Cruz :)

TANGO Mini Lesson

7:50-10:30pm Dancing with DJ Gene & Joanne and Lourdes. Dance Hosts for the evening: Daniel & Mario.

\$20pp includes Complimentary Buffet, Coffee, Tea, Dessert & Cash Bar

Spotlight Ballroom

245-24 Horace Harding Expressway
Little Neck, NY 11362

Saturday, August 24th

Ballroom (Smooth & Rhythm), West Coast Swing, Argentine Tango & more with DJ & Hosts Lourdes, Mario & Ian. All levels, singles & couples welcome!

7pm: Bachata Lesson with Ian & Lourdes. 8-11pm:

Dancing with DJ Ian & Lourdes. Dance Hosts for the evening: Ian, Mario, Lourdes & Daniel. \$25pp includes Complimentary. Light Refreshments for your enjoyment/ welcome to bring your own. Parking in back of building.

For Dance Event Information text/call Lourdes: 845-977-3482

Email: lourdes@divaballroomdancing.com

For weather cancellations & class updates see us at:

divaballroomdancing.com. Private Lessons available by appointment

GROUP CLASSES

The DancXchange Dance Studio 290 Broad Hollow Rd, Melville NY 11747

(Bank of America Building) lower level, Suite LL150E. Take stairs down to atrium level next to service desk - follow signs to the studio

Sundays (No class on Aug 4th)

3pm Argentine Tango / 4pm West Coast Swing / 5pm Waltz

\$20pp Drop In. Please text/call to RSVP - All levels welcome

Spotlight Studio 245-24 Horace Harding Exwy Little Neck, NY

Mondays	Every Tuesday	Thursdays
(No class Aug 26 th)	10am Bachata	(No EVE class Aug 1 st)
10am Salsa	11am West Coast Swing	11am Arg. Tango
11am Arg. Tango	5pm Beg Hustle/WCS	

Brumidi Lodge 2075 Deer Park Ave, Deer Park, NY

Every Monday in August

4:45pm Inter/Advanced WCS (must know 6 & 8 count basics)

6:45pm Latin Mix Basics & Inter, 7:45pm WCS Basics & Inter

34 Year
Dance!

SOCIETY TEMPO DANCE

Merrick Golf Course Dansant 2550 Clubhouse Rd. (M9E Meadowbrook Pkwy) Merrick, NY

LEARN HOW TO DANCE - IMPROVE LEVEL BY JOINING OUR DANCE CLUB-COMPLIMENTARY -- PROF. INSTRUCTION & COACHING BY OUR DANCE DIRECTOR WHO HAS TRAINED TEACHERS FOR DECADES.



WELCOME TO OUR AUGUST SUMMER DANSANTS!

Wednesdays, Aug 7th & 14th 1:30 - 4:30PM

Friday, Aug 23rd 12:45 - 3:45PM

\$10 don. Bring your friends or make new ones! Singles and couples welcome! Enjoy bagels, variety of cream cheese, cake, coffee & tea. Largest hardwood Ballroom dance floor on Long Island. Strict tempo music. Bring your partner or students. All past & present dances played in classic ballroom dancing music & popular line.

Instructors, Trainees & Hosts Needed! Private Lessons Available. Free Parking. **Absolutely NO WALK INS.** **MUST RESERVE 1 week prior to dance. Leave name, phone, email and names of people attending.**

Must make a reservation: 718 332-7825 or email dancezee@aol.com

FREE TANGO GROUP LESSONS

CENTRAL PARK TANGO (by the Shakespeare Monument)

August 17 & September 21 at 7:15PM

We still have till the end of September to enjoy this iconic NYC Summer Tango Dance Event!!



With
Audrey

BEGINNER SWING LESSONS
at SWING46 Jazz & Supper Club
Every Tuesday starting at
8:30 pm. For reservations call
SWING46 (212) 262-9554

PRIVATE & GROUP LESSONS
FOR GROUPS & INDIVIDUALS
IN SUFFOLK COUNTY
For info text: (347) 581-6952

FOR INFORMATION TEXT AUDREY: (347) 581-6952

Swing DANCE NIGHT

LIVE MUSIC BY
THE HAYMAKERS

Wednesday Nights
August 7th and 21st

Lesson 7-8pm (\$15) Live Music and
Open Dance floor 8:30pm-11:30pm (\$5)



INDUSTRY

344 NEW YORK AVE. HUNTINGTON, NY 11743
INFO@INDUSTRYMAKERS.ART | WWW.INDUSTRYMAKERS.ART

Ballroom Dance Socials

at The Waterfalls Ballroom

400 Cassata Road Lake Ronkonkoma, NY 11779

Saturday, Aug. 10th

7PM-11PM

&

Saturday, Aug 24th

7PM-11PM



\$20PP includes
coffee, tea, desserts
and raffles!

Reservations suggested

Single & couples
welcome!

Call or email Valerie for info: 631-581-8509 or 631-487-3203 • valmdance@yahoo.com

In Step With The Editor

Loren Finkelstein



Whether you enjoy Salsa, Hustle, Cha Cha or Swing, you'll find plenty of Ballroom & Latin dance socials and group classes at all levels listed in the August issue. As always, please call advertisers ahead to confirm dates, times and locations as wrong information may appear and events may be canceled or rescheduled. If you'd like to become a contributing writer for The Dance Calendar, please contact me at info@TheDanceCalendar.com. Be sure to join the Dance Calendar's growing Facebook Group community to discover more events around Long Island, Queens and NYC:

www.facebook.com/groups/thedancecalendar

Happy Dancing!
Loren

DANCE WITH DJ PEDRO

Social Ballroom Mix!

Wednesdays August 14 & 28
7pm-11pm



Spotlight Ballroom
245-24 Horace Harding Expy.
Little Neck, NY 11362

DJ Pedro for info: 718-640-8216

Dance is held
every other
Wednesday.
\$20 PP.
Coffee, tea &
snacks served.

A Night of Social Dancing



Friday Nights

With Music
by
DJ Scott

August 2nd & August 16th

7pm-11pm ... From ballroom to rock 'n roll, there's
something for everyone, a night of real fun!

(Held on the first & third Friday every month) \$15pp includes coffee & desserts,
cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 & giveaways!
IN CASE OF INCLEMENT WEATHER, PLEASE CALL/TEXT DAY OF DANCE TO CONFIRM: 631-513-1055

For info call Louise at 631-277-7774 or 631-513-1055(cell)
Knights of Columbus, Hall 38 W. 1st Street, Patchogue NY
(Off Waverly Ave. across from 5th precinct)

Dance With Me

SUNDAY NIGHTS DANCE

**34 Wonderful Years
of Dancing!**



Sunday, August 25th

Music by DJ Andrew

4:30pm-5pm Line dance with David
5pm-9pm Dance

\$25PP Admission includes Complimentary
Hot & Cold Buffet, Dessert & Coffee.
Raffle & Door Prizes!!



For more information please call Nancy 516-587-4330

Held at Hollis Hills Jewish Center - 210-10 Union Turnpike, Hollis Hills, NY 11364

Rise and Fall in Waltz Part 1: The Basics

By Richard Fiore

(Licentiate, (LAB, LAR, T) Imperial Society of Teachers of Dancing)

Email Richard at: rf1111@yahoo.com



Waltz is an elegant ballroom dance that has been enjoyed for many years in ballrooms worldwide. Its name is derived from the German word 'Walzen' which describes the turning and gliding characteristic of waltz. A well performed waltz is aesthetically pleasing to watch. It conveys passion as dancers travel gracefully along the dance floor with gliding and turning movements that are brilliantly synchronized to the music.

One of the most striking features of waltz is the elegance that is expressed through rise and fall. This is a technique in ballroom dancing that describes the graceful lifting and lowering of the body that is achieved from well-coordinated and synchronized action of the legs, ankles and feet. While rise and fall is classically used in waltz, foxtrot and quickstep, it is said to be the hallmark of waltz. When danced properly, it expresses a gradual lifting of the body referred to as 'rise', followed by a gentle lowering of the body referred to as 'fall'. This action is repeated on each measure of music. It is largely accomplished by proper footwork as well as by controlled extensions and compressions of the leg muscles. Rise and fall should always be gradual, continuous and smooth and should never reveal abrupt choppy movements.

One of the most essential elements for achieving proper rise and fall is the footwork. This describes the part of the foot that is in contact with the floor over each step. For example, heel toe indicates a forward step that is first taken onto the heel and finished on the toe. This can be viewed as an ascending step. The most commonly used footwork for basic figures in social waltz dancing and its association to rise and fall is given in the tables below.

Over Three Steps Moving Forward with Feet Closing on the 3rd Step

Step	Rise / Fall	Footwork
1	Commence to rise at the end of step 1	Heel-Toe
2	Continue to rise on step 2	Toe
3	Continue to rise on step 3; lower at the end of step 3	Toe-Heel

Over Three Steps Moving Backward with Feet Closing on the 3rd Step

Step	Rise / Fall	Footwork
1	Commence to rise at the end of step 1, (no foot rise)	Toe-Heel
2	Continue to rise on step 2	Toe
3	Continue to rise on step 3; lower at the end of step 3	Toe-Heel

Normal rise in waltz is initiated by gently pushing up through the legs onto the balls of the feet from softly bent knees while flexing through the ankles and feet. It is worth noting that there is no foot rise at the end of the first backward step. The corresponding commencement to rise at the end of this step may appear to be a contradiction since the step finishes on the heel. In this scenario there cannot be any foot rise, but rather only body rise which is established by lengthening upward through the body.

It is best to focus on the fundamentals of rise and fall while developing this technique. The rise should be smooth, gradual and extended over approximately two steps. The lowering action should also be smooth; however, it occurs at the end of the third step and hence is more rapid than its counterpart. The analogy that I like to use is to ascend up on an escalator and descend down on an elevator.

Elegant waltz dancing always exhibits quality rise and fall that adds a considerable degree of creative expression to the dance. There are many incredible effects that can be created through the use of rise and fall. For example, experienced waltz dancers may deliberately dance ½ beat behind the rhythm at times and then catch up at the end of the measure. Rather than completing the 2nd step exactly at the end of the 2nd beat in the measure, the step may be stretched out beyond one musical beat. This embellishes the expression of the music by affording extra time to reveal the subtle transition between the end of the rise and beginning of the fall over the 3rd step. In this manner the music can be expressed more empathetically.

Refining rise and fall is best accomplished by dancing basic waltz figures to slow tempo waltz music. This will enhance one's ability to more clearly experience the association between footwork, leg, ankle and foot action in relationship to rise and fall over all of the steps. Rise and fall is an essential element at all levels of waltz dancing, from social ballroom to competition dancing. It contributes significantly to the overall aesthetic appeal of the waltz.



The seamless transition between rise and fall gives the waltz its characteristic smoothness and grace. Dancers appear to float across the dance floor, creating a mesmerizing visual display. Proper execution of rise and fall enhances the perceived lightness and flow of the dance, making movements appear effortless. In essence, while rise and fall may seem easy, it is intricately tied to both technical proficiency and artistic expression. Mastering it not only enhances the beauty of the dance but also deepens the connection between dancers and the music they interpret.

Ballroom Dancing at Adelphi University

*Professional
Studio with wood
floor & mirrors!*



*Refine your skills in the most
popular ballroom dances!
Best practice syllabus
based techniques.*

**Join us at Adelphi University Garden City, NY Campus
for an Amazing 11 week Dance Class**

Get ready for Fall Classes!

Description: This class offers an opportunity to gain experience in social / ballroom dancing. It is an excellent choice for those looking to develop fundamental dance skills as well as building on previous experience. The instructor will break down all dance figures and combine them to form amalgamated routines. Best practice syllabus-based techniques in timing, feet positions, alignment, footwork, and lead and follow will be demonstrated. This class is suitable for first time dancers as well as those with previous experience. It is designed to build confidence and enhance social enjoyment on the dance floor. Social dancing gives you a more positive outlook on life!

Enrollment with a partner is recommended; however, singles are welcome. Participants should wear comfortable clothes and leather bottom shoes or dance shoes. Sneakers or rubber bottom shoes are not recommended.

Candidate Dances: Foxtrot, Rumba, Waltz, Cha Cha, Swing, Salsa/Mambo, Bolero, Tango & Meringue

Dates: Fridays, September 13, 20 & 27, October 4, 11, 18 & 25, and November 1, 8, 15 & 22

Instructor: Richard Fiore – Dual Licentiate, Imperial Society of Teachers of Dancing

Location: Adelphi University, One South Ave., Garden City, NY 11530 - Woodruff Hall Dance Studio

To Register: \$125/person for general admission. **Registration with a partner is recommended.** Call Noreen DeNicola at (516) 877-4260 or email ndenicola@adelphi.edu



With Donna DeSimone Dance

***Donna will be on vacation from Friday August 30th - September 8th.
Classes will resume on Monday September 9th***

Register Today! All group classes are pay as you go \$20pp. Contact Donna to register for all classes. Not too late to register or schedule a private lesson!

The DancXchange Dance Studio Summer Schedule

290 Broad Hollow Rd., Suite LL150E, Atrium Level Melville, NY 11747
(Located in the blue Bank of America building at the northwest intersection of the Long Island Expressway exit 49N & Route 110)

MONDAYS

AUGUST 5, 12, 19, 26

7:30-8:30pm: Slow
Intermediate Hustle

WEDNESDAYS

AUGUST 7, 14, 21, 28

7:15pm-8:15pm: Intermediate Hustle
8:15pm-9:15pm: Intermediate WC Swing

TUESDAYS

AUGUST 6, 13, 20, 27

7pm-8pm: Advanced Hustle
8:15pm-9:15pm: Country
Two Step (Open Level)

THURSDAYS

AUGUST 1, 8, 15, 22, 29

7:15pm-8:15pm: Adv/Beginner Hustle

FRIDAY, AUGUST 23

Doors open for student practice at 6:45pm. Free lesson 7:15-8pm.
Open dancing 8-11pm. Hustle, WCS, Country Two Step, Latin &
Smooth. Masks are optional not required. Can not bring drinks
into hall, bar. You can not bring your own food & snacks.
Table reservations for 6 to 10 people. \$20pp cash at the door.
Held every 4th Friday of the month.

Donna's cell: 516.375.8498 • Email: dancxchange@yahoo.com • Web: www.donnadesimone.us

Barney & Debbie's Dance Obsession

Call today for a complimentary lesson!
(516) 753-2121

Open Monday - Saturday for Private Lessons
18 Hempstead Tpke. Farmingdale, NY 11735

www.DanceObsession.com
 Dance Obsession Ballroom Studio
 Dance Obsession Ballroom Studio



MONDAY NIGHT MADNESS 4 Week Course - Start date August 5th

\$60PP per class for 4 week session*. \$20 for drop in class.
6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances
6:45PM Advanced Solo Work in all dances
7:30PM Couples Group - SWING

TUESDAY NIGHT BEGINNER'S FUN GROUP CLASS 4 Week Course - Start date August 6th at 7PM

\$60 per person, per class for 4 week session. Class fills up quickly. All levels welcomed!
7PM Social Bronze Level working on School Figures 1-3 in all dances & Ballroom Line Dances
***Mon/Tue Classes MUST Pre-Register & Pre-Pay for \$60 rate before session! Drop in Class - \$20**

FRIDAY NIGHTS AT DANCE OBSESSION!

Friday, August 9th

**Dance of the Month
Group is Hustle**

Group starts at 7pm
Group class only: \$15PP
Party: \$20PP
Group and Party: \$30PP



**Friday, August 23rd
DISCO PARTY!**

(Hustle, Swing, Cha Cha & taking requests)
8-10 pm. \$25 if paid by 8/9 & \$30 thereafter.
Dress 70's - Sodas, Bottled Water, Chips,
Punch, Appetizers, Light Fare, Coffee
& Dessert. HUSTLE group @ 7PM - \$15
Take Group & Party - \$35

COME BACK IN TIME WITH THE SOUNDS OF DJ RAY

Massapequa Elks Lodge - 2162 Veterans Blvd. Massapequa, NY
For information or to make a reservation call DJ Ray at 516.385.1720

A great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, West Coast Swing and a touch of Latin too!

**EVERY
FRIDAY NIGHT
IN AUGUST**
Singles & Couples
Welcome!

Dance
8pm-12am
Doors open 7:45pm
Newly Refinished
Dance Floor!!

**Oldies
Night**

\$25 Adm includes: Open Bar, Bagels & Desserts, 50/50 & Door Prizes Coffee & Tea. Large on premises parking. Please, NO \$100 bills, thank you. Proper attire please - no sandals, no jeans. Singles & couples welcome! Walk-ins welcome! Reservations required for 8 or more. Table will be held for up to 20 minutes after dance opens.
PLEASE CALL 4 HRS AHEAD IN CASE OF INCLEMENT WEATHER.



DANCING IN THE STREET!

Join us **Fridays** from 6:30pm to 9:30pm in front of 74 Audrey Ave

**JULY 5TH, 12TH, 19TH, & 26TH
AUGUST 2ND, 9TH & 16TH**

NEW THIS YEAR: BLOCK PARTY ON AUGUST 2ND!

Enjoy a free evening of dancing under the stars with vendors, music and live demonstrations provided by a professional DJ!

SPONSORED BY: STELLINA HOSPITALITY:
SABRINA'S, THE WINE LINE, STELLINA RISTORANTE & STELLINA BAKERY

sabrina's
Bakery & Restaurant

THE WINE LINE

Stellina
RESTAURANTE

Stellina
BAKERY & CAFE

QUESTIONS? EMAIL INFO@OBMSA.ORG OR CALL 516-922-6982

The Argentine Viewpoint

What is Embodied Yoga?

By Michael Ditkoff

Email Michael at: tangomaniac@optimum.net



Michael Ditkoff has taken ten years of private ballroom, latin, swing and hustle lessons; eight years of private Argentine Tango, Waltz and Milonga lessons; three years of Embodied Yoga to improve his frame, and six months of Alexander Technique to improve his posture. He was also a dance host on three cruise ships. Michael resumed playing the piano in July 2023, further sharpening his musicality.

Last month, I wrote that I didn't have body awareness. I was so stiff, Joe, my teacher, thought rigor mortis had begun. (A follower told him my embrace had all the warmth of a strait jacket.)

When my torso rotated to the left, my left arm didn't move with it. When I lead Joe in a molinete to my left, my left arm acted like a gate and blocked him. To gain awareness, I put a broom behind my neck with my arms over the handle. Now, my left arm moved with the torso. It would be embarrassing to take the broom to a milonga!

Flexibility is necessary to be a good dancer. A good dancer can separate the body above and below the waist. (Some teachers call this "disassociation.") This is necessary for ochos. The follower's lower portion of the body should move but the top portion should stay in front of the leader. (March 2018 issue.)

The yoga therapist began our sessions with a review of stress from the prior week. She played a tape of waves crashing on the beach, which was very soothing. I eventually substituted Argentine Tango music with DiSarli's orchestra, probably the most emotional Argentine Tango orchestra.

Tension will take the path of least resistance which usually leads to the lower back. At each session, I laid on my back putting my feet into the air and pulling my knees into my stomach. The therapist firmly pushed down on the feet. This opened the sacrum, the bone at the bottom of the spine. Afterwards, I rolled onto the side. She stretched my left arm slightly and put a toe into the left armpit. She repeated with the other side of the body. With each position, I could feel tension being released. The release felt like an explosion of energy, and I fell asleep.

She also taught slow and deep breathing to relax the muscles. I no longer dance with tension.

Over time, I became happier, and my dancing became much better. I don't know which came first. Either better dancing led to happiness or happiness led to better dancing.

The moral of the story is dancers bring their bad habits onto the dance floor. It's a myth to think the only time you have to pay attention to your problems is when you step onto the dance floor. It's impossible to leave your problems at home. Embodied Yoga helped get rid of problems that held me back.

Italian Charities of America

SATURDAY NIGHT DANCES

AUGUST 3 & 17



DOORS OPEN AT 7PM | DANCE 8PM TO 12AM

**DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music!
Hot Buffet, Dessert, Coffee & Tea. Cash bar available. Door prizes
and 50/50 raffle. \$25 at the door or \$22 for dance members.
Become a dance member the night of the dance!**

Since 1951, our dances are a longstanding tradition to fundraise
for our non-profit organization and non-profit building.

**For more information call 718-478-3100 or
email: italiancharitiesofamerica@gmail.com**



Italian Charities of America, Inc.
A 501c3 Non-Profit Organization
83-20 Queens Blvd. Elmhurst, NY 11373
www.italiancharities.org

Like us on Facebook: www.facebook.com/italiancharitiesofamerica
Follow us on Instagram: [@italiancharitiesofamericainc](https://www.instagram.com/italiancharitiesofamericainc)





QUEENS
BALLROOM
DANCE



Social Dance Everyday!
2pm-6pm

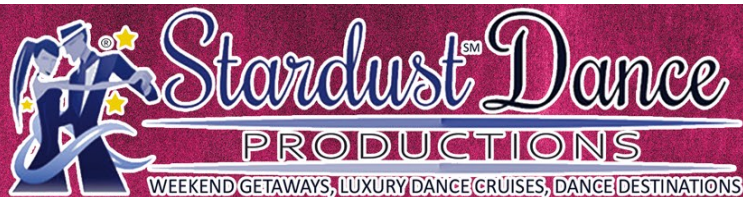
Also Wednesday and Friday
Nights 7pm-10pm

Group lessons
before every social!

Price varies \$12 - \$15 pp
unless a special party is booked

32-17 College Point Blvd Flushing Queens

646-420-7875



134th Weekend Getaway

Friday - Sunday
September 13th - 15th, 2024

Villa Roma Resort
365 Villa Roma Rd
Callicoon, NY 12723

Rates start at
\$670 per person

Based on double occupancy for 3-day/2-night weekend.

All Inclusive (excluding tax)

Add Thursday Night for an additional

\$185 pp double occupancy • \$200 single occupancy

DEPOSIT:
\$150 PER PERSON

Friday Evening
Theme

Dirty
Dancing

Stardust Favorite DJs

Michelle & Bob Friedman | Ballroom

Harry Trinidad | Latin • Maria Valentino | Argentine Tango

Lou Brockman | West Coast Swing/Hustle/California Mix



Roman & Hanna Prymachok
Latin & Ballroom



Luis Ramirez
& Analia Carreño
Argentine Tango



Eight to The Bar Band

Your All Inclusive Weekend Package Includes:

3 Day / 2 Nights Stay at Resort

7 Meals • 5 Course Dinner

Open Bar Cocktail Party

Wine/Champagne Reception

Over 50 Dance Workshops with Our Top Instructors

Night & Day Dancing to 4 Great DJ's

Dancing During Lunch & Dinner

Top Night Club Entertainment

Your Choice – Separate Dance Facilities for

Latin, Ballroom, Argentine Tango &

West Coast Swing/Hustle/California Mix

Meet-and-Greet Thursday & Friday Arrivals

Special Thursday Night Rate

Singles Mixer Thursday Night

(Couples are Welcome)

Happy Hour • Dinner / Dancing • Workshops

Friday - Breakfast & Lunch

World Class Entertainment

Luis Ramirez & Analia Carreño - Argentine Tango

Roman & Hanna Prymachok - Latin & Ballroom

Dance Instructors

Edgar Osorio, Lou Brockman, Heather Gehring, Joyce Henderson

Linda Leverock, Christopher Crevatas, Taryn Rucinski, Maria Valentino,

Luis Ramirez & Analia Carreño, Roman & Hannah Prymachok

Band

Eight to the Bar

Fitness Instructors

Molly Gelsomino, Jennifer Van Etten

Dance Hosts Available for Followers

Future 2024 Stardust Dance Weekend

November 15-17

Future 2025 Stardust Dance Weekends

April 4-6 • June 13-15

September 12-14 • November 21-23

MAKE YOUR RESERVATION NOW!

BOOK ON-LINE: www.STARDUSTDANCE.com • BOOK ON PHONE: (CELL) 845-796-6511 OR 845-794-4982 (OPEN: Monday - Friday 9am-5pm)

Produced by: Edgar Osorio, CEO Stardust Dance • Justine Scully, Operations Manager

All information & FAQ's on-line or call us for any questions.

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20 Highview

June 5

Deverne & The VintageSoul
Dance Band & Music Express
Dance Band

June 12

Vinyl Revival

June 19

Radioactive Band

June 26

Radio Flashback & Limewired

July 3

Fireworks Show on the Lake
with The 70s Band

July 10

Krush

July 17

Justice & VHS Cover Band

July 24

Entourage

July 31

Where Stars Collide

Aug 7

Guilty Pleasures &
Spinderella & The Posers

Aug 14

The Legendary Murphys

Aug 21

70's Rock Parade

Aug 28

12X and Naked Truth

Sept 4

20 Highview



RESERVATIONS: 631-981-4242

161 Rose Dr. Ronkonkoma, NY
www.anthonyslive.com



We All Began this Journey as a Beginner

By Keith Happ

Beginner Dancers: Know nothing.

Intermediate Dancers: Know everything and they are too good to dance with beginners.

Hot-Shot Dancers: Are too good to dance with anyone.

Advanced Dancers: Well, they dance everything and they dance even with beginners.

This quote by Dick Crum I've observed many times along my journey: "Learning to dance was a big step, or maybe a lot of little ones." I remember going out to say hello to a friend who was now teaching at a dance. When I entered, heard a great two step. I noticed a woman standing by the dance floor, extended my hand and asked her to dance. She replied, "I didn't dance with beginners. But made an exception this time." I was flattered and honored. Knowing she was not a beginner I lead her through intermediate and advanced two step moves. When the song ended and her breathing regained normalcy she looked at me and asked, "you're not a beginner are you?" I just smiled and walked away.

It is rare that I ask a stranger to dance. I usually ask women that I know. Being beat deaf I am very self-conscious of my dancing. Since Joan, my wife, passed I have not met anyone that I can truly dance with. The moves we did, the style, everything has changed. I feel as though I am a beginner once again.

Lets take a fresh look at frame, lead and follow. The gentleman is the lead and the lady is the follower. The lead is the choreographer of every move of that dance. The follower is the dancer. Gentleman, it is your job to make her look good. Ladies, he can not do that if you take over the lead, which most women do over and over again! How do you take over the lead? I am glad you asked? First, NEVER let go of a man's hand! As a lead he will let go of your hand but you NEVER let go of his hand. Secondly, when he let's go of your hand, depending on the move, either leave it where he left it or it goes to free arm position. Third, Don't Think, Don't Anticipate, just follow. Fourth, if my hand is over your head, you are turning if it is over mine I'm turning. Lastly, if you don't feel the turn Don't Turn! That is Lead and follow 101.

Too many lessons on dance moves but none on Frame, Lead and Follow. Don't get me started on dance floor etiquette. In 1980s country dancing, the couples all danced progressively down line of dance. But besides that we also had two circles

of dancers. The novice or beginners danced along the outside of the dance floor. The more advanced dancers danced in the inner circle and the line dancers or stationary dancers were in the center. We all danced without colliding into each other and without the need to take a defensive dancing class. Ballroom should take a page out of the 1980s country dance syllabus.

Most men don't know how to lead. That it is because women don't want them to. That's right - if you want a man to learn how to lead then you need to learn how to follow! As long as you lead he doesn't have to.

As for dance floor etiquette be aware of others. Think of why you do or don't do certain things. I often think it is like on a birthday. We make a wish then we blow out the candles, Did you ever stop and ask where did that tradition start and why? You just say that's what everyone else is doing so I'm gonna do it. For the few that are curious. Ah, curiosity the proverbial cat killer. Curiosity killed the cat, but, for a while I was a suspect. In ancient Greece, the people would take their torches to the sacred grounds and pray to the god of rain, Zeus, to water the crops... to Asclepius the god of medicine to heal the sick or to Hermes Psykhopompos the guide of the dead, messenger of the gods who would lead souls to the river Styx, then to Charon, to transport them across the river. Upon completion of their prays they would extinguish their torch and the smoke would carry their prayers up to the heavens. Think about that the next time you make a wish and blow.

Country dances got too loud and dance floor etiquette vanished along with couple dancing. I chose to leave it behind and go to other styles of dance and I am able to sleep at night. OK, not the full eight hours straight though anymore. There are some nights I feel as though I got the full seven, seven and a half minutes sleep. But that's due to age, I'm not going to divulge my age, let me just say that in dog years, I'm dead.

My dance journey has been challenging at times but mostly a lot of fun. I got on this roller coaster ride in the late 80s, early 1990s and never got off. I have watched west coast swing go from a country couples dance with strict style and moves to the slot dance with faster turns and watched it enter the Ballroom dance floor. Funny ballroom dancers accepted west coast swing as a ballroom dance forgetting it's roots are in country dancing, but are hesitant to accept novelty/stop and go dances ie. the Wooden Nickel, El Paso cha cha and more which used to be done in country dancing, but their roots are in ballroom.

In closing, work on your frame, work on your lead and follow and I will try not to step on your feet. I promise you the pain will go away. Eventually..... I think.....I hope.

Teal the next dance
K.A.S.H

\$20

LONG ISLAND LATIN MOVEMENT
PRESENTS

AUG
2

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8pm - FREE SALSA & BACHATA INTRO CLASS BY LATIN MOVEMENT
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8pm-Complimentary Class

9pm-1am - Social Dancing

11:30pm - Show Time

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August 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

THURSDAY AUG 1

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 11am Argentine Tango. 845-977-3482. Ad pg 4

Medford

Free Latin Dance Classes with Michelle Vocale at Little Mexico 3253 Horseblock Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. Prior to attending please email Michelle to confirm. For more information: michelle@latinballroomlessons.com. Ad pg 2

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

FRIDAY AUG 2

DANCES

Bay Shore

Latin Dance Movement Summer Dance Social at JLR Dance Unlimited 5 5th Ave. 8pm Complimentary Salsa & Bachata Intro Class by @lilatinmovement, 11:30pm Performance by: Las Bellezas del Mambo @las_bellezas_del_mambo @bella.la.salsera. Social Dancing: 9pm-1am. Complimentary Drinks & Snacks. SALSA, BACHATA MERENGUE & MORE ALL NIGHT (send us your favorite songs and we will play them that night!) @jlrdanceunlimited. For info: 631-886-4469. Entry: \$20. Ad pg 14

Deer Park

Brumidi Lodge. 2075 Deer Park Ave. A night with "The Ultimate Entertainer" LOUIS DEL PRETE. 7PM-10:30PM. Adm: \$20pp. A throwback to an era when artists actually "entertained". Louis can sing, dance, and play an instrument! Complimentary light buffet, dessert, coffee, tea & cash bar. Dance Mix including but not limited to Ballroom, Latin, Hustle & WCS Singles tables available. www.sonsofitalyLL.com. For reservations of a FULL table (8+) call 516.819.9016. Ad pg 3

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 8

Oyster Bay

Main Street in front of 74 Audrey Avenue. Oyster Bay Main Street invites you to the 12th season of Dancing in the Street! 6:30pm to 9:30pm. Enjoy a FREE evening of dancing under the stars with music and live demonstrations provided by a professional DJ! Ad pg 8

Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$15pp includes coffee and desserts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 5

SATURDAY AUG 3

DANCES

Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot buffet and Dessert. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash bar available. Price increase: \$25 at the door and \$22 for dance members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 9

Flushing

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SUNDAY AUG 4

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MONDAY AUG 5

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CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Intermediate/Advanced WCS (must know 6 & 8 count basics, 6:45pm Latin Mix Basics & Intermediate 7:45pm, West Coast Swing Basics & Intermediate. 845-977-3482. Ad pg 4

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. 6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances, 6:45PM Advanced Solo Work in all dances, 7:30PM Couples Group: Swing. www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Salsa, 11am Argentine Tango. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

TUESDAY AUG 6

DANCES

Greenlawn

Join your friends for DJ and Dancing at Swing Dance Long Island's Tuesday Swing Dance at the Huntington Moose Lodge, 631 Pulaski Rd. Lesson at 7:30pm, Pizza Night. \$15/person. Membership Appreciation Night! \$5 for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

Flushing

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Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially with Marcelo Mesa 6:30pm to 10:30pm followed by a buffet dinner and a three hour práctica! Learn Argentine Tango from Martin Almirón, Iakov Shonsky and Eran Polat on alternating Tuesdays. Adm. \$25 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org. Ad pg 2

CLASSES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Beginners Fun Group! 7PM Social Bronze Level working on School Figures 1-3 & Line Dances. Geared to the brand new students! All levels welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Bachata, 11am West Coast Swing. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:00pm-8:00pm: Advanced Hustle, 8:15pm-9:15pm: Country Two Step (Open Level). www.donnadesimone.us. 516.375.8498. Ad pg 7

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 4

August 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

WEDNESDAY AUG 7

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. Complementary Cha Cha lesson with Ramon Rodriguez from 6:30pm-7pm www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Huntington

Swing Dance Night at Industry Lounge & Gallery, 344 New York Ave. 7-8pm Lesson and 8:30-11:30pm open dance with LIVE MUSIC by The Haymakers! For more information email info@industrymakers.art Ad pg 4

Merrick

Join us for our Aug Summer Dansant at the Merrick Golf Course -2550 Clubhouse Rd. (9E Meadowbrook)- \$10pp don. 1:30-4:30PM - Bagels, variety of cream cheese, coffee, tea, cake, Bring your friends or make new ones, Largest Ballroom Hard Wood Dance Floor in LI, Strict Tempo Music. Bring your partner or students. Private Lessons Available. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718-332-7825 or email dancezee@aol.com. Ad pg 4

CLASSES

Long Beach

West Coast Swing beginners class at The Dance Loft, 160 W Park Ave. Taught by Galen Chan. 8-9pm Beginner's Class, 9-9:30pm Guided Practice. Bring someone NEW to class and you both get \$10 off! Bring 2 or more newbies, get in for FREE and your guests each get \$10 off! Please e-mail Liswingswcs@gmail.com with your guests names to get our promo code. Ad pg 15

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

THURSDAY AUG 8

DANCE

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Medford

Free Latin Dance Classes with Michelle Vicale at Little Mexico 3253 Horseblock Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. Prior to attending please email Michelle to confirm. For more information: michelle@latinballroomlessons.com. Ad pg 2

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

FRIDAY AUG 9

DANCES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Friday Night Soiree and Dance of the Month. Group Lesson is Hustle at 7PM. Dance Party 8PM-10PM. We will be changing partners. All welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

Massapequa

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SATURDAY AUG 10

DANCES

Deer Park

Brumidi Lodge. 2075 Deer Park Ave. Brumidi's Summer Hawaiian Luau. 6:30PM-10:30PM Grab your Hawaiian Shirt & Grass Skirt! \$45pp. Hawaiian Style Buffet Dinner, Beer, Wine & Soda Included. Tiki Cash Bar. Brumidi's Famous Hawaiian Entertainment. Raffles & much more Summer Fun. DJ Gene & Joanne spinning in the Music Hut. For Tickets and more details: Angela 631.304.6499 or Marianne 631.239.5036 Event Chairpersons: Daniel 631.682.3568 and Rhea 631.553.2186 Ad pg 3

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Lake Ronkonkoma

Ballroom & Latin Dance Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, Desserts, Raffles, Singles & Couples. 631-581-8509 or 631-487-3203 or email valmdance@yahoo.com for directions, info or reserve a table. Ad pg 5

SUNDAY AUG 11

DANCES

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CLASSES

Melville

Dance with Lourdes Cruz at The DancXchange Dance Studio, 290 Broad Hollow Rd. 3pm Argentine Tango, 4pm West Coast Swing, 5pm Waltz (Must RSVP). 845-977-3482. Ad pg 4

MONDAY AUG 12

DANCES

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Little Neck, Queens

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Melville

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August 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

TUESDAY AUG 13

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WEDNESDAY AUG 14

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Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. Social Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$20 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 5

Merrick

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West Coast Swing beginners class at The Dance Loft, 160 W Park Ave. Taught by Galen Chan. 8-9pm Beginner's Class, 9-9:30pm Guided Practice. Bring someone NEW to class and you both get \$10 off! Bring 2 or more newbies, get in for FREE and your guests each get \$10 off! Please e-mail Liswingswcs@gmail.com with your guests names to get our promo code. Ad pg 15

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

THURSDAY AUG 15

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 11am Argentine Tango. 5pm Beginner Hustle/West Coast Swing. 845-977-3482. Ad pg 4

Medford

Free Latin Dance Classes with Michelle Vicale at Little Mexico 3253 Horseblock Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. Prior to attending please email Michelle to confirm. For more information: michelle@latinballroomlessons.com. Ad pg 2

Melville

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FRIDAY AUG 16

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 7pm Doors Open. Hosted by Lourdes, Daniel & Mario! 7:30pm Mini lesson Tango with Lourdes. Birthday Cake for Daniel Cruz :) 8PM-10:30PM Social Dance Mix with Music by DJ Gene & Joanne. \$20pp includes Complimentary Buffet, Coffee, Tea, Dessert & Cash Bar. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 8

Oyster Bay

Main Street in front of 74 Audrey Avenue. Oyster Bay Main Street invites you to the 12th season of Dancing in the Street! 6:30pm to 9:30pm. Enjoy a FREE evening of dancing under the stars with music and live demonstrations provided by a professional DJ! Ad pg 8

Patchogue

A Night of Social Dancing with Music by DJ Scott! Knights of Columbus, Hall 38 W. 1st Street (Off Waverly Ave. across from 5th precinct) Held on the first and third Friday of every month. 7-11pm. From ballroom to rock and roll, there's something for everyone, a night of real fun! \$15pp includes coffee and des-

August 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

serts, cash bar available, feel free to bring snacks. Door prizes, raffles, 50/50 and giveaways! For more information call Louise at 631-277-7774. IN CASE OF INCLEMENT WEATHER, PLEASE CALL OR TEXT DAY OF DANCE TO CONFIRM at 631-513-1055 (cell). Ad pg 5

SATURDAY AUG 17

DANCES

Elmhurst, Queens

Italian Charities of America invites you to our Saturday Night Dance! 83-20 Queens Blvd. Doors open at 7pm. Dance 8pm to 12am. Hot buffet and Dessert. DJ will be spinning classics, oldies, Top 40, Disco, Italian and Latin music! Cash bar available. Price increase: \$25 at the door and \$22 for dance members. Since 1951, our dances are a longstanding tradition to fundraise for our non-profit organization and non-profit building. Please inquire on how to become a member. Door prizes and 50/50 raffle. 718-478-3100. Ad pg 9

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

CLASSES

New York City

CENTRAL PARK TANGO with Audrey (by the Shakespeare Monument) For info text Audrey: 347-581-6952. Ad pg 4

SUNDAY AUG 18

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

CLASSES

Melville

Dance with Lourdes Cruz at The DancXchange Dance Studio, 290 Broad Hollow Rd. 3pm Argentine Tango, 4pm West Coast Swing, 5pm Waltz (Must RSVP). 845-977-3482. Ad pg 4

MONDAY AUG 19

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

CLASSES

Deer Park

Dance with Lourdes Cruz at Brumidi Lodge. 2075 Deer Park Ave. 4:45pm Intermediate/Advanced WCS (must know 6 & 8 count basics, 6:45pm Latin Mix Basics & Intermediate 7:45pm, West Coast Swing Basics & Intermediate. 845-977-3482. Ad pg 4

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. 6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances, 6:45PM Advanced Solo Work in all dances, 7:30PM Couples Group: Swing. www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Salsa, 11am Argentine Tango. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

TUESDAY AUG 20

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Greenlawn

Join your friends for Band Night with The Haymakers at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. Swing Lesson at 7:30pm, Band performs at 8pm. \$20/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially with Marcelo Mesa 6:30pm to 10:30pm followed by a buffet dinner and a three hour práctica! Learn Argentine Tango from Martin Almirón, Iakov Shonsky and Eran Polat on alternating Tuesdays. Adm. \$25 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org. Ad pg 2

CLASSES

Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. Beginners Fun Group! 7PM Social Bronze Level working on School Figures 1-3 & Line Dances. Geared to the brand new students! All levels welcomed! www.DanceObsession.com. (516) 753-2121. Ad pg 7

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 10am Bachata, 11am West Coast Swing. 845-977-3482. Ad pg 4

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:00pm-8:00pm: Advanced Hustle, 8:15pm-9:15pm: Country Two Step (Open Level). www.donnadesimone.us. 516.375.8498. Ad pg 7

New York City

Beginner Swing Lessons with Audrey at SWING46 Jazz & Supper Club, 349 W 46th St, New York, NY. Starts at 8:30PM. For reservations call SWING46 (212) 262-9554. Ad pg 4

WEDNESDAY AUG 21

DANCES

Deer Park

Club Brumidi. 2075 Deer Park Ave. 6-10PM Social Dance Mix. Enjoy an Evening of Ballroom and Latin Dancing to a great music mix! Music by DJ Gene & Joanne. www.sonsofitalyLI.com. 516-991-3208. Ad pg 3

Flushing

Social Dancing at Queens Ballroom Dance 32-17 College Point Blvd. 2pm-6pm and 7pm-10pm. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. No partner necessary! Call for pricing. Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Huntington

Swing Dance Night at Industry Lounge & Gallery, 344 New York Ave. 7-8pm Lesson and 8:30-11:30pm open dance with LIVE MUSIC by The Haymakers! For more information email info@industrymakers.art Ad pg 4

CLASSES

Long Beach

West Coast Swing beginners class at The Dance Loft, 160 W Park Ave. Taught by Galen Chan. 8-9pm Beginner's Class, 9-9:30pm Guided Practice. Bring someone NEW to class and you both get \$10 off! Bring 2 or more newbies, get in for FREE and your guests each get \$10 off! Please e-mail Liswingswcs@gmail.com with your guests names to get our promo code. Ad pg 15

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Intermediate Hustle, 8:15pm-9:15pm: Intermediate West Coast Swing. www.donnadesimone.us. 516.375.8498. Ad pg 7

August 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

THURSDAY AUG 22

DANCES

Bay Shore

Latin Dance Movement Summer Dance Social at JLR Dance Unlimited 5 5th Ave. 8pm Complimentary Salsa & Bachata Intro Class by @lilatinmovement, 11:30pm Performance by: Las Bellezas del Mambo @las_bellezas_del_mambo @bella.la.salsera. Social Dancing: 9pm-1am. Complimentary Drinks & Snacks. SALSA, BACHATA MERENGUE & MORE ALL NIGHT (send us your favorite songs and we will play them that night!) @jlrdanceunlimited. For info: 631-886-4469. Entry: \$20. Ad pg 14

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

CLASSES

Little Neck, Queens

Dance with Lourdes Cruz at Spotlight Studio 245-24 Horace Harding Exwy. 11am Argentine Tango. 5pm Beginner Hustle/West Coast Swing. 845-977-3482. Ad pg 4

Medford

Free Latin Dance Classes with Michelle Vicalé at Little Mexico 3253 Horseblock Road. Starts at 7:30PM. Purchase from restaurant or bar suggested. Prior to attending please email Michelle to confirm. For more information: michelle@latinballroomlessons.com. Ad pg 2

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

FRIDAY AUG 23

DANCES

Farmingdale

Barney & Debbie's Dance Obsession Disco Party! 18 Hempstead Tpke (Hustle, Swing, Cha Cha & taking requests) HUSTLE group @ 7PM - \$15. 8-10 pm. \$25pp if paid in advance by 8/9, \$30 thereafter. Dress 70's, Sodas, Bottled Water, Chips, Punch, Appetizers, Light Fare, Coffee & Dessert. Take Group & Party - \$35. www.DanceObsession.com. (516) 753-2121. Ad pg 7

Flushing

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Greenlawn

Donna DeSimone's DancXchange Club Night at Greenlawn Moose Lodge 631 Pulaski Rd. Hustle, WCS, Country Two step, Latin & Smooth. Doors open for student practice at 6:45pm. Free Hustle lesson 7:15pm-8pm. Open dancing 8pm-11pm. You can not bring drinks into hall, bar but you can bring your own food & snacks. Masks optional, not required. Contact Donna for table reservations for 6 to 10 people \$20pp cash at the door. www.donnadesimone.us. 516.375.8498. Ad pg 7

Massapequa

Dance to the Sounds of DJ Ray! Massapequa Elks Lodge 2162 Veterans Blvd. 8pm-12am. Enjoy a great mix of 50's, 60's, 70's, 80's & today's popular music! Swing, Motown, Hustle, Doo-Wop, Freestyle, Lindy... and a little bit of 2-Step Line Dancing, WCS and a touch of Latin too! Open Bar, Bagels & Desserts, 50/50, Door Prizes, Coffee & Tea. Singles & couples welcome. Info: DJ Ray at 516.385.1720. Ad pg 8

Merrick

Join us for our Aug Summer Dansant at the Merrick Golf Course- 2550 Clubhouse Rd. (9E Meadowbrook)-\$10pp don. 12:45PM-3:45PM Bagels, variety of Cream Cheese, coffee, tea, cake. Private Lessons Available. Bring your friends. or make new ones. Largest Ballroom Hardwood Dance Floor in LI. Strict Tempo Music. Bring your partner or students. Singles and Couples. All past and present dances played in classic ballroom dancing music and popular line. Free Parking on Premises. 718 332-7825 or email dancezee@aol.com. Ad pg 4

SATURDAY AUG 24

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Lake Ronkonkoma

Ballroom & Latin Dance Dancing at The Waterfalls Ballroom, 400 Cassata Ave. Hosted by Valerie, 7pm-11:00pm, \$20pp, Desserts, Raffles, Singles & Couples. 631-581-8509 or 631-487-3203 or email valmdance@yahoo.com for directions, info or reserve a table. Ad pg 5

Little Neck, Queens

Dance with Lourdes Cruz Dance Social at Spotlight Ballroom, 245-24 Horace Harding Expw. \$25pp Admission. Spotlight presents a night of social dancing! Ballroom (Smooth & Rhythm), West Coast Swing, Argentine Tango & More. 7pm Doors Open. 7:15pm Bachata Lesson with Ian & Lourdes. 8pm - Dancing with DJ Ian & Lourdes. Dance Hosts for the evening: Ian, Mario, Lourdes and Daniel. Light Refreshments for your enjoyment/welcome to bring your own. *GPDIA Certified Instructors. 50/25/25 Raffle hosted by Dance & Donate. RSVP Recommended. For Dance Event Information text/call Lourdes: 845-977-3482 or email lourdes@divaballroomdancing.com. Ad pg 4

SUNDAY AUG 25

DANCES

Flushing

Social Dancing/Tea Dance 2pm-6pm at Queens Ballroom Dance 32-17 College Point Blvd. Group lesson before social. A great mix of ballroom, latin, and club style music is played by our DJ. Call for pricing. No partner necessary! Info: 646-389-5068. www.queensballroom.dance. Ad pg 10

Hollis Hills, Queens

Dance With Me at Hollis Hills Jewish Center 210-10 Union Turnpike. Music by DJ Andrew. 5pm-9pm. 4:30-5pm line dance with Davi. Complimentary Hot and Cold Buffet, dessert and coffee. Raffle & Door Prizes. \$25.00 Per person. Call Nancy for reservations 516-587-4330. Ad pg 5

Westbury

Argentine Tango Lovers at Mielles 170 Post Ave. 7:30pm-11pm. Monthly Milonga! DJ Marcelo Mesa. Dancing & dinner. Martin Almiron and Leah Barsky performing!! There will be Taxi Dancers Eran Polat, Norman Hinstroza, Iakov Shonsky, Martin Almiron & Veronica Trill for the ladies and gents - please call ahead to secure!! Adm. \$35 per person. Reserve your table for six or more with Carmen at 631-266-3691. Questions? Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org Ad pg 2

CLASSES

Melville

Dance with Lourdes Cruz at The DancXchange Dance Studio, 290 Broad Hollow Rd. 3pm Argentine Tango, 4pm West Coast Swing, 5pm Waltz (Must RSVP). 845-977-3482. Ad pg 4

MONDAY AUG 26

DANCES

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CLASSES

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Farmingdale

Barney & Debbie's Dance Obsession. 18 Hempstead Tpke. 6PM Intermediate Level working on School Figures (Steps 1-4) w/technique in all dances, 6:45PM Advanced Solo Work in all dances, 7:30PM Couples Group: Swing. www.DanceObsession.com. (516) 753-2121. Ad pg 7

Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:30-8:30pm: Slow Intermediate Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

August 2024 Dance Calendar *(Please call advertisers ahead to confirm)*

TUESDAY AUG 27

DANCES

Flushing

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Greenlawn

Join your friends for DJ and Dancing at Swing Dance Long Island at the Huntington Moose Lodge, 631 Pulaski Rd. Drop-in lesson with Carol Fraser 7:30pm. \$15/person. Discounts for members. Info: 631-476-3707 or www.SDLI.org. Ad pg 2

Westbury

Argentine Tango Lovers at Mirelle's 170 Post Ave. Learn Basic Argentine Tango sequentially with Marcelo Mesa 6:30pm to 10:30pm followed by a buffet dinner and a three hour práctica! Learn Argentine Tango from Martin Almirón, Iakov Shonsky and Eran Polat on alternating Tuesdays. Adm. \$25 Sherry: 631 242-0686 or cell: 631-495-1435. www.ArgentineTangoLovers.org. Ad pg 2

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New York City

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WEDNESDAY AUG 28

DANCES

Deer Park

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Little Neck

Dance With DJ Pedro at Spotlight Ballroom, 245-24 Horace Harding Expy. So-cia Ballroom Dance Mix. 7pm-11pm. Dance is held every other Wednesday. \$20 PP. Coffee, tea & snacks served. DJ Pedro for info: 718-640-8216. Ad pg 5

CLASSES

Long Beach

West Coast Swing beginners class at The Dance Loft, 160 W Park Ave. Taught by Galen Chan. 8-9pm Beginner's Class, 9-9:30pm Guided Practice. Bring someone NEW to class and you both get \$10 off! Bring 2 or more newbies, get in for FREE and your guests each get \$10 off! Please e-mail Liswingswcs@gmail.com with your guests names to get our promo code. Ad pg 15

Melville

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THURSDAY AUG 29

DANCES

Flushing

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Melville

Donna DeSimone's DancXchange Dance Studio. 290 Broad Hollow Rd. 7:15pm-8:15pm: Adv/Beginner Hustle. www.donnadesimone.us. 516.375.8498. Ad pg 7

FRIDAY AUG 30

DANCES

Flushing

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Massapequa

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SATURDAY AUG 31

DANCES

Flushing

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The
dance
CALENDAR

www.TheDanceCalendar.com

**Please call advertisers ahead to
confirm dates, times and locations.
Sometimes wrong information will appear
and events may be canceled or rescheduled.**

Dance Instructors and Studios

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Ballroom Legacy

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516-609-3268 / 516-609-3269
Email: info@ballroomlegacy.com
www.ballroomlegacy.us

Barney & Debbie's Dance Obsession

All Dance Obsession teachers are licensed members of the National Dance Council of America. Our teachers love dancing and are eager to convey their enthusiasm to all their students.
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Teaching group and private Ballroom instruction specializing in American Style Ballroom & Latin, Folk, Belly Dance, West Coast Swing, Argentine Tango and Hustle.
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Email: lourdes@divaballroomdancing.com

Latin Ballroom Lessons with Michelle Vicale

Latin Ballroom Lessons was established in 2017. A home-based, private studio located in Ronkonkoma, NY is the perfect setting for intimate, private lessons with singles or couples. Beginner to advanced levels are taught. Dance with us today!
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www.latinballroomlessons.com
Email: Michelle@latinballroomlessons.com

Queens Ballroom Dance

Yuriy, Mary and Annie are committed to bringing the best quality instruction for kids and adults. Providing private instruction and group classes for beginner, intermediate and advanced levels, we encourage focusing on one dance at time as the best way to retain information. Social Dancing in the afternoon.
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646-389-5068
Email: QueensBallroomDance@gmail.com
Web: www.queensballroom.dance

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Email: saraballroomqueen@gmail.com

The
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Dance Events

375 Dance Studio

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Social Dancing with DJ Scott

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Patchogue, NY 11772
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Anthony's Live Dance Events

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www.Anthonyslive.com

Argentine Tango Lovers of LI

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www.ArgentineTangoLovers.org

Barney & Debbie's Dance Studio Monthly Friday Night Socials

Obsession Dance Studio
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Farmingdale, NY 11735
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www.danceobsession.com

Club Brumidi

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www.sonsofitalyLI.com

Contemporary Singles Dances by DJ Jerry

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Dance With Me - Ballroom Mix

Hollis Hills Jewish Center
210-10 Union Turnpike
Hollis Hills, NY 11364
516-587-4330

Dance to the Sounds of DJ Ray Oldies Nights

Massapequa Elks Lodge
2162 Veterans Blvd. Massapequa, NY
516.385.1720

Dance with DJ Pedro Ballroom Mix

Spotlight Studio
245-24 Horace Harding Expy
Little Neck, NY 11362
718.640.8216

Dance with Donna DeSimone DancXchange Club Nights

Huntington Moose Lodge
631 Pulaski Rd
Greenlawn, NY 11740
516.375.8498
www.donnadesimone.us

Italian Charities of America Saturday Night Dances

83-20 Queens Blvd
Elmhurst, NY 11373
718-478-3100
www.italiancharities.org

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Merrick Golf Course Dansant
2550 Clubhouse Rd. (M9E Meadowbrook Pkwy)
Merrick, NY 11566
718.332.7825
Email: dancezee@aol.com

Queens Ballroom Dance Monthly Dances and Tea Dances

32-17 College Point Blvd
Queens, NY 11354 646-389-5068
Email: QueensBallroomDance@gmail.com
www.queensballroom.dance

Stardust Productions Ltd.

Villa Roma Resort
356 Villa Roma Road
Callicoon, NY 12723
845.794.4982
www.StardustDance.com

Swing Dance Long Island

Huntington Moose Lodge
631 Pulaski Road
Greenlawn, NY 11740
631-476-3707
www.SDLI.org

Swing Dancing at Industry

344 New York Avenue
Huntington, NY 11743
www.industrymakers.art

Waterfalls Ballroom - Ballroom Dancing

400 Cassata Road
Lake Ronkonkoma, NY 11779
631-581-8509 or 631-487-3203
Email: valmdance@yahoo.com

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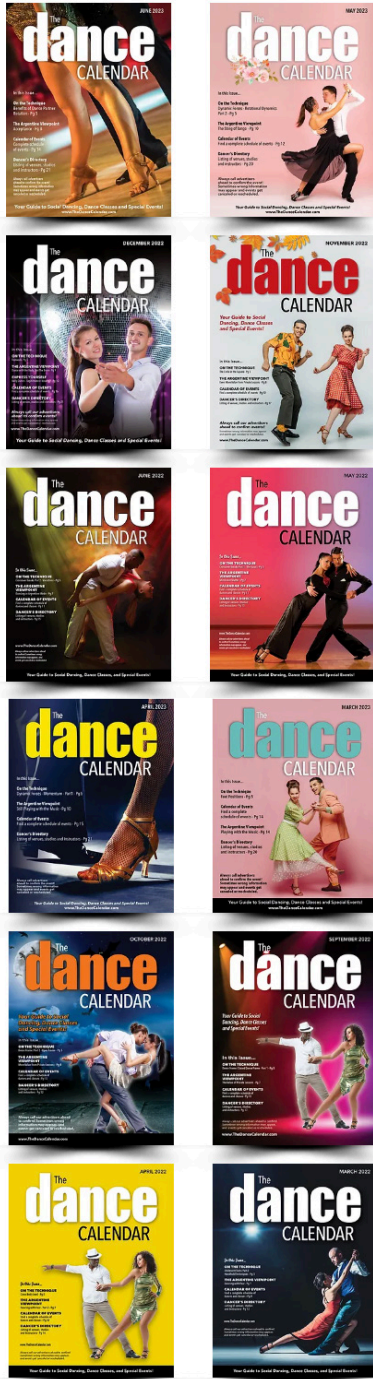
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